

VOCE E A VIDA PARA MIM (YOU ARE MY LIFE)

Music: Julia Graciela
Lp: Apaixonada
<https://music.apple.com/co/album/apaixonada/1698826263>
Track # 10 Time 3:50 Available from choreographer

Rhythm: Bolero Phase: V+2U (Trn to Shadow Romantic Sways + Checkd Right Pass)

Footwork: Opposite except where (Noted)

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Sequence: INTRO AB INTRO(2-9) AB END



INTRO

01-05 BFLY POS COH LEAD FOOT FREE WAIT ONE MEASURE ; OP BREAK ; BOTH UNDERARM TRN/ M IN 2 SLOWS TO BK-TO-BK ; BK-TO-BK SWEETHEART TWICE ; ;

{Wait} Bfly Pos COH ld ft free wt 1 meas ; {OP Break} Sd L, -, bk R (*W bk L*) xtndg trl hnd up & out, rec L to BFLY COH ; {Both Underarm Trn/M in 2 Slows to Bk-to-Bk} [SS] Raisg trl hnds sd R twd LOD, -, XLif trng ½ RF under trlg hnds to fc WALL [relsg hnds and cross them ifo the chest],- (*W (SQQ) sd L twd RLOD, -, XRIF trng ½ LF under trl hnds to fc WALL, sd L*) end BK-to-BK Pos ; [now same footwork] {Bk-to-Bk Sweetheart x 2} Sd R, -, XLib lookg each other over lft shldrs [raisg both arms to sd], rec R ; Sd L, -, XRib lookg each other over rt shldrs, rec L swiv to Sd-by-SD WALL (*W fcg COH*) ;

05-08 BOLERO-BJO WHEEL 6 to FACE INTO NATURAL TOP/W in 2 SLOWS ; ; ; RIFF TURN ;

{Bolero-Bjo Wheel 6 to Fc Into Natural Top/W in 2 Slows} Sd & fwd R comm wheel RF raisg rt hnd straight up & down holdg W's waist (*W placg rt hnd on M's lft shldr*) assuming Bolero Bjo fcg DRC, -, fwd L cont wheel RF, fwd R cont wheel RF end M fcg approx DLC ; Cont wheel RF fwd L, -, fwd R, fwd L swiv ¼ RF to fc ptr (*W cont wheel RF fwd L, -, R, L swiv ¼ RF to fc ptr & DLC*) to CP DRW ; XRib comm RF trn, -, sd L cont trn, cl R (*W [SS] XRif cont RF trn, -, fwd & sd L cont trn, -*) to CP WALL ; {Riff Trn} [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds*) to BFLY WALL ;

PART A

01-04 UNDERARM TURN ; BACK BREAK to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ;

{Underarm Trn} Sd L, -, [relg trl hnds & raisg ld hnds] sm bk R, rec L (*W sd & fwd R, -, trng RF undr jnd ld hnds XLif, comp full RF trn fwd R to fc ptr*) to Bfly WALL ; {Bk Break to ½ OP} Sd R rise, -, trn LF to ½ OP LOD slip bk L flex knee, fwd R ; {M Roll Across} Fwd L rise, -, fwd R twd DLW across W comm trn LF, bk L cont trn to fc LOD (*W fwd R rise, -, L, R*) end ½ LOP LOD ; {W Roll Across} Fwd R rise, -, fwd L, R (*W fwd L rise, -, fwd R twd DLW across M comm trn LF, bk L cont trn to fc LOD*) end ½ OP LOD ;

05-08 NEW YORKER ; THRU SERPIENTE ; ; REVERSE UNDERARM TURN ;

{New Yorker} Fwd L rise, -, slip fwd R flex knee, bk L trn RF to fc ptr ; {Thru Serpiente} Sd R rise, -, XLif (*W XRif*), sd R ; [Q&QQ] XLib (*W XRib*), R foot fan CW, XRib (*W XLib*), sd L ; {Reverse Underarm Trn} Sd R raisg ld hnds, -, XLif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr*) to BFLY WALL ;

09-12 DBL HND UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES ; LUNGE BREAK ;

{Dbl Hnd Underarm Trn} Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft-over-rt hnds (*W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked lft-over-rt hnds*) to WALL ; {Stacked Hnds OP Break} [With stacked hnds] Sd R, -, apt L, rec R ; {Change Sides /W Underarm} Fwd L WALL chg sds lead W trn under stacked hnds, -, sd R, XLif (*W fwd R COH LF trn under stacked hnds chg sds, -, sd L, XRif*) to BLFY COH ; {Lunge Break} Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L, -, bk R w/ sitting action, rec L*) to BFLY COH ;

13-16 SPOT TURN ; HORSESHOE TURN ; ; HIP ROCK 3 ;

{Spot Trn} Sd & fwd L to slight V pos RLOD, -, relg hnds & trng LF XRif (*W trng RF XLif*), rec L to BFLY COH ; {Horseshoe Trn} Sd & fwd R to V pos LOD, -, cont trn thru L LOD, lk Rib to V pos & raise ld hnds ; Circ LF fwd L, -, R, L (*W circ RF ½ undr jnd hnds fwd R, -, L, R*) to Low Bfly WALL ; {Hip Rk 3} Sd R hip roll RF, -, rec L hip roll LF, sd R hip roll RF ;

PART B

01-04 TURNING BASIC & rt Hndshk ; ; CROSS BODY/W OVERTURNED to SHADOW WALL in 4 ;

FENCE LINE w/ ARMSWEEP & rt Hndshk ;

{Trng Basic & rt Hndshk} Blend CP sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L fc COH ; Sd R body rise, -, fwd L slip action, rec bk R to rt Hndshk COH ; **{Cross Body/W Overtrn in 4 to Shadow}** [rt hnds jnd] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Wall (*W [QQQQ] sd & fwd R body rise, -, fwd L crossg ifo M trng LF, small stp sd R ½ LF spin fc Wall, small sd cont LF trn to Shadow WALL*) keep rt Hndshk ; [from here the same foot fo the 5 next fig] **{Fence Line w/ Armsweep}** w/ rt Hndshk Sd R body rise, -, XLif bent knee ld arm circle CW ifo body, rec bk R to rt Hndshk WALL ;

05-08 TURN INTO SHADOW ROMANTIC SWAYS 4 TIMES /W THE LAST IN 4 & SWIVEL to FACE ; ; ;

{Trn Into Shadow Romantic Sway x 4} Sd L trng LF w/ rt hnds over W's head to fc COH, -, rec R rollg R hip, rec L rollg L hip ; Sd R trng RF takng jnd rt hnds over W's head to fc WALL, -, rec L rollg L hip, rec R rollg R hip ; Repeat meas 5 Part B ; Repeat meas 6 Part B/ (*W [QQQQ] Sd R trng RF takng jnd rt hnds over W's head to fc WALL, rec L rollg L hip, rec R swiv ½ RF to fcg M, cl L*) to BFLY WALL ;

09-12 CHECKED RIGHT PASS ; M RONDE to FORWARD BREAK ; PREPARATION to AIDA ; AIDA LINE SWITCH & RECOVER ;

{Checkd Right Pass} Fwd & sd L raisg lft hnd start RF rotation around Lady placg rt hnd on W's R hip cking her fwd motion, -, XRib cont rotation around W, fwd & sd L to W's lft sd (*W fwd R raisg rt arm as if to comm undarm trn then lower to wrap pos, -, XLif, bk R*) ; **{M Ronde to Fwd Brk}** Fwd R ronde L ft cont RF trn to fc ptr & wall, -, ck fwd L, rec R (*W sd & bk L, -, bk R, rec L*) ; **{Aida Prep}** [Relsg trl hnds] Sd L trng LF to slight V pos LOD, -, thru R, trng RF sd L to BFLY WALL ; **{Aida Line Switch & Rec}** Trng RF (*W LF*) Bk R to V BK-TO-BK RLOD free hnds up & out, -, swiv LF (*W RF*) on R sd L to fc ptr, rec R to BFLY WALL ;

13-16 DBL HAND OPENING OUT TWICE ; ; LEFT PASS ; NEW YORKER ;

{DBL Hnd Opening Out x 2} Sd & fwd L body rise and body rotate LF, -, lower on L and extend R foot to sd, rise on L body rotate in Bfly (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly*) ; Cl R body rise & body rotate RF, -, lower on R & extend L foot to sd, rise on R body rotate in Bfly (*W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly*) to BFLY WALL & Pickgup ; **{Left Pass}** Fwd L to swiv RF to SCAR DRW, -, rec R comm LF trn, sd & fwd L cont LF trn (*W fwd R trn ¼ RF w/ bk to ptr, -, sd & fwd L strong LF trn, bk R*) to BFLY COH ; **{New Yorker}** Sd R, -, trng to LOP LOD fwd L, bk R to BFLY COH ;

ENDING

01-03 CROSS BODY ; AIDA PREPARATION ; AIDA LINE & EXTEND ARMS ;

{Cross Body} Sd & bk L to fc w/ bdy rise trng LF, -, bk R w/ slipping action cont trng LF, fwd L compg LF trn (*W sd & fwd R, -, fwd L Xg ifo M & trng LF, sm sd R*) to BFLY WALL ; **{Aida Prep}** Sd R sweep trl arm up, -, takg arm over thru L RLOD, trng LF (*W RF*) sd R to fc ptr ; **{Aida Line & Extend Arms}** [S] Cont LF trn Bk L trng LF to bk to bk V pos to LOD, - raisg ld arms up & out ;