More Than A Haven

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (480) 830-9251 E-Mail (Cweiss11@cox.net)
Or choreographer

CD: The Grand Dame of the Rockies, Track 3  Artist: Jon Chandler  Available from www.jonchandler.com

Rhythm: Waltz  RAL Phase II + 2 [Hover, Spin Turn]
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Waltz unless noted.  Time @ 45 RPM: 4:01
Sequence: Intro-A-A-B-C-B-C-A-End  Released: July 1, 2010

Meas

INTRODUCTION
1 - 4  CP WALL WAIT 2;; DIP, HOLD; MANUV;
  1 – 2  CP Fcng Wall lead ft free wait 2 meas;;
  3 – 4  [Dip] Bk L w/ slight lowering action, hold, hold; [Manuv] Rec R commence RF upper body trn, cont RF trn to fc ptr sd L, cl R to L CP/RLOD
5 - 9  SPIN TRN; BOX BK; 2 LFT TRNS FC WALL;; CANTER;
  5 – 8  [Spin Trn] Commence RF upper body trn bk L pivoting 1/2 RF to fc LOD, fwd R between W's feet heel to toe leaving lift leg extended bk & sd, rec bk L (Commence RF upper body trn fwd rt between M's feet heel to toe pivoting 1/2 RF, bk L toe brush R to L, sd & fwd R;) to end fc LOD; [Box Bk] Bk R, sd L, cl R to L;
  9  [Canter] Sd L, draw R, cl R to L; [Sway Action Optional]

PART A

1 - 4  WALTZ AWAY; WRAP; FWD WALTZ; THRU, FC, CL;
  1 – 2  [Waltz Away] With inside hnds joined fwd L trng away from ptr, fwd R, fwd L;
  [Wrap] Retain the inside handhold at waist level fwd R, fwd L, fwd R (Fwd L commence left face turn into joined hnds, fwd & sd R cont trn to fc LOD, fwd L;) join ld hnds in front;
  3 – 4  [Fwd Waltz] Sd L, XRIB, sd R to fc ptr; (Sd R XLIF, sd R;)

5 - 8  LEFT TRNG BOX;;;
  5 – 6  [Lft Trng Box] Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L;
  7 – 8  Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L;
  9 – 12  TWIRL VINE 3; PU, SD, CL; 2 LFT TRNS FC WALL;;
  9 – 10  [Twirl Vine] Sd L, XRIB, sd L (Sd R commence RF trn, sd & fwd L continue RF trn, sd R to fc ptr;);
  [PU, SD, Cl] Thru R, sd L, cl R to L (Fwd L trng LF, sd R to fc ptr, cl L to R;) CP/LOD;
  11-12  [2 Lft Trns] Fwd L commence LF trn, continue trn sd R diagonally across LOD trng LF to fc DRC, cl L to R;

13 -17  BOX;;; REV BOX; CANTER;
  13 – 14  [Box] Fwd L, sd R, cl L to R; Bk R, sd L, cl R to L;
  15 – 16  [Rev Box] Bk L, sd R, cl L to R; Fwd R, sd L, cl R to L;
  17  [Canter] Sd L, draw R, cl R to L; [Sway Action Optional]

REPEAT A

PART B

1 - 4  TWIST VINE 3; FWD, FC, CL; HOVER; PU SCAR;
  1 – 2  [Twist Vine] Sd L, XRIB, sd L (Sd R XLIF, sd R;)

5 - 8  3 PROG TWINKLES BJO;;; FWD, TCH;
  5 – 8  [Prog Twinkles] XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R;

XRIF trng slight RF to momentary CP, sd L continue RF trn to SCAR, cl R to L;
9 – 10 [Cont Twinkles] XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R; [Fwd Tch] Fwd R, Draw L to R, tch L to R;
9 - 12 3 BK PROG TWINKLES;;; BK TCH CP/LOD;
   9 - 10 [Prog Twinkles] XLIB trng slightly RF to momentary CP, sd R continue RF trn to SCAR, cl L to R; XRIB trng slight LF to momentary CP, sd L continue LF trn to BJO, cl R to L;
11- 12 [Cont Twinkles] XLIB trng slightly RF to momentary CP, sd R continue RF trn to SCAR, cl L to R; [Bk Tch] Bk R, Draw L to R trng slightly LF, tch L to R in CP/LOD;
13 – 16 DIP, HOLD; MANUV; 2 RT TRNS BFLY/WALL;;
   13 – 14 Repeat Meas 3 & 4 of Intro;;
15 – 16 [2 Rt Trns] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl L fc DLC; fwd R continue RF trn, continue trn sd L diagonally across LOD trng RF to Fc Wall, cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L);

PART C
1 - - 4 WALTZ AWAY; TRN IN FC RLOD; BK WALTZ; BK, DRAW, TCH;
   1 – 2 [Waltz Away] With inside hnds joined fwd L trng away from ptr, fwd R, fwd L; [Trn in Fc RLOD] Fwd R trng commence RF trn in twd ptr, continue RF trn sd & bk L, bk R to LOP/RLOD;
5 - 8 FWD WALTZ; TRN OUT FC LOD; BK WALTZ; BK, DRAW, TCH;
   5 – 6 [Fwd Waltz] Twd RLOD fwd L, fwd R, fwd L; [Trn Out Fc LOD] Fwd R trng commence RF trn away from ptr, continue RF trn sd & bk L, bk R to OP/LOD;
9 – 12 SOLO TRN BFLY;; TWIRL VINE 3; THRU, FC, CL BFLY NO HNDS;
   9 – 10 [Solo Trn] Fwd L commence LF trn away from ptr, continue trn sd R, cl L to complete 3/4 trn; Bk R commence LF trn, continue trn sd L, cl R to BFLY;
   11 – 12 [Twirl Vine] Sd L, XRIB, sd L (Sd R commence RF trn, sd & fwd L continue RF trn, sd R to fc ptr); [Thru Fc, Cl] Thru R, fwd L trng RF twd ptr, cl R to L to fc ptr no hnds joined;
13 – 17 SOLO LFT TRNG BOX;;; CANTER;
   13 – 14 [Solo Lft Trng Box] Fwd L trng ¼ LF, sd R, cl L (bk R trng LF, sd L, cl R) to end Rt shldr to Rt shldr; Bk R trng LF, sd l, cl R (bk L trng LF, sd R, cl L) to end bk to bk M fcng COH;
   15-16 Fwd L trng ¼ LF, sd R, cl L (bk R trng LF, sd L, cl R) to end Lft shldr to Lft shldr;
   Bk R trng LF, sd l, cl R (bk L trng LF, sd R, cl L) to end bk to bk M fcng Wall blend to BFLY;
   17 [Canter] Sd L, draw R to L, cl R to L; [Sway Action Optional]

REPEAT ___ B

REPEAT ___ C

REPEAT ___ A

END
1 - - 4 LACE; FWD WALTZ; LACE BK; WD WALTZ; {These four figures are commonly cued together as ‘Lace Up’} 1 – 2 [Lace Across] Passing beh W with lead hnds joined moving diagonally across LOD fwd L, fwd R, fwd L (Passing in front of M under joined lead hnds moving diagonally across LOD fwd R, fwd L, fwd R;)
   [Fwd Waltz] Fwd R, fwd L, fwd R;
   [Fwd Waltz] Fwd R, fwd L, fwd R;
5 - 8 TWIST VINE 6;; CANTER; DIP, TWIST, ETC;
   5 – 6 [Twist Vine 6] Sd L, XRIB, sd L (Sd R, XRIF, sd R;); XRIF, sd L, XRIF (XLIB, sd R, XLIB;) to BFLY;
   7 – 8 [Canter] Sd L, draw R to L, cl R to L to CP/Wall; [Sway Action Optional]
   [Dip, Twist, Etc] Bk L, Rotate Upper bodies slightly LF & hold {leg crawl & kiss are expected};
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Intro  CP Wall Wait 2;; Dip & Hold; Manuv;
    Spin Trn; Box Bk; 2 Left Trns Fc Wall;; Canter;

A  Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl;
    Left Trn Box;;;;;
    Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;;
    Box;; Bk Box;; Canter;

A  Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl;
    Left Trn Box;;;;;
    Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;;
    Box;; Bk Box;; Canter;

B  Twist Vine 3; Fwd, Fc, Cl; Hover; PU SCAR;
    3 Prog Twinkles;;; Fwd &Tch;
    3 Bk Prog Twinkles;;; Bk & Tch;
    Dip & Hold; Manuv; 2 Rt Trn Fc Wall;

C  Waltz Away; Trn In Fc RLOD; Bk Waltz; Bk Draw Tch;
    Fwd Waltz; Trn Away Fc LOD; Bk Waltz; Bk Draw Tch;
    Solo Trn 6 Bfly;; Twirl Vine 3; Thru, Fc, Cl;
    Solo Left Trng Box;;;;; Canter;

B  Twist Vine 3; Fwd, Fc, Cl; Hover; PU SCAR;
    3 Prog Twinkles;;; Fwd &Tch;
    3 Bk Prog Twinkles;;; Bk & Tch;
    Dip & Hold; Manuv; 2 Rt Trn Fc Wall;

C  Waltz Away; Trn In Fc RLOD; Bk Waltz; Bk Draw Tch;
    Fwd Waltz; Trn Away Fc LOD; Bk Waltz; Bk Draw Tch;
    Solo Trn 6 Bfly;; Twirl Vine 3; Thru, Fc, Cl;
    Solo Left Trng Box;;;;; Canter;

A  Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl;
    Left Trn Box;;;;;
    Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;;
    Box;; Bk Box;; Canter;

End  Lace Up CP Wall;;;;;
     Twist Vine 6;; Canter; Dip, Twist, Etc;

Alternate Intro: Lowers dance level to Phase II + 1
    CP Wall Wait 2:: Dip & Hold: Manuv:
    2 Rt Trns Fc Wall:: Twirl Vine 3; Thru Fc Cl: Canter: