

PHASE III - CHA CHA

- **RHYTHM:** Cha Cha rhythm is a four beat rhythm with 5 steps per measure of music (Q,Q,Q/8,Q;)
- **FIGURES:** Cha Cha figures are one or two measures, many of which begin with a rock, recover movement.

BASIC;;

- Fwd, Rec, Sd/Cls, Sd; Bk, Rec, Sd/Cls, Sd;
- Circle Away & Tog;;(Bfly) Basic;;

FORWARD BASIC;

- Fwd, Rec, Bk/Cls, Bk;

BACK BASIC;

- Bk, Rec, Fwd/Cls, Fwd;

NEW YORKER;

- Thru, Rec(to Fc), Sd/Cls, Sd;
- Basic;; NYer(To Rev); NYer(To Line);

***** (A B E A U T I F U L T I M E) *****
(Traveling Door; Sliding Door;)

CHASE;;;

- Fwd/Trn, Rec/Trn, Fwd/Cls, Fwd; Repeat w/LF Trn;
- Fwd, Rec, Bk/Cls, Bk; Bk, Rec, Fwd/Cls, Fwd;
- (M turn; Both Turn; W Turn to Pos'n; Bk Basic;)
- Basic;; Chase;;; Basic;;

**** (F O L S O M P R I S O N) ****
(Side Chase - M Trn; W Trn; M Trn; W Trn to Pos'n;)

CHA WALK;

- Fwd, Fwd, Fwd/Cls, Fwd;
- Tvlg Drs; 2X to OP; Cha Wk; 2X;

HAND TO HAND;

- X Beh/Trn(To OP or LOP), Rec(To Fc), Sd/Cls, Sd;
- Basic;; Hnd to Hnd; 2X; Basic;;

**** (W A L K I N ' A F T E R M I D N I G H T) ****
(Strolling Vine)

ALEMANA;;

- (M) Fwd, Rec, Sd/Cls, Sd; Bk, Rec, Sd/Cls, Sd;
- (W) Bk,Rec, Sd/Cls,Sd; Fwd Trn,Fwd Trn, Sd/Cls,Sd;
- Basic;; Alemana;; Hand to Hand; 2X;

(Phase IV)

FENCE LINE;

- X Lunge, Rec,(To Fc) Sd/Cls, Sd;
- Basic;; Fence Line; 2X;

SPOT TURN;

- X Lunge,(Turn Away) Rec,(Turn To Fc) Sd/Cls, Sd;
- Basic;; Fence Line; 2X; Spot Turn; 2X;

***** (A X E L F) *****
(1/2 Basic; Alemana Turn)

BREAK; (To Position)

- Beh Trn(LOD or REV), Rec(To Pos'n), Fwd/Cls, Fwd;
- Basic;; Brk to Open; NYer(To Line); Basic;;

LARIAT;;

- (M) SIP,SIP, SIP/SIP, SIP; Repeat; M's L/W's R Hnd.
- (W) Fwd,Fwd, Fwd/Cls, Fwd; Repeat; W Circ arnd M.
- Basic;;(W to M's Rt) Lariat;;(Bfly) NYer; 2X;

SHOULDER TO SHOULDER;

- Fwd(To Bfly-Scar/Bjo), Rec(To Fc), Sd/Cls, Sd;
- Basic;; Shldr to Shldr; 2X;

***** (S O M E T H I N ' S T U P I D) *****
(Lace Acrss 2 & Cha; Cha Whl)

CUCARACHA;

- Side, Rec, Cls/SIP, SIP;
- Fwd Basic; Nyer(To Line); Cucaracha L & R;;

OPEN BREAK;

- Bk(Opp Arms Up), Rec(Arms Down), Sd/Cls, Sd;
- Basic;; Open Break; NYer(To Line);

WHIP;

- (M) Bk Turn(1/4), Rec Turn(1/4), Sd/Cls, Sd;
- (W) Fwd, Fwd Turn(1/2), Sd/Cls, Sd; (Chg Sides)
- Fwd Basic; Whip; Open Brk; Whip;

***** (I ' L L B E T H E O N E) *****
(Mod Chase-M Trn; Both Trn; Both Trn; M Trn Bk;)

CRAB WALK;;

- X, Sd, X/Sd, X; Sd, X, Sd/Cls, Sd;
- Basic;; Open Brk; Crab Walks;; NYer(To Line);

***** (H A Z E L E Y E S) *****

E N D O F P H A S E I I I C H A C H A

PHASE III - RUMBA

- **RHYTHM:** The Rumba rhythm is a 4-beat rhythm, having the same meter as the 2-Step. (Q,Q,S)
- **FIGURES:** Rumba figures have the same names and steps as Cha, except that the last 2 steps are omitted.

BASIC;;

- Rk Fwd, Rec, Sd,-; Rk Bk, Rec, Sd,-;
- Circle Away & Tog;;(Bfly) Basic;;

FORWARD BASIC; BACK BASIC;

- Fwd, Rec, Bk,-; Bk, Rec, Fwd,-;
- Circle Away & Tog;;(Bfly) Fwd Basic; Bk Basic;

CUCARACHA;

- Rock Side, Recover, Close,-;
- Circle Away & Tog;;(Bfly) Cucaracha L & R;;

PROGRESSIVE WALKS; (Forward or Back)

- Fwd, Fwd, Fwd,-; or Bk, Bk, Bk,-;
- 1/2 Basic; Brk Bk to Open; 2 Prog Walks;;

LARIAT;;

- (M) SIP, SIP, SIP,-; SIP, SIP, SIP,-; M's L/W's R Hnd.
- (W) Progressive Walks around M;; W Circ RF Beh M.
- Cucaracha L & R;;(W on M's R) Lariat;;(Bfly) Box;;

***** (A TASTE OF THE WIND) *****
(Circ Box 1/2; Lariat 9;; Corte)

SERPIENTE;;

(Argentine Tango)

- Sd, Beh, Flare,(Beh)-; Beh, Sd, Thru, Flare,(Frt);
- Cucaracha Lt & Rt;; Serpiente;;(SCP) Rk 3;

***** (RUMBA MARIA) *****

NEW YORKER;

- Rk Thru, Rec (To Fc), Sd,-;
- Basic;; NYer (To Rev); NYer (To Line);

FENCE LINE; {SPOT TURN;}

- Crss Lunge{Trn 1/2}, Rec{Trn 1/2}(To Fc), Sd,-;
- Basic;; Fence line; 2X; Spot Trn; 2X;

UNDERARM TURN;

(Phase IV)

- (M) Rk Bk, Rec, Sd,-; (W) Crs Lng-Trn, Rec-Trn, Sd,-;
- Cucaracha L & R;; 1/2 Basic; Underarm Turn;

CHASE;;; CHASE (W/Peek-a-boo);;;

(Phase IV)

- Fwd, Rec Trn, Fwd; Fwd, Rec Trn, Fwd;
- Fwd, Rec, Bk; Bk, Rec, Fwd;
- For Pk-A-Boo, meas. 1 & 2 sep'd by 2 Cucarachas.
Orig. meas. 3 & 4 removed.

***** (SPANISH EYES) *****

ALEMANA;;

(Phase IV)

- (M) Fwd, Rec, Cls,-; Bk, Rec, Sd,-;
- (W) Bk, Rec, Sd,-; Fwd/Trn, Fwd/Trn, Sd,-;
- Basic;; Alemana(L To M's Rt);; Lariat;;

SHOULDER TO SHOULDER;

- Fwd(To Bfly-Scar/Bjo), Rec(To Fc), Sd,-;
- Basic;; Shldr to Shldr; 2X;

OPEN BREAK;

- Rk Bk(Opp Arms Up), Rec(Arms Down), Sd,-;
- Basic;; Open Break; Spot Trn(To Line);

WHIP;

- (M) Bk/Trn, Rec/Trn, Sd,-;
- (W) Fwd, Fwd/Trn, Sd,-;
- Basic;; Open Break; Whip; NYer(To Line);

CRAB WALK;;

- Cross, Sd, Cross,-; Sd, Cross, Sd,-;
- Basic;; Open Break; Crab Walk;; Spot Trn(To Line);

***** (NON DIMENTICAR) *****

SIDE WALK;;

- Sd, Cls, Sd,-; Cls, Sd, Cls,-;
- Fwd & Bk Basic;; Sd Wks;; Cucaracha; 2X;

HAND TO HAND;

- X Beh/Trn(To OP or LOP), Rec(To Fc), Sd,-;
- Basic;; Hnd to Hnd; 2X; Basic;;

***** (ASCOT'S RUMBA) *****

***** (OPTIONAL) *****

AIDA;

(Phase IV)

- Thru (Trng in), Side, xiB(Trn Awy),-;
- Basic;; NYer(Rev); Aida;

SWITCH;

(Phase IV)

- Rk Side(Trng in), Rec(To Fc), Thru,-;
- Basic;; NYer(Rev); Aida; Switch;

***** (DE J A V U) *****
(Cucharacha in Tandem)

END OF PHASE III RUMBA

PHASE III - JIVE

- **RHYTHM:** Jive rhythm is a 4-beat rhythm with many figures occurring in 6 beat timing.
- **FIGURES:** Many Jive figures start with a Rock, Recover(Q,Q) and end with chasses: (Stp/Cls, Stp).

CHASSE,,

- Side/Close, Side,, Jive Chasse Left & Right;

BASIC;,,

- Rock Apt, Rec, Sd/Cls, Sd; Sd/Cls, Sd,.
- Jive Chasse L & R; Basic Rock;,,

FALLAWAY ROCK;,,

- Rock Bk, Rec, Sd/Cls, Sd; Sd/Cls, Sd,.
- Basic Rock;,, Fallaway Rock;,,

RIGHT/LEFT TURNING FALLAWAY;,,

- Rk Bk, Rec, Sd Trn(1/4)/Cls,Sd; Sd Trn(1/4)/Cls,Sd,
- Basic Rock;,, R Trn Fallaway;,,

CHANGE PLACES;,, (R to L) (L to R)

- (M) Rk Bk,Rec, Sd/Cls,Trn 1/4; Sd/Cls, Sd,.
- (W) Rk Bk,Rec, Sd/Cls,Trn 3/4 Undr M's L; Sd/Cls,Sd,
- Basic Rock;,, Chg Pl R to L;,, Chg Pl L to R;,,

***** (C R A Z Y E Y E S) *****

PROGRESSIVE ROCK;

- Rk Apt, Cross in Frt, Rk Apt, Cross in Frt;
- Prog Rk;(CPwall) Jive Chasse L & R; Basic Rk;,,

ROCK THE BOAT;

- Fwd(Straight Knee), Cls(Relax Knee),
- 2 Triples; Rk The Boat 2X;

KICK BALL CHANGE,,

- Kick Fwd/Weight on Ball of Foot, Close,.
- Jive Chasse L & R; Kck Ball Chg 2x;

***** (Q U E E N O F D E N I A L) *****

POINT STEPS;

- Pt Fwd, Stp Fwd, Pt Fwd, Stp Fwd;
- Jive Chasse L & R; Rk Bk, Rec, Run 2; Pt Stps;

THROWAWAY;

- Sd/Cls,Trn L 1/4, Sd/Cls, Sd;
- Jive Chasse L & R; Rk Bk, Rec, Run 2; Throway;

LINK ROCK;,,

- Sd/Cls,Trn L 1/4, Sd/Cls, Sd;
- Jive Chasse L & R; Rk Bk, Throway;,, Link Rk;,,

CHANGE HANDS BEHIND THE BACK;,,

- Rk Apt,Rc, Fwd/Cls,Fwd tn L (W R) ch hds;
- Tn/Cls,Sd,
- Basic Rk; Chg Hds Beh Bk-Basic Rk;,,

***** (N I G H T T R A I N) *****

END OF PHASE III JIVE

PHASE III - TWO STEP

- **NOTE:** FISHTAIL taught in Phase II

PIVOT 4;; (DOUBLE PIVOT)

- Progressive couple turn of more than 180 degrees.
- M Back L (On ball of Ft) Turn RF 1/2,-,
- M Fwd R (Heel between W's feet) Turn RF 1/2,-;
- Repeat; (W's movements reverse of M's)
- Walk,-,Maneuver,-; Pivot 4;;(Fc Wall)

***** (S O N G I N T H E N I G H T) *****

STAIRS; (Forward, Side)

- Side, Close, Forward, Close; (Side Stairs)
- Forward, Close, Side, Close; (Forward Stairs)
- Circ Away & Tog;;(CPwall) (Side) Stairs 8;;

** (S O M E E N C H A N T E D E V E N I N G) **

SUSIE Q;;

- Thru, Sd, Thru, Flare(In); Thru, Sd, Thru,-;
- Circ Away & Tog;;(Bfly) Susie Q;;(CPwall) Box;;

* (R E T U R N T O S E N D E R) *
(Fox Trot Vine)

LEFT TURNING TWO-STEP;

- Left-Faced couple turn of more than 90 degrees.
- Sd, Cls, Trn(L,-; Sd, Cls, Trn(L,-;
- 2 Fwd 2-Steps;;(CPwall) 2 L Turning 2s;;(CPwall)

STROLLING VINE;;

- Sd,-,Beh,-; Sd, Cls, Sd/Trn LF 1/2;;
- Sd,-,Beh,-; Sd, Cls, Sd/Trn RF 1/2;;
- Circ Away & Tog;;(CPwall) Strolling Vine;,,;

*** (P L A Y M E A C O U N T R Y S O N G) ***

***** (O P T I O N A L) *****

- **TRANSITION:** A change from opposite footwork to same footwork or visa-versa.

**** (R O S E S F O R E L I Z A B E T H) ****

END OF PHASE III TWO-STEP

PHASE III - WALTZ

IMPETUS;

- (M) Back, Back/Heel Turn, Fwd;
- (W) Fwd, Fwd Turn/Brush, Fwd;
- Dip,-,-; Manuver; Impetus to Semi; Thru Fc Cls;

DIAMOND TURN;;;;

(Phase IV)

- Fwd/Trn, Sd/Trn, Bk; Bk/Trn, Sd/Trn, Fwd; (Repeat)
- (Complete 1 full turn in 4 Measures)

***** (DIE LORELIE) *****

HOVER;

• NOTE may be taught in Phase II

- Fwd, Fwd/Side-Rise, Recover;
- Fwd Wltz; Fc, Sd, Cls; Hover; (SCP) Thru, Sd, Cls;

SPIN TURN;

- Bk/Turn, Fwd/Rise-Turn, Recover (Bk);
- Dip,-,-; Manuver; Spin Turn; 1/2 Bk Box;

***** (T A M M Y 3) *****
(Box Finish VS 1/2 Box Bk)

WHISK;

- Fwd, Side, Behind/Rise;
- Twl Vine 3; Thru Fc Cls; Whisk; PU to SCAR;

CHASSE; (To Position)

- Thru, Side/Close, Fwd;
- 2 Left Turns;; Whisk; Chasse to BJO; Manuver;

FWD, FWD/LOCK, FWD; BK, BK/LOCK, BK;

- Fwd, Fwd/Lock, Fwd;
- Whisk; Fwd Fwd/Lock Fwd; Fwd Fc Cls;
- Manuver; Bk Bk/Lk Bk; Spin Turn; 1/2 Box Bk;

***** (KISS IN THE DARK 3) *****
(Chico)

TELEMARK TO SEMI;

- (M) Fwd/Turn, Sd/Turn, Sd/Fwd;
- (W) Bk/Turn, Bk/Heel Turn, Sd/Fwd;
- Twl Vine 3; PU to SCAR; Telmk to SCP; Thru Fc Cls;

HOVER FALLAWAY;

- Fwd, Fwd/Rise, Recover;
- Hvr to Semi; Hvr Fallaway; Bk, Fc, Cls; Sd, Drw, Tch;

SLIP PIVOT;

- (M) Bk, Bk/Turn, Fwd; (W) Bk, Bk/Turn, Bk;
- Telemk to Semi; Hover Fallaway; Slip Piv BJO; Mnvr;

***** (A N S W E R M E) *****
(Impetus to 1/2 Op; M Roll Across; L Roll Across;)

CROSS PIVOT; (To Position)

- (M) Fwd/trn, Sd/trn, Fwd; (Scar)
- (W) Fwd, Fwd/trn, Bk; (Scar)
- Fwd Wlz; Crss Piv SCAR; Twk BJO; Mnvr;

***** (D R E A M A W H I L E) *****

CROSS HOVER; (To Position)

- Fwd xif, Sd/Fwd-Rise, Rec; (BJO) (W xib)
- Twl Vine 3; PU to SCAR; Crss Hvr to BJO; Mnvr;

***** (F A S C I N A T I O N 3) *****

WING;

- (M) Fwd, Drw, Tch; (L) Fwd/Trn, Fwd/Trn, Fwd/Trn;
- Twl Vine 3; Thru Fc Cls; Whisk; Wing;

CHAIR,

- Lunge Fwd/Bend Knee of Supporting Foot,
- Twirl Vine 3; Chair, Rec, Hold;

SLIP,

(MOVEMENT)

- Moving gracefully from one position to another.
- Twirl Vine 3; Chair, Rec, Slip; (CPLD)

***** (I T ' S H E A V E N) *****

END OF PHASE III WALTZ

PHASE III - FOXTROT

- **FOXTROT RHYTHM:** Foxtrot rhythm is a four beat rhythm with 3 steps per measure of music. (S,Q,Q;)
- **FIGURES:** Foxtrot figures are one or two measures, many of which have the same footwork as the Waltz figure having the same cue term:
- **EXAMPLE: BOX:** Fwd,-,Sd,ClS; Bk,-,Sd,ClS;

FORWARD RUN 2;

- Fwd,-, Fwd, Fwd;
- Foxtrot Vine; PU to CP; Fwd, Run 2;

PICKUP RUN 2;

- Fwd (W does a PU),-, Fwd, Fwd;
- Twl Vine 3 (SQQ); PU Run 2; 2 Lt Trns; (SQQ)

FOXTROT VINE;

- Sd,-, Beh, Sd;
- Box;; (SQQ) Foxtrot Vine; Thru,-, Fc, Cls;

FOXTROT TWISTY VINE;

- Sd,-, Beh (W Frt), Sd;
- Box;; (SQQ) Foxtrot Twisty Vine; Fwd,-, Fc, Cls;

***** (MY SHY VIOLET) *****
***** (QUIETLY FOXTROT) *****

***** (CANDYMAN)*****
(Diamond Turn)

FEATHER FINISH;

- Bk,-, Sd, Xif (W Xib); (cbjo)
- Foxtrot Vine; Mnvr; Spin Turn; Feth Fin;

***** (NOBODY FOXTROT)*****

END OF PHASE III FOXTROT

PHASE III - QUICKSTEP

- **QUICKSTEP RHYTHM:** Quickstep rhythm is a very fast four beat rhythm with figures comprised of both slow and quick steps in various combinations.
- **FIGURES:** Quickstep figures are one or more meas. in length, some of which have the same footwork as the same named Waltz or Foxtrot Figure, but with different timing.

SPIN TRN, HOVER, WHISK, IMPETUS, TELEMAR, & WING

- Same definition as Foxtrot or Waltz figures. All steps are 2 beats long. (SS;S,,)

(Phase IV)

QUARTER TRN & PROGRESSIVE CHASSE;;;;

- Fwd,-,Trn,-; Sd,ClS,Sd,-; Bk,-,Sd,ClS; Sd,-,Fwd,-;
- Often Used in Phase III Dances Cued Stepwise...

FISHTAIL;

- A Quickstep Figure. Described in Phase III 2-Step.
- (M) xib, Sd, Fwd, Lkib; (W) xif, Sd, Bk, Lkif;

***** (I WANTA QUICKSTEP) *****
***** (QUICKSTEPPIN' MUSIC) *****

WHALETAIL;;

- Same First Measure as Fishtail; Second Measure:
- (M) Sd, Cls, xib, Sd; (W) Sd, Cls, xif, Sd;

***** (JUST IN TIME) *****

END OF PHASE III QUICKSTEP

PHASE III - TANGO

- **RHYTHM:** Tango Rhythm is a 4 beat rhythm typified by two slow steps followed by a Q, Q, S, combination.
- **FIGURES:** Tango figures are one to two measures in length and are flat figures using a "stalking" motion. Some of the figures are the same as in Waltz with a different timing.

CORTE,-, SIDE CORTE,-,
- Bk & Sd,-, - Lnge Sd trng to RSCP,-,
- Box;; Sd Corte,-, Rec to CP Wall,-;

TANGO DRAW;
- Fwd, Sd, Draw,-;
- Wk,-, PU,-; Tango Draw;

SERPIENTE;;
- Sd, Beh, Fan,(Beh)-; Beh, Sd, Thru, Fan,(Frt);
- Box;; Serpiente;;(SCP) Rk 3;

***** (TANGO MANNITA) *****

GAUCHO TURN "N" ,, (N = # of Steps)
- Rk Fwd Trn, Rk Bk, Trn,
- Wk,-, Fc Wall,-; Gaucho Rk 8 to Fc Wall;;

CRISS CROSS;;
- Sd,-, Thru, Flare In; Thru, Sd, Drw,-;
- Wk,-, Fc Wall,-; Criss Cross;;

***** (RAIN IN SPAIN)*****
(Stairs; Susie Q;;)

TELEMARK TO SCP;
- Fwd Trn, Sd Trn, Sd & Fwd,-;
- Wk,-, PU,-; Tango Drw; Wk,-, 2,-; Tele to SCP;

WHISK;
- Fwd, Fwd & Sd, xib,-;
- Wk,-, Fc Wall,-; Whisk;

***** (HASH CUE) *****
(Use Shadow Tango for hash)

END OF PHASE III TANGO

END OF PHASE III SYLLABUS

HAPPY DANCING!



JIM & ADELE CHICO

