

MY ISLAND

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RECORD: SPECIAL flip of "Henessey's Island"
PHASE: V Cha Cha **SPEED** 44 **FOOTWORK:** Opposite unless noted
SEQUENCE: INTRO, A, B, C, B(1-16), B(1-16),ENDING June 1999

INTRO

- 1-4** WAIT ; ; WALK 2 & CHA ; TURN 2 & CHA ;
1-2 Back to back man facing COH wait 2 meas ; ;
5-8 3-4 Fwd L,R,L/lock RIBL, fwd L; fwd R, turn LF rec L, fwd R/lock LIBR, fwd R BFLY;
NEW YORKER EACH WAY ; ; CUCARACHA L & R ;
5-6 Thru L, rec R, side L/cl R, side L; thru R, rec L, side R/cl L, side R;
7-8 Side L, rec R, cl L/step R, step L; side R, rec L, cl R/step L, step R;

PART A

- 1-4** **FLIRT ; ; SWEETHEART TWICE ; ;**
 1-2 Fwd L, rec R, side L/cl R, side L (Bk R, rec L trng LF to varsouvienne, side R/cl L, side R);
 Bk R, rec L, side R/cl L, side R (Bk L, rec R, side L/cl R, side L) to left shadow;
 3-4 Ck fwd L, rec R, side L/cl R, side L (Bk R, rec L, side R/cl L, side R);
 Ck fwd R, rec L, side R/cl L, side R (Bk L, rec R, side L/cl R, side L):
 {NOTE: Sweethearts are done in CBM}

5-8 **SPOT TURN ; SPOT TURN LADY FACE ; SAND STEP TWICE ; ;**
 5-6 XLIFR turn RF, rec R continue trng, side L/cl R, side L;
 XRIFL turn LF, rec L, continue trng, side R/cl L, side R (XLIFR trng RF to face,
 Rec R, side L/cl R, side L):

9-12 7-8 Toe L, heel L, XLIFR/side R, XLIFR; toe R, heel R, XRIFL/side L, XRIFL;
CHASE ; ; ; ;
 9-10 Fwd L trng RF, rec R, fwd R/cl L, fwd R (Fwd L trng RF, rec R, fwd L/cl R, fwd L);
 Fwd R trng LF, rec L, fwd R/cl L, fwd R (Fwd L trng RF, rec R, fwd L/cl R, fwd L);
 11-12 Fwd L, rec R, bk l/cl R, bk L (Fwd R trng LF, rec L, fwd R/cl L, fwd R);
 Bk R, rec L, fwd R/cl L; fwd R (Fwd L, rec R, bk L/cl R, bk L);

13-16 **ALAEMANA ; ; LARIAT ; ;**
 13-14 Fwd: Rec R, side L/cl R, side L' bk R, rec L, side R/cl L, side R leading lady to mans
 right side (Fwd L trng RF, fwd R to face, side L/cl R, side L);
 15-16 In place step L,R, L/R, L (Fwd R circle man CW, fwd l, fwd R/cl L, fwd R);
 in place step R,L<R/L, R (Fwd L circle man CW, fwd R, side L/cl R, side L);

PART B

- 1-5 HALF BASIC TO FAN ; ; HOCKEY STICK TO TRIPLE CHA ENDING ; ;**

1-2 Fwd L, rec R, side L/cl R, side L; Bk R, rec L, side R/cl L, side R (Fwd l, side & bk R trng LF, bk L/lock RIFL, bk L);

3-5 Fwd L, rec R, in place L/R, L (Cl R, fwd l fwd R/L, fwd R); bk R, rec L, fwd R/cl L, fwd R (Fwd L, fwd R trng LF, bk L/lock RIFL, bk L); fwd L/lock RIBL, fwd L, fwd R/lock LIBR, fwd R;

6-9 HALF BASIC ; FULL NATURAL TOP ; ;

6 Fwd L, rec R, side L/cl R, side L ending RLOD;

7-9 XRIBL trng RF, side L turn, XRIBL turn/side L turn, XRIBL turn; side L turn, XRIBL turn, Side L turn/XRIBL turn, side L turn; XRIBL turn, side L turn, XRIBL turn/side L turn, XRIBL turn, side L turn; XRIBL turn, side L turn, XRIBL turn/side L turn , cl R CP Wall;
 {1 $\frac{3}{4}$ turns over entire figure}

- 10-14 NEW YORKER TO CRAB WALKS OP LOD ; ; ; TRIPLE CHA BK TO FACE ; ;**
10-12 XLIFR straight leg to LOP, rec R to face, side L/lock RIBL, side L; XRIFL, side L, XRIFL/side L, XRIFL; side L, XRIFL, side L/XRIFL, side L;
13-14 Rk fwd R, rec L, bk R/lock LIFR, bk R; bk L/lock RIFL, bk L bk R/lock LIFR, side R;
- 15-17 FENCE LINE TWICE ; ; ; SINGLE CUBAN BREAK;**
15-16 Lunge LIFR, rec R, side L/cl R, side L; lunge RIFL , rec L, side R/cl L, side R;
17 XLIFR/rec R, side L, XRIFL/rec L, side R;
- 18-21 NEW YORKER WITH HOP EACH WAY ; ; ; FWD & BK BASIC WITH HOP ; ;**
18-19 Slight hop on R XLIFR straight leg to LOP, rec R to face, side L/cl R, side L;
slight hop on L/XRIFL straight leg to LOD, rec L to face, side R/cl L, side R;
20-21 Slight hop on R fwd L, rec R, bk L/lock RIFL, bk L; slight hop on L bk R, rec L,
fwd R/lock LIBR, fwd R;

PART C

- 1-5 BACK BREAK TO OPEN ; SWIVEL 2 & CHA ; SWIVEL 2 & CHA;
TRIPLE CHA BK TO BFLY ; ;**
1-3 XLIBR to OPEN, rec fwd R, fwd L/cl R, fwd L; swivel LF on L fwd R, swivel RF on R
fwd L, fwd R/lock LIBR, fwd R; swivel RF on R fwd L, swivel LF on L fwd R, fwd L/lock
RIBL, fwd L;
4-5 Rk fwd R, rec L, bk R/lock LIFR, bk R; bk L/lock RIFL, bk L , bk R/lock LIFR, side R to
BFLY;
- 6-9 SHOULDER TO SHOULDER EACH WAY ; ; ; ALEMANA ; ;**
6-7 XLIFR, rec R, side L/cl R, side L; XRIFL, rec L, side R/cl L, side R;
8-9 Fwd L, rec R, side L/cl R, side L; bk R, rec L, side R/cl L, side R (Fwd L, trng RF, fwd R
to face, side L/cl R, side L);
- 10-12 SINGLE CUBAN BREAK ; DOUBLE CUBANS ; ;**
10 Repeat meas 17 of PART B ;
11-12 XLIFR/rec R, side L/rec R, XLIFR/rec R, side L; XRIFL/rec L, side R/rec L, XRIFL/rec L,
side R;
- 13-16 STOP & GO ; ; NEW YORKER EACH WAY ; ;**
13-14 Rk bk L, rec R, fwd R, fwd L/XRIBL, bk R (Rk bk L, rec R trng RF, bk L/XRIFL, bk L);
15-16 Repeat meas 5&6 of INTRO ; ;

ENDING

- 1-6 ALEMANA ; ; NEW YORKER TO CRAB WALKS ; ; ; THRU TO AIDA ;**
1-2 Repeat meas 13 & 14 of PART A; ;
3-5 Repeat meas 10 –12 of PART B; ; ;
6 XRIFL slight turn LF, side L, trng RF RLOD, bk R ending in “V” bk to bk;