

East of Eden

Composers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523
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Record: Special Pressing (Flip of "Love Is My Life") Suggested Speed: 47 RPM
Footwork: Opposite, directions for man (lady as noted)
Rhythm: Mixed International and American Waltz
Phase: VI
Sequence: **Intro A B C A B C(1-14) End**



Release: March 1996

INTRO

- 1 - 6 WAIT; FWD & R CHASSE; SHADOW CHAIR & PT; W SYNC LF SOLO ROLL;
CROSS SWIVEL DEVELOPE; SWIVEL LINK TO SCP;**
- 1 Wait 1 meas in Shadow Pos L hnds jnd M's R hnd at W's R shoulder blade W's R hnd free extended sd both fcg LOD wgt on R for both L ft pointing sd & bk;
- 12&3 2 (Fwd & R Chassé) (Same footwork) Fwd L, sd & fwd R twd DLW/cl L, sd & fwd R;
- 123 3 (Shadow Chair & Pt) XLIF of R W extend R hnd diag fwd twd DLW, rec R, pt L sd & bk DRC;
- 123 4 (W Sync LF Solo Roll Trans) Sd & bk L trng slightly LF lead W roll LF, fwd R twd COH, fwd L (W sd & bk L comm roll LF, fwd R twd COH cont trng LF/bk L twd COH cont trng LF, bk R twd COH) end in Bfly-Bjo M fcg DLC; (now Opposite footwork)
- 12 - 5 (Cross Swivel Develope) Fwd R outside ptr, swivelling RF on R to fc DLW pt L sd & bk twd DRC, hold shaping twd W (W bk L, swivelling RF on L to fc DRC raise R knee toe down, extend R fwd leg parallel to floor) end in Bfly-Scar M fcg DLW;
- 123 6 (Swivel Link to SCP) Fwd L outside ptr swivelling LF on L momentarily in Bfly-Bjo M fcg DLC, fwd R outside ptr body trng RF assuming CP rise on R brush L to R, opening out W to SCP fwd L twd DLC (W bk R swivelling LF on R, bk L body trng RF rising on L brush R to L, fwd R) end in SCP fcg DLC;

PART-A

- 1 - 8 QUICK OPEN REV & REV PIVOT; DBL REV OVERSPIN; HOVER CORTE;
BK TO SAME FOOT LUNGE LINE; TELESPIN ENDING; CURVED FEATHER;
CONTINUOUS HAIRPINS;;**
- 12&3& 1 (Quick Open Rev & Rev Pivot) Thru R, fwd L trng slightly LF pick up W to momentarily CP/ cont trng LF sd & bk R twd DLC R shoulder lead, bk L twd DLC in Contra Bjo/bk R twd DLC pivoting LF to fc LOD end in CP M fcg LOD;
- 12&3& 2 (Dbl Rev Overspin) Fwd L comm trng LF, sd & bk R twd LOD, spin LF on ball of R tch L to R end in CP M fcg LOD/fwd L small stp pivot LF (W bk R, trng LF on heel of R cl L to R/sd & fwd R around M, spinning LF on ball of R cross L IF of R on toe/bk R small step pivot LF) end in CP M fcg RLOD;
- 123 3 (Hover Corte) Bk R twd LOD, trng LF on R sd L twd LOD rising on toe, cont trng on L rec R with R shoulder lead (W fwd L, trng LF on L sd R twd LOD rising on toe, cont trng LF rec L) end in Bjo M fcg DLW;
- 123& 4 (Bk to Same Foot Lunge Line) Bk L in Contra Bjo, trng RF on L to fc Wall cl R to L with L sway, flex R knee extending L sd twd LOD with chg of sway to R look at ptr/quick chg of sway to L (W fwd R outside ptr, trng RF on R to fc ptr & COH tch L to R with R sway look R, flex R knee extending L thru twd LOD with chg of sway to L look well L/quick chg of sway to R look LOD);
- &123 5 (Telespin Ending) Trn body LF leading W fwd/fwd L comm trng LF, sd & fwd R around W cont trng LF, sd & fwd L twd DLW (W fwd L comm trng LF/sd & bk R, cl L to R cont trng LF, sd & fwd R twd DLW) end in SCP fcg DLW;
- 123 6 (Curved Feather) Fwd R trng RF, sd & fwd L twd DLW, trng body RF fwd R outside ptr twd DRW (W fwd L, sd & bk R twd DLW, trng body RF bk L) end in Contra Bjo M fcg DRW;
- 123& 7-8 (Continuous Hairpins) Bk L comm trng RF, cont trng RF sd & fwd R small stp twd LOD body trn less, fwd L twd DLW/with strong body trn RF on L fwd R outside ptr twd DRW (W fwd R outside ptr comm trng RF, cont trng RF sd & bk L twd LOD, bk R twd DLW/with strong body trn RF on R bk L twd DRW) end in Contra Bjo M fcg DRW; Repeat Meas 7 of Part-A;
- 123&

PART-A (cont'd)

- 9 - 16 FULL OUTSIDE SPIN; R LUNGE ROLL & SWITCH; OPEN TELEMAR; CHASSE TO BJO; MANUV; SPIN & TWIST;; BOX FIN;**
- 123 9 (Full Outside Spin) Bk L small step comm trng RF, trng RF on L fwd R around W, sd & bk L twd LOD (W fwd R around M comm trng RF, spinning RF on R cl L to R, fwd R btwn M's ft) end in CP M fcg RLOD;
- 123 10 (R Lunge Roll & Switch) Cont trng RF flex L knee sd & fwd R btwn W's ft twd DLW with R sway look right, rec L with strong sway chg to L leave R almost in place look left, swiveling LF on L bk R small step twd DRW (W flex R knee sd & bk L with L sway look well left, rec R with strong sway chg to R look right, swiveling LF on R fwd L small step btwn M's ft) end in CP M fcg DLC;
- 123 11 (Open Telemark) Fwd L comm trng LF, cont trng LF on L sd & fwd R around W, cont trng LF on R sd & fwd L twd DLW (W bk R comm trng LF, drawing L to R cont trn LF on R heel and rise on toes, shifting wgt to L sd & fwd R) end in SCP fcg DLW;
- 12&3 12 (Chasse to Bjo) Thru R, sd & fwd L/cl R to L, sd & slightly fwd L end in Contra Bjo M fcg DLW;
- 123 13 (Manuv) Fwd R outside ptr trng RF, sd & slightly bk L twd DLW, cl R to L end in CP M fcg RLOD;
- 123 14-15 (Spin & Twist) Bk L pivoting RF to fc LOD, fwd R cont trng RF to fc RLOD, sd & bk L twd DLW; XRIB of L/comm unwind RF on both ft, cont trng RF chg wgt to R rise on R toe, sd & bk L twd DLC (W fwd R btwn M's ft pivoting RF, bk L cont trng RF, trng RF on L heel cl R; Fwd L small stp preparing to stp outside/fwd R around M, fwd L trng RF rise on L toe, brush R to L & fwd R btwn M's ft) end in CP M fcg DRW;
- 123 16 (Box Fin) Bk R twd DLC, trng LF on R sd L twd DLC, cl R to L end in CP M fcg DLW;

PART-B

- 1 - 8 HOVER TELEMAR TO SCP; OPEN NATURAL; W OUTSIDE TRN TO BFLY-SCAR; CHECK REC SD TO BOLERO BJO; SYNC RUN AROUND;; OPEN IMPETUS; CHAIR SWIVEL & SLIP;**
- 123 1 (Hover Telemark) Fwd L, sd & fwd R rising on toe body trng RF, sd & fwd L twd DLW (W bk R, sd & bk L rising on toe body trng RF, sd & fwd R) end in SCP fcg DLW;
- 123 2 (Open Natural) Fwd R comm trng RF, cont trng RF on R sd & bk L, bk R twd DLW with R shoulder lead (W fwd L, fwd R btwn M's ft, fwd L with L shoulder lead) end in Contra Bjo M fcg DRC;
- 12&3 3 (W Outside Trn to Bfly-Scar) Bk L comm trng RF, sd R twd LOD releasing R hnd hold tm W RF under jnd lead hnds/cont trng W under jnd hnds cl L to R, sd & fwd R twd DLW (W fwd R, fwd L trng RF under jnd lead hnds/fwd R cont trng RF, sd & bk L to fc ptr) end in Bfly-Scar M fcg DLW;
- 123 4 (Check Rec Sd to Bolero Bjo) Fwd L across body, rec R, sd & fwd L (W bk R across body, sd & fwd L, fwd R to fc RLOD) assume Bolero Bjo Pos M's R hnd around W's L shoulder blade W's R hnd on M's L shoulder free hnds extended sd end M fcg LOD;
- 12&3 5-6 (Syncopated Run Around) Run around W RF fwd R, fwd L/fwd R, fwd L to fc DLC (W run around M RF fwd L, fwd R/fwd L, fwd R to fc DRW); Cont run around W RF fwd R, fwd L, fwd R with checking motion to fc RLOD (W cont run around M RF fwd L, fwd R, fwd L to fc LOD) end M fcg RLOD;
- 123 7 (Open Impetus) Bk L comm trng RF on heel, cont trng on L heel cl R to L rise on toes, shifting wgt to R opening out W to SCP sd & fwd L twd DLC (W fwd R comm trng RF, cont trng RF sd & fwd L around M rise on toe, brushing R to L sd & fwd R twd DLC) end in SCP fcg DLC;
- 123 8 (Chair Swivel & Slip) Flex L knee fwd R leading W swivel LF trng upper body slightly LF, rec L with strog body tm RF for CBM, trng body LF bk R small step twd DRW (W flexing R knee fwd L ronde R swiveling LF on L look well right, fwd R outside ptr with strong body tm RF for CBM, trng body LF fwd L small step btwn M's ft) end in CP M fcg DLC;

PART-C

- 1 - 8 TELEMARK TO BJO; CROSS SWIVEL DEVELOPE; CROSS SWIVEL DEVELOPE; W RF UNDERARM TRN; W RF SPIN TO SKATERS; ROLLING UNDERARM TRN TO M'S SKATERS; SAME FOOT CHAIR & HOLD; LF SPIN TO SHADOW;**
- 123 1 (Telemark to Bjo) Fwd L comm trng LF, cont trng LF on L sd & fwd R around W, cont trng LF on R sd & fwd L twd DLW (W bk R comm trng LF, drawing L to R cont tm LF on R heel and rise on toes, shifting wgt to L sd & bk R) end in Contra Bjo M fcg DLW;
- 12 - 2 (Cross Swivel Develope) Fwd R outside ptr, assuming to Bfly swivel RF on R to fc DRW pt L sd & bk twd LOD, hold shaping twd W (W bk L, swiveling RF on L to fc DLC raise R knee toe down, extend R fwd leg parallel to floor) end in Bfly-Scar M fcg DRW;
- 12 - 3 (Cross Swivel Develope) Fwd L outside ptr, swiveling LF on L to fc DLW pt R sd & bk twd RLOD, hold shaping twd W (W bk R, swiveling LF on R to fc DRC raise L knee toe down, extend L fwd leg parallel to floor) end in Bfly-Bjo M fcg DLW;
- 12&3 4 (W Sync RF Underarm Trn) Releasing R hnd hold fwd R comm trng W RF under jnd lead hnds, fwd L cont trng W/ fwd R, fwd L fin trng W under jnd hnds (W bk L comm trng RF, fwd R cont trng RF/bk L cont trng RF, fwd R cont trng RF/bk L complete trng RF to fc LOD) end in OP Pos both fcg DLW lead hnds jnd across body; (now same footwork)
- 12 - 5 (W RF Spin Cl to Skaters) Fwd R leading W spin RF with jnd lead hnds, cl L to R joining R-R hnds & L-L hnds, hold (W fwd R & spin RF full tm, cl L to R) end in Skaters fcg LOD R hnds over L hnds;
- 123 6 (Rolling Underarm Trn to M's Skaters) Fwd R comm trng RF raising jnd R hnds to lead W trn under, cont trng RF on R sd L twd LOD raising jnd L hnds to lead W trn under, cont trng RF on L fwd R twd LOD place jnd L hnds bhnd M to his L waist releasing R hnds (W fwd R comm trng RF under jnd R hnds, cont trng RF on R sd L twd LOD trng jnd L hnds, cont trng RF on L fwd R twd LOD) end in M's Skaters fcg LOD Lhnd jnd bhnd M R hnds extended sd;
- 1 - - 7 (Same Foot Chair & Hold) Flexing R knee XLIF of R, extend body & R hnds diag fwd with R sway, cont extension of R hnds;
- 12 - 8 (LF Spin to Shadow) Rec R, small step bk L and spin LF full tm pointing R sd & bk, hold (W rec R, small step bk L and spin LF full tm under jnd L-L hnds pointing R sd & bk, hold) end in Shadow fcg DLW;
- 9 - 16 SHADOW OPEN RF TRNS;;; W RF UNDERARM TRN TO SHADOW; SHADOW OPEN LF TRNS;; W AERIAL RONDE; BK HOVER TO SCP;**
- 123 9-11 (Shadow Open RF Trns) Fwd R comm trng RF, cont trng RF sd & slightly bk L, bk R twd LOD end in Shadow fcg RLOD M outside of circle; Bk L comm trng RF, cont trng RF sd & slightly fwd R, fwd L twd LOD end in Shadow fcg LOD M inside of circle; Fwd R comm trng RF, cont trng RF sd & slightly bk L, bk R twd DLC end in Shadow fcg DRW;
- 12&3 12 (W RF Underarm Trn to Shadow) Bk L curving RF raising jnd L hnd, cont curving RF sd R/cl L leading W trn under jnd L hnds, sd R twd DLW (W bk L comm trng RF, cont trng RF under jnd L hnds fwd R/cont trng RF on R cl L, sd R) end in Shadow fcg DLC;
- 123 13-14 (Shadow Open LF Trns) Fwd L comm trng LF, cont trng LF sd & slightly bk R, bk Ltwd LOD end in Shadow fcg RLOD M outside of circle; Bk R comm trng LF, cont trng LF sd & slightly fwd L, fwd R twd DLW end in shadow DLW;
- 12 - 15 (W Aerial Ronde) Fwd L leading W swivel LF, swiveling LF on L to fc DLC pt R sd & bk twd Wall, hold assuming Bfly Pos shaping twd W (W fwd L, swiveling LF on L raise R knee high toe pointing down, extend R fwd outside ptr) end in Bfly-Bjo M fcg DLC;
- 1 - 3 16 (Bk Hover to SCP) Bk R, rise on R leading W trn RF brush L to R, rec L assuming SCP (W fwd R outside ptr, fwd L rising on toe trng RF brush R to L, rec R) end in SCP fcg DLC; (now opposite footwork)

ENDING

- 1 - 10 FWD TO SYNC ZIG ZAG;; ZIG ZAG 2 & PT; MODIF SPIN MANUV; OPEN IMPETUS;
 QUICK OPEN REV; HOVER CORTE & SWITCH; COMPACT HORSE & CART;;
 SAME FOOT LUNGE;
- 12&3& 1-2 (Same footwork) (Fwd to Sync Zig Zag) Fwd L, sd R twd Wall/XLIB, sd R/XLIF; Sd R/XLIB,
 1&2&3& sd R/XLIF, sd R/XLIB;
- 123 3 (Zig Zag 2 & Pt) Sd R, XLIF, pt R sd & bk end in Shadow both fcg LOD;
- 123 4 (Modif Spin Manuv) Fwd R comm trng RF, cont trng RF sd & bk L leading W spin RF, cl R to L
 (W 12-) (W fwd R comm spinning RF, cont spin on R cl L to R, hold) end in CP M fcg RLOD;
- 123 5 (Open Impetus) Repeat Meas 7 of PART-B end in SCP fcg DLC;
- 12&3 6 (Quick Open Rev) Thru R, fwd L trng slightly LF pick up W to momentarily CP/cont trng LF sd
 & bk R twd DLC R shoulder lead, bk L twd DLC end in Contra Bjo M fcg DRW;
- 123& 7 (Hover Corte & Switch) Bk R twd DLC, trng LF on R sd L twd LOD rising on toe, cont trng LF
 on L rec R with R shoulder lead/trn upper body LF to lead W swivel LF (W fwd L, trng LF on L
 sd R twd LOD rising on toe, cont trng LF rec L/swivel LF on L look well left) end in Modif
 Shadow fcg DLW M's R hnd around W's R waist L hnd extended sd W's L hnd extended sd
 and R hnd across body;
- 1&2&3& 8-9 (Compact Horse & Cart) Stp almost in pl revolving 2 full RF trns L/R, L/R, L/R; L/R, L/R, cl L to
 1&2&3 R (W run around M RF keep looking well L R/L, R/L, R/L; R/L, R/L, R swiveling RF to fc M/cl L)
 (W1&2&3&) end in CP M fcg Wall;
- 123 10 (Same Foot Lunge) Flex L with L sway extend R sd & slightly fwd twd RLOD, shift wgt to R
 comm to sway to R, cont sway to R (W flex L with R sway extending R bk under body, shift wgt
 to R comm sway to L, cont sway to L look well left);