

# NOSTALGIA



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Record: Special Pressing (flip: Bugged Down In Love) available from Palomino or choreographer

Footwork: Opposite, directions for man (lady as noted)

Suggested Speed: 44 RPM

Phase: American Tango Unphased (approximately V)

Sequence: Intro A Inter B B(1-15) Tag

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## Meas.

## INTRO

### 1-4 WAIT:: SHADOW X CHECK & SWITCH; W ROLL to LOP:

- 1-2 Wait 2 meas in Shadow Pos fcg LOD L ft free for both pointing sd twd COH L hnds jnd & extended sd M's R hnd at W's shoulder blade W's R hnd extended sd;
- QQS 3 {**Shadow Cross Check & Switch**} Cross L across body with strong sway to R looking well right, rec R, sd & fwd L trng body slightly RF with strong sway to L looking well left, -;
- QQ&S 4 {**W Roll to LOP**} Straightening body bk R small step, rec L leading W roll LF/joining lead hnds sd R twd WALL veering L knee twd R knee, pt L sd twd COH, - (W bk R small step, rec L comm trng LF/cont trng LF on L sd R crossing IF of M, cont trng on R sd L twd COH pointing R twd WALL, -) end in LOP both fcg LOD trailing hnds extended sd; (now opposite footwork)

### 5-8 ROLL ACROSS TO LUNGE/STORK LINE: M ROLL RF (W SPIN LF) TO CORTE: RK TRN: TANGO DRAW:

- QQS 5 {**Roll Across to Lunge/Stork Line**} Sd L comm rolling LF one full trn, cont trng LF sd R passing RLOD side, cont rolling LF sd L flexing knee joining trailing hnds looking at ptr, - (W sd R comm rolling RF one full trn, cont rolling RF sd L passing LOD side, cont rolling RF sd R lifting L knee looking at ptr, -) end in OP fcg LOD;
- QQ&S 6 {**M Roll RF (W Spin LF) to Corte**} Sd R comm trng RF 1/2 leading W spin LF, cont trn RF sd L twd WALL/cl R assuming CP M fcg RLOD, sd & bk L twd DLW flexing knee looking at W, - (W step L in pl & comm spin LF one full trn, step in pl R cont spin LF/cl R to L completing spin LF to fc LOD, sd & fwd R btwn M's ft flexing knee looking well left, -) end CP M fcg DRC;
- QQS 7 {**Rk Trn**} Fwd R comm trng RF, cont trng RF bk L, cont trng RF fwd R twd DLC, -;
- QQS 8 {**Tango Draw**} Fwd L, sd & fwd R, draw L to R, - end in CP M fcg DLC;

## PART A

### 1-4 WALK 2: FALLAWAY REV & SLIP PIVOT: VIENNESE TRNS: OPEN TELEMAR:

- SS 1 {**Walk 2**} CP M fcg DLC fwd L, -, fwd R, -;
- QQQQ 2 {**Fallaway Rev & Slip Pivot**} Fwd L comm trng LF, cont trng LF sd R twd DLC, XLIB of R (W XRIB of L) in SCP fcg DRW, swiveling LF on L slip R bk small stp under body pivoting LF to fc LOD;
- QQ& QQ& 3 {**Viennese Trns**} Fwd L comm trng LF, sd & bk R cont trng LF/XLIF of R in CP M fcg RLOD, bk R comm trng LF, sd & fwd L cont trng LF/cl R to L (W bk R comm trng LF, sd & fwd L cont trng LF/cl R to L, fwd L comm trng LF, sd & bk R cont trng LF/XLIF of R) end in CP M fcg LOD;
- QQS 4 {**Open Telemar**} Fwd L comm trng LF, sd R cont trng LF, sd & slightly fwd L, - (W bk R bringing L beside R, trn LF on R heel & chg wgt to L, sd & slightly fwd R, -) end in SCP fcg DLW;

### 5-8 THRU TO DROP OVERSWAY: FALLAWAY RONDE TO BJO: OUTSIDE CHECK & KICK: SLOW SWIVEL TO SCP:

- QQS 5 {**Thru to Drop Oversway**} SCP fcg DLW step thru R, sd & fwd L, flexing L knee trn upper body LF with R sway looking at ptr, - (W step thru L, sd & fwd R, flexing R knee trn upper body LF with R sway looking well left, -);
- SQQ 6 {**Fallaway Ronde to Bjo**} Straightening body sd R ronde L CCW, -, XLIB of R in SCP fcg LOD, swiveling LF on L slip R bk small step with R shoulder lead (W straightening body sd L ronde R CW, -, XRIB of L, swiveling LF on R slip L fwd outside ptr) end in CONTRA-BJO M fcg LOD;
- SS 7 {**Outside Check & Kick**} Bk L with checking action, -, fwd R kicking L fwd (W bk L flicking R bk), -;
- SS 8 {**Slow Swivel to SCP**} Bk L comm trng body RF to lead W swivel RF leave R extended fwd, -, cont trn body RF, - (W fwd R comm swiveling RF, -, cont swivel RF on R, -) end in SCP fcg LOD;

PART A (cont'd)

9-12 **RONDE ACROSS w/ SWIVELS TWICE:::**

- SS 9-10 {**Ronde Across w/ Swivels**} SCP fcg LOD step R thru, -, swivel LF on R ronde L CW leading W to swivel LF, - (W step L thru, -, swivel LF on L ronde R high arch CCW lifting R knee & toe pointing down, -) end in momentarily in CP M fcg LOD; Sd & fwd L slightly trng RF, -, swivel RF on L ronde R CW leading W swivel RF (W step R across M's R ft, -, swivel RF on R ronde L CW, -) end in SCP fcg LOD;
- SS 11-12 Repeat Meas 9-10 of Part-A;

13-16 **MANUV PIVOT 2 w/ RONDE: TWIST TRN: CORTE REC: W ROLL OUT & PT:**

- SQQ 13 {**Manuv Pivot 2 w/ Ronde**} SCP fcg LOD stp R thru trng RF to CP M fcg RLOD, -, bk L twd LOD comm pivoting RF, cont pivoting RF fwd R twd DLC (W stp thru L trng RF, -, fwd R btwn M's ft comm pivoting RF, bk L ronde R CW) end in CP M fcg DLW;
- QQQQ 14 {**Twist Trn**} Cont trng RF sd & fwd L, cont trng RF XRIB of L, unwind RF on ball of R & heel of L, cont unwind RF shift wgt to R (W XRIB of L, sd & fwd L, walk around M RF R, L) end in CP M fcg LOD;
- SS 15 {**Corte Rec**} Sd & bk L flexing knee w/ L shoulder lead, -, rec R joining R-R hnds bhnd W's back, - (W sd & fwd R btwn M's ft flexing knee w/ R shoulder lead, -, rec L comm rolling RF, -);
- QQS 16 {**W Roll Out & Pt**} Leading W roll RF cl L to R, stp R in pl, pt L sd twd COH, - (W cont rolling RF sd & fwd R, cont rolling RF sd & bk L to fc M, pt R sd, -) end in OP FCG Pos R-R hnds jnd M fcg LOD;

INTERLUDE

1-4 **SLOW CROSS SWIVELS:: QK SWIVELS W SPIRAL: PICKUP TANGO DRAW:**

- SS 1-2 {**Slow Cross Swivels**} OP FCG Pos R-R hnds jnd M fcg LOD XLIB of R, -, swivel RF on L ronde R CW end fc DLW (W fc DRC), -, XRIB of L, -, swivel LF on R ronde L CCW end fc DLC (W fc DRW), -;
- QQS 3 {**Quick Swivels W Spiral**} XLIB of R swiveling RF ronde R CW to fc DLW, XRIB of L swiveling LF ronde L CCW to fc DLC, cl L to R raising jnd R-hnds to lead W spiral LF, - (W XRIF of L swiveling RF ronde L CW, XLIF of R swiveling LF ronde R CCW, fwd R spiraling LF 1/2 under jnd R-R hnds to fc DLC, -) end in Sd-by-Sd Pos both fcg DLC R-R hnds jnd IF of W's body;
- QQS 4 {**Pickup Tango Draw**} Bk R small stp leading W fwd, fwd L assuming CP, sd & fwd R draw L to R, - (W fwd L comm trng LF, cont trng LF to fc M bk R, sd & bk L draw R to L, -) end in CP M fcg DLC;

PART B

1-4 **OPEN REV TRN: W SPIRAL LF TO SHADOW M TRANS: SHADOW CONTRA RKS::**

- QQS 1 {**Open Rev Trn**} CP M fcg DLC fwd L comm trng LF, cont trng LF sd & bk R, bk L w/ R shoulder lead, - (W bk R comm trng LF, cont trng LF sd & fwd L, fwd R outside ptr w/ L shoulder lead, -) end in CONTRA-BJO M fcg RLOD;
- SS 2 {**W Spiral LF to Shadow M Trans**} Bk R comm trng LF, cont trng LF on R lead W spiral LF, fwd L (W QQS) twd DLW joining L-L hnds, - (W fwd L, sd & fwd R spiraling LF to fc DLW, fwd L, -) end in SHADOW both fcg DLW; [now same footwork - R ft free for both]
- QQS 3-4 {**Shadow Contra Rks**} Fwd R across body w/ L shoulder lead, rec L, fwd R across body w/ L shoulder lead, -; Fwd L across body w/ R shoulder lead, rec R, fwd L across body w/ R shoulder lead, -;

5-8 **SHADOW OPEN NAT TRN: SYNC OUTSIDE UNDERARM TRN TO SHADOW: SHADOW CONTRA RKS::**

- QQS 5 {**Shadow Open Nat Trn**} SHADOW both fcg DLW fwd R comm trng RF, cont trng RF sd & bk L, bk R, - end in SHADOW both fcg RLOD;
- QQ&S 6 {**Sync Outside Underarm Trn to Shadow**} Bk L trng RF to fc COH raise jnd L-L hnds to lead W trn RF under jnd hnds, sd R/cl L, sd R, - (W bk L comm trng RF, cont trng RF fwd R/cont trng RF cl L, sd R, -) end in SHADOW both fcg DLC;
- QQS 7-8 {**Shadow Contra Rks**} Fwd L across body w/ R shoulder lead, rec R, fwd L across body w/ R shoulder lead, -; Fwd R across body w/ L shoulder lead, rec L, fwd R across body w/ L shoulder lead, -;

## PART B (cont'd)

- 9-12 SHADOW OPEN REV TRN: PICKUP W TRANS: OPEN TELEMAR: SWIVEL PROMENADE:**
- QQS 9 {**Shadow Open Rev Trn**} SHADOW both fcg DLC fwd L comm trng LF, cont trng LF sd & bk R, bk L twd LOD, - end in SHADOW both fcg RLOD;
- QQS 10 {**Pickup W Trans**} Bk R strongly trng LF, cont trng LF fwd L twd DLW leading W trn LF, assuming CP (W QQ&S) sd & fwd R drawing L to R, - (W bk R strongly trng LF, cont trng LF fwd L twd DLW/cont trng LF sd & bk R, sd & bk L drawing R to L, -) end in CP M fcg DLC;
- QQS 11 {**Open Telemark**} Fwd L comm trng LF, sd R cont trng LF, sd & slightly fwd L, - (W bk R bringing L beside R, trn LF on R heel & chg wgt to L, sd & slightly fwd R, -) end in SCP fcg LOD;
- QQQQ 12 {**Swivel Promenade**} Thru R, swiveling RF on R to fc ptr cl L to R in CP, swiveling LF on L thru R, swiveling RF on R to fc ptr cl L to R end in momentarily CP M fcg WALL;
- 13-16 CHAIR REC TCH: R LUNGE & CHG OF SWAY: SPANISH DRAG: SLIP TRNG TANGO DRAW:**
- QQS 13 {**Chair Rec Tch**} Swiveling LF on L step R thru R flexing knee, rec L, swiveling RF on L to fc ptr tch R to L in CP M fcg WALL, -;
- SS 14 {**R Lunge & Chg of Sway**} Flexing L knee sd & fwd R w/ R shoulder lead twd DRW btwn W's ft with sway R looking at W, -, rotate body RF chg sway to L looking well left, - (W flexing R knee sd & bk L w/ L shoulder lead twd DRW with sway L looking well left, -, rotate body RF chg sway to R looking right, -);
- &SS 15 {**Spanish Drag**} Rec L/comm straightening L knee drawing R to L looking at ptr, -, cont straightening L knee drawing R to L looking at ptr, - (W rec R/comm straightening R knee drawing L to R rotating upper body gradually RF, -, cont straightening R knee drawing L to R rotating upper body gradually RF to look up ptr, -);
- &QQS 16 {**Slip Trng Tango Draw**} Swiveling LF on L slip R bk small step to fc DLW/fwd L, trng LF sd & fwd R to fc DLC, draw L to R, - end in CP M fcg DLC;

## TAG

- 1 SLIP DRAG LUNGE:**
- &SS 1 Swiveling LF on L slip R bk small step to fc DLW/flexing R knee fwd L, -, swiveling LF slightly on L sd & fwd R twd DLW long step flexing R knee draw L to R with strong L sway looking well left, -;