### Jive

#### Phase III
- Basic Rock
- Change Hands Behind Back
- Change Places Left to Right
- Change Places Right to Left
- Chasse
- Fallaway, Left Face Turning
- Fallaway, Right Face Turning
- Fallaway Rock
- Fallaway Throwaway
- Jive Walks
- Kick Ball Change
- Link
- Link Rock
- Point Steps
- Progressive Rock
- Rock The Boat
- Shag Step
- Swivel Walks
- Throwaway
- Triple
- Triple, Right Face Turning

#### Phase IV
- American Spin
- Chicken Walks
- Lindy Catch
- Link
- Link Rock
- Marchessi
- Miami Special
- Pretzel Turn
- Riverboat Shuffle
- Sailor Shuffle
- Shoulder Shove
- Side Breaks
- Spanish Arms
- Triple Wheel
- Windmill

#### Phase V
- Catapult
- Chasse Roll
- Flicks Into Breaks
- Mooch
- Neck Slide
- She Go, He Go
- Stop and Go
- Whip Throwaway
- Whip Turn

#### Phase VI
- Chopper
- Coca Rola
- Curly Whip
- Flea Hops
- Rolling Off the Arm
- Shoulder Roll
- Simple Spin
- Turnstile
- Whip Spin

### Jive West Coast Swing

#### Phase IV - West Coast Swing
- Anchor
- Coaster
- French Cross
- Left Side Pass
- Man’s Underarm Turn
- Right Side Pass
- Side Breaks
- Sugar Push
- Tuck and Spin
- Throwout
- Underarm Turn

#### Phase V - West Coast Swing
- Cheek To Cheek
- Faceloop
- Side Whip
- Sugar Bump
- Surprise Whip
- Triple Travel with Roll
- Tummy Whip
- Whip Turn

#### Phase VI - West Coast Swing
- Alternating Underarm Turn
- Cheerleader
- Sugar Push Hook Turn
- Traveling Side Pass
- Whip Inside Turn
- Whip Outside Turn