

ONCE UPON A DREAM

Music: Dimie Cat
www.wrdmusic.com/very-ballroom-3
Cd 2 Track # 8 Time 2:17
Available from choreographer

Rhythm: Foxtrot Phase: IV

Footwork: Opposite except where (Noted)

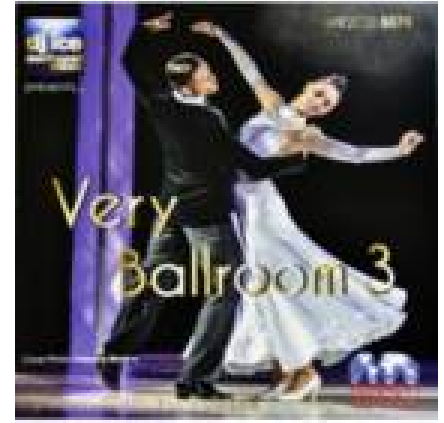
Release date: Dec 18

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Sequence: INTRO A X 3 END

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INTRO

CL POS DLW LEAD FOOT FREE START AFTER THE FIRST BOUNCE :

PART A

01-04 HOVER TELE ; IN & OUT RUNS ; ; THRU VINE 4 :

{Hover Tele} Fwd L, -, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP DLW ; **{In & Out Runs}** Trng RF fwd R, -, sd & bk L, bk R (*W fwd L, -, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R*) to SCP DLC ; **{Thru Vine 4 }** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ;

05-08 PROMENADE WEAVE ; ; THREE STEP ; OP NATURAL ;

{Promenade Weave } [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ; **{Three Step}** Fwd L, -, sd & fwd R btwn W's ft, fwd L ; **{OP Natural}** Fwd R outsd W's feet trng RF, -, sd L twd Wall, bk R with right shoulder lead (*W bk L, -, cls R heel turn, fwd L outside M*) to BJO DRC ;

09-12 CLOSED IMPETUS ; FEATHER FINISH ; TELEMAR to SCP ; NATURAL HOVER FALLAWAY ;

{Closed Impetus} Commg RF upper bdy trn bk L, -, heel trn on L & cl R, sd & bk L (*W commg RF upper bdy trn fwd R btw M's ft, -, sd & fwd L contg RF trn arnd M, brush R to L & fwd R btw M's ft*) to CP DLW ; **{Feather Finish}** Bk R trn LF, -, sd & fwd L compg ¼ LF trn, fwd R outsd W to BJO DLC ; **{Telemark to SCP}** Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{Nat Hover Fallaway}** In SCP thruout fwd R, -, fwd L risg & trng RF, rec R (*W fwd L, -, fwd R, rec L*) to SCP DRW ;

13-16 CHECK BACK & RECOVER to WHIPLASH ; BACK TWISTY VINE 4 ; OUTSIDE CHANGE to SCP ; CHAIR & SLIP ;

{Check Bk & Rec to Whiplash BJO} [SS] Bk L in SCP in fallaway ckg, -, rec R pt L to DRW trn body LF to swivel W (*W bk R in SCP ckg, -, rec L swivel LF ronde R CCW*) to BJO DRW, - ; **{Bk Twisty Vine 4}** (QQQQ) Bk L in BJO, sd R trng to SCAR, fwd L in SCAR, sd & bk R trng to BJO ; **{Outsd Chng to SCP}** Trng LF bk L, -, bk & sd R cont LF trn, sd & fwd L (*W fwd R, -, L, R*) to SCP DLW ; **{Chair & Slip}** Ck thru R, -, rec L, trng LF bk R (*W ck thru L, -, rec R, swvlg LF on R fwd L*) to CP DLC ;

17-18 REVERSE TURN ; ;

{Reverse Turn} Fwd L twd DLC comm LF turn, -, sd R around ptr, bk L twds LOD (*W Bk R comm LF trn, -, cl L [heel turn], fwd R btw M's ft*) ; Bk R cont LF trn, -, sd & fwd L cont trn, fwd outsd ptr (*W Fwd L cont LF trn, -, sd & bk R, bk L*) to BJO DLW ;

REPEAT PART A THREE TIMES

ENDING

01-04 WHISK ; OP NATURAL ; SPIN TURN ; OUTSIDE CHECK ;

{Whisk} Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ; **{OP Natural}** Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/R sd lead (*W thru L, -, fwd R, fwd L*) to BJO DRC ; **{Spin Turn}** Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP DLW ; **{Outsd Check}** Bk R, -, sd L with left shoulder lead, fwd R in BJO DLC with checking action ;

05-08 3 BACK CROSS HOVERS ; ; FEATHER FINISH ;

{Bk Cross Hover to SCAR} XLib (*W XRif*), -, sd & bk R rise, bk L to SCAR DLW ; **{Bk Cross Hover to BJO}** XRib (*W XLif*), -, sd & bk L rise, bk R BJO DLC ; **{Bk Cross Hover to SCAR}** Repeat meas 5 Part Ending ; **{Feather Finish}** Repeat meas 10 Part A ;

09-10 TELEMARK to SCP ; CHAIR & HOLD ;

{Telemark to SCP} Repeat meas 11 Part A ; **{Chair & Hold}** [Q] Thru R relax R knee both fwd poise, hold ;