

# RAMONA WALTZ IV

Choreographer: Monika Gründer, Aktienstr. 18, D - 47057 Duisburg  
e-Mail: monikagruender@gmx.de  
Music: "Ramona" (Hugo Strasser, Standard Gold Collection 3, Track 1) (3:14 min) - or download amazon  
Rhythm & Phase: WZ, Phase IV  
Timing: 1,2,3; unless indicated, reflects actual weight changes  
Footwork: opposite unless noted (Woman's footwork in parentheses)  
Sequence: Intro - A - A(mod) - Bridge - B - A - A(mod) - End

January 2015

## INTRO

### **1 - 6 (IN CP RLOD LEAD FEET FREE) WAIT 4 ; ; ; ; STEP BACK & POINT ; STEP FWD & POINT ;**

- 1-4 {Wait 4 Meas} in CP fcg RLOD ld feet free wait 4 meas ; ; ; ;  
5 {Stp Bk & Pt (1 - -)} stp bk L, pt bk R, - ;  
6 {Stp Fwd & Pt (1 - -)} stp fwd R, pt fwd L, - ;

### **7 - 10 OUTSIDE CHANGE TO SCP ; THRU CHASSE TO SCP ; PICKUP SIDE CLOSE ; CHANGE OF DIRECTION ;**

- 7 {Outsd Chg to SCP} stp bk L, bk R crossg in front of W and trng LF, sd & fwd L to SCP DLW  
(W fwd R, fwd L, fwd R) ;  
8 {Thru Chasse SCP (12&3)} stp thru R trng to fc ptr, sd L/cl R, sd L to SCP DLW ;  
9 {PU, Sd, Cl} stp thru R to DLW, fwd L, cl R to L  
(W stp thru L start trng LF, fwd & sd R cont trng LF to fc ptr, cl L to R endg in CP DLW) ;  
10 {Chg of Direction (12 -)} stp fwd L, trng ¼ LF stp sd R to fc DLC, draw L to R ;

## PART A

### **1 - 4 DIAMOND TURN ½ ; ; FORWARD HOVER ; BACK HOVER ;**

- 1-2 {Diam Trn ½} in CP DLC stp fwd L, fwd & sd R trng ⅛ LF to contra BJO, bk L trng ⅛ LF to contra BJO DRC ; staying in contra BJO step bk R, bk & sd L trng ⅛ LF, fwd R trng ⅛ LF to fc DRW ;  
3 {Fwd Hover} stp fwd L to CP, fwd R & rise, rec bk L ;  
4 {Bk Hover} stp bk R, bk L & rise, rec fwd R to CP DRW ;

### **5 - 8 DIAMOND TURN ½ ; ; OPEN REVERSE TURN ; BACK WALTZ ;**

- 5-6 {Diam trn ½} in CP DRW stp fwd L, fwd & sd R trng ⅛ LF to contra BJO, bk L trng ⅛ LF to contra BJO DLW ; staying in contra BJO step bk R, bk & sd L trng ⅛ LF, fwd R trng ⅛ LF to fc DLC ;  
7 {Open Rev Trn} fwd L start trng LF, cont trng LF sd & bk R, bk L to contra BJO RLOD ;  
8 {Bk Waltz} stp bk R, bk L, cl R to L to CP RLOD ;

### **9 - 12 SPIN TURN TO CP LOD ; HOVER CORTE ; BACK, BACK/LOCK, BACK ; OUTSIDE CHANGE TO SCP ;**

- 9 {Spin Trn} in CP RLOD stp bk L lowering into knee & start trng RF, cont trng RF to CP LOD rec fwd R between W's feet and rise, rec bk L to CP LOD only  
(W stp fwd R between M's feet start trng RF, rec bk L and rise with brush R to L, rec fwd R to CP) ;  
10 {Hover Corte} stp bk R, sd & fwd L trng LF & rise, rec bk R to contra BJO RLOD ;  
11 {Bk, Bk/Lk, Bk (12&3)} stp bk L, bk R/lk L in front of R, bk R ;  
12 {Outsd Chg to SCP} stp bk L, bk R crossg in front of W and trng LF, sd & fwd L to SCP DLW  
(W fwd R, fwd L, fwd R) ;

### **13 - 16 IN & OUT RUNS ; ; THRU CHASSE TO SCP ; PICKUP LADY LOCKS ;**

- 13-14 {I/O Runs} stp fwd R, fwd & sd L trng RF to CP RLOD, bk R to BJO  
(W fwd L, fwd R between M's feet, fwd L) ;  
stp bk L, sd & fwd R between W's feet trng RF, fwd L to SCP DLC  
(W stp fwd R start trng RF, fwd & sd L crossg LOD in frnt of M and trng RF, fwd R trng RF to SCP DLC) ;  
15 {Thru Chasse SCP (12&3)} stp thru R trng to fc ptr, sd L/cl R, sd L to SCP DLC ;  
16 {PU Lady Lk} stp fwd R, sm sd L, cl R to L to CP DLC  
(W stp fwd L start trng LF, fwd & sd R cont trng LF to fc ptr and rise, XLif) ;

## **PART A (MOD)**

### **1 - 4 DIAMOND TURN ½ ; ; FORWARD HOVER ; BACK HOVER ;**

1-4 repeat meas 1 – 4 of Part A ; ; ;

### **5 - 8 DIAMOND TURN ½ ; ; OPEN REVERSE TURN ; BACK WALTZ ;**

5-8 repeat meas 5 – 8 of Part A ; ; ; ;

### **9 - 12 1 RIGHT TURN DLC ; DRIFT APART ; TWINKLE OUT ; TWINKLE IN TO CP;**

9 {1 R Trn DLC} in CP RLOD stp bk L start trng RF, sd & fwd R cont RF trn, cl L to R to CP DLC ;

10 {Drift Apt} releasg trlhnds sip R, sip L, sm bk R (*W stp bk L, bk R, sm bk L*) ;

11 {Twkl Out} stp thru L twd DLW, fwd & sd R to fc ptr release ldhnds jn trlhnds and trn little LF (*W RF*), cl L to R trng LF ;

12 {Twkl In to CP} stp thru R, fwd & sd L to fc ptr, cl R to L to CP DLC ;

### **13 - 16 2 LEFT TURNS ; ; TWIRL VINE 3 ; THRU, SIDE, CLOSE ;**

13-14 {2 L Turns} in CP DLC stp fwd L start trng LF, sd & bk R cont trng LF to fc RLOD, cl L to R ;  
stp bk & sd R contg LF trn, sd & fwd L trng LF to fc WALL, cl R to L ;

15 {Twirl/Vine 3} stp sd L and raise ldhnds, release trlhnds and XRib of L leadg W to a RF trn, sd L to BFLY WALL

(*W stp sd & fwd R start trng RF, stp thru L trng RF to RLOD undr jnd ldhnds, bk & sd R cont trng RF to BFLY*) ;

16 {Thru, Sd, Cl} in BFLY WALL stp thru R, sd L, cl R to L ;

## **BRIDGE**

### **1 - 2 LACE ACROSS ; LACE BACK<sup>1</sup>) TO PICKUP ;**

1 {Lace Across} raise ldhnds release trlhnds and stp fwd L leadg W to a RF trn and crossg in back of W trng ¼ LF to fc LOD, fwd R, cl L to R to LOP LOD

(*W under raised ldhnds and crossg in frnt of ptr stp fwd R trng ¼ RF, fwd L, cl R to L to LOP LOD*) ;

2 {Lace Bk to PU} release ldhnds jn & raise trlhnds and stp sm fwd R, cl L to R, sip R leadg W to trn LF to CP LOD

(*W under raised trlhnds fwd L twd DLW start trng LF, sd & bk R cont trng LF, cl L to R*) ;

## **PART B**

### **1 - 4 DRAG HESITATION ; OUTSIDE SWIVEL ; WHIPLASH TO BJO ; BACK, BACK/LOCK, BACK ;**

1 {Drag Hesit (12 -)} in CP LOD stp fwd L, fwd & sd R trng LF to contra BJO RLOD, - ;

2 {Outsd Swvl (1 - -)} stp bk L trng upper body RF leadg W to swvl RF, draw R twd toes of L to SCP, - (*W stp fwd R outsd ptr, swvl RF on R to SCP, -*) ;

3 {Whiplash to BJO (1 - -)} stp thru R trng RF & leadg W to swvl LF to fc ptr, quick ronde to pt sd L, no wgt chg trn to BJO ;

4 {Bk, Bk/Lk, Bk (12&3)} in BJO stp bk L, bk R/lk L in front of R, bk R ;

### **5 - 8 OUTSIDE CHANGE TO SCP ; IN & OUT RUNS ; ; PICKUP LADY LOCKS ;**

5-7 Repeat meas 12 - 14 of Part A ; ; ;

8 Repeat meas 16 of Part A ;

### **9 - 12 DRAG HESITATION ; OUTSIDE SWIVEL ; WHIPLASH TO BJO ; BACK, BACK/LOCK, BACK ;**

4 repeat meas 1-4 of Part B ; ; ; ;

### **13 - 16 OUTSIDE CHANGE TO SCP ; FORWARD HOVER LADY TURNS TO BJO ;**

#### **BACK HOVER LADY TURNS TO SCP ; PICKUP LADY LOCKS ;**

13 {Outsd Chg to SCP} stp bk L, bk R crossg in front of W and trng LF, sd & fwd L to SCP DLW (*W fwd R, fwd L, fwd R*) ;

14 {Fwd Hover W Trns to BJO } stp fwd R, fwd L & rise, rec bk R to BJO

(*W stp fwd L, fwd & sm sd R & rise trng ½ LF, rec fwd L to BJO*) ;

15 {Bk Hover W Trns to SCP} stp bk L, bk R & rise, rec fwd L to SCP

(*W stp fwd R, fwd & sm sd L rise trng ½ RF, rec fwd R to SCP*) ;

16 {PU Lady Lk} stp thru & fwd R, sm sd L trng LF, cl R to L to CP DLC

(*W stp thru & fwd L start trng LF, fwd & sd R cont trng LF to fc ptr and rise, XLif*) ;

## **END**

### **1 STEP APART & HOLD**

1 {Stp Apt & Hold (1 - -)} releasg ldhnds stp apt L, look at ptr & hold pos up to the end of music

## Quick Cues

- Intro 1-6 In CP fcg RLOD w/leadfeet free  
Wait 4 Meas ; ; ; ; Stp Bk & Pt ; Stp Fwd & Pt ;  
7-10 Outsd Chg to SCP ; Thru Chasse SCP ; PU, Sd, Cl ; Chg of Direction ;
- A 1-4 Diam Trn ½ ; ; Fwd Hover ; Bk Hover ;  
5-8 Diam Trn ½ ; ; Open Rev Trn ; Bwd Waltz (to CP) ;  
9-12 Spin Trn ; Hover Corte ; Bk, Bk/Lk, Bk ; Outsd Chg to SCP ;  
13-16 I/O Runs ; ; Thru Chasse SCP ; PU Lady Lk ;
- A(mod) 1-4 Diam Trn ½ ; ; Fwd Hover ; Bk Hover ;  
5-8 Diam Trn ½ ; ; Open Rev Trn ; Bwd Waltz (to CP) ;  
9-12 1 R Trn DLC ; Drift Apt ; Twkl Out ; Twkl In to CP ;  
13-16 2 L Trns (Fc WALL) ; ; Twirl/Vine 3 ; Thru, Fc, Cl ;
- Bridge 1-2 Lace Across ; Lace Bk to PU ;
- B 1-4 Drag Hesit ; Outsd Swvl ; Whiplash to BJO ; Bk, Bk/Lk, Bk ;  
5-8 Outsd Chg to SCP ; I/O Runs ; ; PU Lady Lk ;  
9-12 Drag Hesit ; Outsd Swvl ; Whiplash to BJO ; Bk, Bk/Lk, Bk ;  
13-16 Outsd Chg to SCP ; Fwd Hover W to BJO ; Bk Hover W to SCP ; PU Lady Lk ;
- A
- A(mod)
- End Stp Apt & Hold

---

<sup>1</sup> meas 2 of Bridge: RAL standards say „Chg Sds to PU“, because it begins with the trailfoot