

## Quickstep

### **Phase III**

Back Hover  
Fishtail  
Forward Hover  
Hover  
Hover Fallaway  
Impetus to Semi-Closed  
Spin Turn  
Whaletail  
Whisk  
Wing

### **Phase IV**

Back Whisk  
Chair and Slip  
Change of Direction  
Charleston Crosses  
Closed Impetus  
Cross Chasse  
Cross Hesitation  
Develope  
Drag Hesitation  
Flicker  
Heel Pull  
Hesitation Change  
Hover Corte  
Hover Telemark  
In and Out Runs  
Left Whisk  
Natural Hover Fallaway  
Natural Turn

### **Phase IV (cont)**

Natural Turn One Half  
Open Natural Turn  
Outside Change to Banjo  
Outside Change to Semi-Closed  
Outside Swivel  
Progressive Chasse  
Promenade Sway  
Quarter Turns  
Quarter Turns and  
Progressive Chasse  
Reverse Chasse Turn  
Reverse Fallaway  
Running Back Locks  
Running Forward Locks  
Telemark [Open]  
Telemark to Banjo [Closed]  
Viennese Turns

### **Phase V**

Back Turning Whisk  
Chasse Roll  
Contra Check  
Contra Check and Slip  
Contra Check and Switch  
Double Reverse Spin  
Forward Tipple Chasse  
Hairpin  
Hinge  
Jete Point

### **Phase V (cont)**

Mini-Telespin  
Outside Spin  
Quick Open Reverse  
Reverse Fallaway Slip  
Running Finish  
Scoop  
Six Quick Twinkle  
Stutter  
Tipple Chasse  
Tippy Point  
Top Spin  
Turning Lock  
Woodpeckers  
Zig Zag

### **Phase VI**

Big Top  
Four Quick Run  
Pivot to Hairpin  
Reverse Corte  
Reverse Pivot  
Rudolph Ronde  
Rudolph Ronde and Slip  
Rumba Cross  
Spin and Double Twist  
Spin and Twist  
Telespin  
Throwaway Oversway  
Traveling Contra Check  
V6