

TAKE ME IN YOUR ARMS

Music: Claudio Novelli
www.casa-musica-shop.de/album.aspx?id=10624
Prandi Sound - Nature Spring Vol.1
Track # 17 Time 2:36 Available from choreographer

Rhythm: Waltz Phase: V Easy
Footwork: Opposite except where (Noted)
Release Date: Dec 18
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: INTRO AB AB A(1-6) END



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} CP DLC ld ft free wt 4 meas ; ; ; ;

05-09 REVERSE WAVE ; ; IMPETUS to SCP ; THRU SYNCOPATED VINE ; SLOW SIDE LOCK ;

{Reverse Wave} Fwd L comm LF trn, sd R twd LOD trng LF (*W heel trn*), bk L to BJO DRC ; Bk R, bk L, bk R in CP fcg RLOD ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; {Thru Syncop Vine} [12&3] Thru R, sd L/ XRib (*W XLib*), sd L to SCP LOD ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (*W Thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

PART A

01-04 OP REVERSE TURN ; BACK & CHASSE to BJO DLW ; FWD CHECKG/W DEVELOPE ; SLOW OUTSIDE SWIVEL ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr*) to BJO RLOD ; {Bk & Chasse to BJO} [12&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; {Fwd Check/W Develope} [1--] Fwd R out r-sd W checkg, -, - (*W bk L, bring R ft up L leg to insd of L knee, extend R ft fwd*) to BJO DLW ; {Slow Outsd Swivel} [1,--] Bk L trng body RF, draw R across L (*W fwd R, swivel RF*) to SCP LOD, - ;

05-08 WEAVE 6 to SCP ; ; CROSS HESITATION ; HESITATION CHANGE ;

{Weave 6 to SCP} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L, fwd R*) to SCP DLW ; {Cross Hesitation} [1,-,-/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (*W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ; {Hesitation Chng} [12-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

PART B

01-04 DIAMOND TURN/[OPTION] W INSIDE TURNS ; ; ; ;

{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R (*OPTION W fwd L comm LF trn under lead hands fc RDC, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part B to BJO DLW & DLC ; ;

05-08 VIENNESE TURNS ; ; HOVER TELE ; WHIPLASH to BJO ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; {Hover Tele} Fwd L, fwd R rising w/ I-shouldr lead, sd & fwd L to SCP LOD ; {Whiplash to BJO} [1,--] Thru R, trng bdy RF to ptr point L LOD (*W thru L, point R fwd, swivel slowly on L LF to fc ptr*) to BJO DLW, - ;

09-12 WHISK ; NATURAL WEAVE ; ; FWD FWD/LOCK FWD ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; {Natural Weave} Fwd R trng RF, sd L, bk R (*W fwd L, R btwn M's ft, fwd L*) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to BJO DLW ; {Fwd Fwd/Lk Fwd} [1,2&3] Fwd R, fwd L/lk Rib, fwd L ;

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13-16 OP NATURAL ; OVER SPIN TURN INTO a RIGHT TURNING LOCK to SCP ; ; SLOW SIDE LOCK :

{OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (*W bk L trng RF, fwd R btwn man's feet, fwd L*) to BJO DRC ; **{Over Spin Turn Into a R-Trng Lock}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DRW ; [1&23] Bk R w/R sd lead comm to trn RF/lk Lif fc COH, cont R trn sd & fwd R btwn W's ft, fwd L (*W Fwd L w/L sd lead comm to trn RF/lk Rib, fwd & sd L cont trng R Xing in frt of M, fwd R*) to SCP LOD ; **{Slow Sd Lk}** Repeat meas 9 Intro ;

ENDING

01-04 THRU to a PROMENADE SWAY ; CHANGE to OVER SWAY ; EXIT to HOVER SCP ; THRU CHASSE to SCP ;

{Thru to a Promenade Sway} [12-] Thru R (*W thru L*), sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; **{Chng to Oversway}** With no chg wgt relax L knee keepg R leg xtnd w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (*W relax R knee & w/ LF upper bdy trn slowly change hd from R to L usg full meas*) ; **{Exit to Hover to SCP}** [12-] Rec R, risg sltly & brushg L to R, fwd L (*W rec L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP LOD ; **{Thru Chasse to SCP}** [12&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

05 THRU LILT to CHAIR ;

{Thru Lilt to Chair} [1&2] Fwd R/small fwd L w/ rise, strong fwd R lunge action bending knee, - ;