

ON MY OWN RUMBA

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| Choreographers: | Music: | MCA 45 RPM, MCA-52770 "On My Own" by Patti La Belle & Michael McDonald flip with "Stir It Up" |
| Gordon Adamski & Betty Warner | Footwork: | Opposite except where noted |
| 48 Red Oak Dr | Rhythm: | Rumba |
| Waynesboro VA 22980 | Phase: | IV +2 (Cuddle, Open Hip Twist) +1 Unphased (Full Turn Chase) |
| 434-989-2590 | Date: | February 2006 |
| gjadamski@ntelos.net | Speed: | 47 RPM |
| | Sequence: | Intro-A-B-C-D-A-B-Ending |

Introduction:

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| 1-2 | In Closed Position, Man Facing the Wall, Wait 2 Measures;; | Wait 2 Measures in CP WALL;; |
| 3 | Dip, Twist, Kiss, Recover to Butterfly; | Dip Bk on L, slight LF twist & kiss, rec R to BFLY, -; |
| 4 | Cucaracha; | Rk sd L, rec R, cl L, -; |
| 5 | Underarm Turn; | Bk R, rec L, sd R, -; (Under joined lead hands XLIF, trng RF rec R, fc ptr, Sd L, -;) |
| 6 | Slow Hip Rocks into; | rk L, -, rk R, -; |
| 7-8 | 2 Cuddles;; | Sd L sweeping L arm in CW dir down & up & bk, rec R, cl L with R hnd on W's bk, -; (W swiveling _ RF bk R, rec L trng _ LF, cl R, -;) sd R sweeping in R arm CCW dir down & up & bk, rec L, cl R, -; (W swiveling _ LF L, rec R trng _ RF, cl L, -;) |

PART A

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| 1-2 | Full Basic to Butterfly;; | Fwd L, rec R, sd L, -; Bk R, rec L, sd R to BFLY, -; |
| 3-4 | New Yorkers Twice;; | Thru L to LOP RLOD, rec R trng to BFLY, sd L, -; thru R to OP LOD, rec L trng to BFLY, sd R, -; |
| 5-6 | Full Turn Chase 1/2;; | Fwd L, trn RF full trn, bk L, -; (bk R, fwd L, fwd R;) bk R, fwd L, rec R, -; (fwd L, trn RF full trn, bk L, -;) |
| 7 | Open Hip Twist; | Fwd L, rec R, cl L tensing R arm to trn W, -; (W bk R, fwd L, fwd R, swvlg _ RF, -;) |
| 8 | Lady to a Fan; | Bk R, rec L, sd R, -; (W fwd L, trng _ LF sd & bk R, bk L, -;) |
| 9-10 | Hockey Stick, End NO Hands;; | Fwd L, rec R, cl L, -; (W cl R, fwd L, fwd R, -;) bk R, rec L, fwd R following W, -; (W fwd L, fwd R trng LF to fc DC, bk L, - NO hnds;) |
| 11 | Shoulder to Shoulder with Arms Once; | XLIF (W XRIB) M's L hnd arnd W's waist R hnd raised, rec R, sd L, -; |
| 12-13 | Thru to a Serpeinte;; | In BFLY, thru R, sd L, bhd R, flr L, -; bhd L, sd R, thru L, flr R, -; |
| 14 | Thru to a Fence Line; | X lun R lwr lead hnds, rec L, sd R, -; |

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| 15-16 | Time Step Twice, Join Lead Hands;; | XLIB, rec R, sd L, -; XRIB, rec L, sd R, - jn ld hnds; |
| 17 | Chase Turn to Tandem; (Both face Center) | Fwd L trn RF to fc COH, rec R, fwd L, -; (W bk R, rec L, fwd R, - keep ld hnds jnd;) |
| 18 | Lady Underarm Turn to Butterfly into a; | Bk R, rec L, sd R to BFLY, -; (Undr jnd ld hnds XLIF, trng RF rec R, fc ptr sd L, -;) |

PART B

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|-------|---|--|
| 1 | Spot Turn; | XLIF trng RF, fwd R cont trng RF, sd L to BFLY CTR, -; |
| 2 | Front Vine 3; | XRIF, sd L, XRIB, -; |
| 3-4 | Door Twice;; | Rk sd L, rec R, XLIF; rk sd R, rec L, XRIF, -; |
| 5 | Toward Reverse Sidewalk 3; | To RLOD sd L, cl R, sd L, -; |
| 6 | Crabwalk 3; | XRIF, sd L, XRIF, -; |
| 7-8 | Alemana;; | Fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (Undr jnd ld hnds XLIF, trng RF rec R, fc ptr, sd L, -;) |
| 9-10 | Lariat 6 to Face, NO Hands;; | sip, sip, sip, -; (W circ arnd M sd fwd R, fwd L, fwd R, -;) sip, sip, sip, -; (W cont cir fwd L, fwd R, Sd L fcg ptr NO hnds, -;) |
| 11 | Shoulder to Shoulder Once with Arms; | XLIF (W XRIB) M's L hnd arnd W's waist, R hnd raised, rec R, sd L, -; |
| 12 | Crabwalk 3 to Open; | XRIF, sd L, XRIF to open, -; |
| 13-14 | Sliding Door Both Ways;; | Sd L, rec R, XLIF, -; sd R, rec, L, XRIF, -; |
| 15-16 | Kiki walk 6 to Face, Join Lead Hands;; | Like wlkng RR tracks sm stps fwd L, R, L, -; fwd R, L, R to fc, - jn ld hnds; |
| 17 | Chase Turn to Tandem; (Both Face the Wall) | Fwd L trn RF to fc Wall, rec R, fwd L, -; (W bk R, rec L, fwd R, - keep ld hnds jnd; |
| 18 | Lady Underarm Turn to Butterfly; | Bk R, rec L, sd R to BFLY, -; (Undr jnd ld hnds XLIF, trng RF rec R, fc ptr sd L, -;) |

PART C

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|-------|---|--|
| 1 | Half a Basic; | Fwd L, rec R, sd L, -; |
| 2 | Hand to Hand Once; | Jn ld hnds bk R to face RLOD, rec L fc ptr, sd R, -; |
| 3 | Fence Line; | X lun L, rec R, sd L, -; |
| 4 | Back Basic; | BK R, rec L, sd R, -; |
| 5-6 | Spot Turn Twice;; | XLIF trng RF, fwd R cont trng RF, sd L to BFLY wall, -; XRIF trng LF, fwd L cont trng LF, sd R to BFLY wall, -; |
| 7 | Aida; | XLIF, sd R trng LF, bk L ending in V bk-to-bk pos, -; |
| 8 | Switch Cross; | Trng RF to fc ptr sd R, XLIF, rec L, -; |
| 9-10 | Sidewalk 6;; | To LOD sd L, cl R, sd L, -; cl R, sd L, cl R, -; |
| 11-12 | Alemana, End NO hands;; | Fwd L, rec R, sd L, -; bk R, rec L, sd R NO hnds, -; (Undr jnd ld hnds XLIF, trng RF rec R, fc ptr, sd L NO hnds, -;) |
| 13-14 | Shoulder to Shoulder with Arms Twice, to a Handshake;; | XLIF (W XRIB) M's L hnd arnd W's waist R hnd raised, rec R, sd L, -; XRIF (W XLIB) M's R hnd arnd W's waist L hnd raised, rec L, sd R end HNDSHK, -; |

PART D

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| 1 | Flirt 1/2; | Fwd L, rec R Idng W to trn _ LF, sd L to VARS, -; (W bk R, fwd L trng _ LF, sd & bk R, -;) |
| 2 | Lady to a Fan; | Bk R, rec L, sd R. -; (W fwd L, trng _ LF sd & bk R, bk L, -;) |
| 3-4 | Hockey Stick to Closed Wall;; | Fwd L, rec R, cl L, -; (W cl R, fwd L, fwd R, -;) bk R, rec L, fwd R following W, -; (W fwd L, fwd R trng LF to fc DC, bk L to CP wall, -;) |
| 5-6 | 2 Slow Hip Rocks in 4;; | rk L, -, rk R, -; rk L, -, rk R, -; |

ENDING

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|-----|---|--|
| 1 | Half a Basic; | Fwd L, rec R, sd L, -; |
| 2 | Wrap the Lady, Man Transition; | Keep hnds jnd raise ld hnds sd R, rec L, tch R, -; (fwd L, trn _ RF, rec L, -;) |
| 3-4 | 2 Slow Hip Rocks in 4 & Kiss;; | rk L, -, rk R, -; rk L, -, rk R, - & kiss; (rk L, -, rk R, -; rk L, -, rk R, -;) |