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 Sequence: Intro - A - B - C - Interl - A - C - Interl - B - Ending  
 Rouldalab Phase IV + 2 (Sailor Shuffles and Mooch) Rhythm: Jive

INTRO

- 1-4 WAIT 3 BEATS - SAILOR SHUFFLE TWICE; BEHIND,SD,SAILOR SHUFFLE;  
SAILOR SHUFFLE TWICE; BEHIND SD,SAILOR SHUFFLE;  
 1-2 M fcg Ptr and Wall no hands jnd wait 3 Beats...  
 XLIB of R/sd R,sd L,XRIB of L/sd L,sd R(WXRIB/sd L,sd R,XLIB/sd  
 R,sd L); Moving twd RLOD step beh L,sd R,XLIB/sd R,sd L(W beh R,  
 sd L,XRIB/sd L,sd R);  
 3-4 XRIB of L/sd L,sd R,XLIB of R/sd R,sd L(WXLIB/sd R,sd L,XRIB/sd  
 L,sd R); Moving twd LOD step beh R,sd L,XRIB/sd L,sd R(W beh L,sd  
 R,XLIB/sd R,sd L);

PART A

- 1-5 BASIC ROCK TO SCP - RK TO THE JIVE WALKS - SWIVEL 4 - CHG RIGHT TO LEFT  
 1-3 (Basic Rk)Jn lead hands rk apt L,rec R,sd L/cl R,sd L; Sd R/cl L,  
 sd R to SCP,(Jive Walks)Rk bk L,rec R; Fwd L/R,L,Fwd R/L,R; (W Rk  
 apt R,rec L,sd R/cl L; Sd L/cl R,sd L to SCP,Rk bk R,rec L; Fwd  
 R/L,R,Fwd L/R,L);  
 4-5 Swivel walk down LOD L,R,L,R; (Chg R to L)Sd L/cl R,Sd L trng  
 1/4 LF,Sd R/cl L,sd & fwd R(W Sd R/cl L,sd R,trng RF und jnd lead  
 hands,down LOD sd & bk L/cl R,sd & bk L)to LOFP/LOD;  
 6-8 SHOULDER SHOVE - CHG LEFT TO RIGHT  
 6-8 (Should Shove)Rk apt L,rec R,trng RF sd L/cl R,sd L twd ptr bring  
 M's L(W's R)shoulders tog; Trng LF to fc ptr step sd R/cl L,sd R,  
 (Chg L to R)Rk apt L,rec R; Sd L/cl R,sd L trng 1/4 RF,sd R/cl L,  
 sd R; (W rk apt R,rec L,trng LF sd R/cl L,sd R twd ptr bring M's  
 L(W's R)shoulders tog; Trng RF to fc ptr step sd L/cl R,sd L,rk  
 apt R,rec L; Fwd R/cl L,fwd R trng LF und jnd lead hands,sd L/cl  
 R,sd L;)to LOFP/M fcg Wall  
 9-12 CHG HANDS BEH BK - SPANISH ARMS - DOUBLE RK APT,REC  
 9-11 (Chg Beh Bk)Rk bk L,rec R,slightly fwd L/R,L trng 1/4 LF;  
 Slightly bk R/L,R trng 1/4 LF,(Spanish Arms)Join all hands rk apt  
 L,rec R trng RF; Sd L/cl R,sd L cont RF trn to momen wrapped Pos/  
 LOD,sd R/cl L,sd R trng to fc Wall; (W rk bk R,rec L,fwd R/cl L,  
 fwd R trng 1/4 RF; Sd L/cl R,sd & bk L trng 1/4 RF,rk apt R,rec L  
 trng 1/4 LF; Sd R/cl L,sd R,sd L/cl R,sd L trng 3/4 RF;)Bfly/Wall  
 12 In Bfly rk apt L,rec R,apt L,rec R;

PART B

- 1-4 JIVE CHASSE - PRETZEL TURN TO KICK/BALL CHG - UNTURN PRETZEL TO SCP  
 1-3 Sd L/R,L,sd R/L,R blending SCP/LOD; (Pretzel Trn)Rk bk L,rec R,  
 chasse L/R,L trng 1/2 RF keeping M's L W's R hands jnd; Chasse R/  
 L,R trng 1/4 RF to fc LOD with M's L W's R hnds jnd beh bks,kick  
 L ft fwd/tk wgt on ball of L,chg wgt to R; (W sd R/L,R,sd L/R,L;  
 Rk bk R,rec L,chasse R/L,R trng 1/2 LF; Chasse L/R,L trng 1/4 LF  
 to fc LOD,kick R fwd/tk wgt on ball of R,chg wgt to L;)  
 4 (Untrn Pretzel)Chasse L/R,L trng LF,Chasse R/L,R trng LF(W Chasse  
 R/L,R trng RF,Chasse L/R,L trng RF)to SCP/LOD;  
 5-8 FALLAWAY THROWAWAY - ROCK,REC,TO CHICKEN WALKS  
 5-6 (Fall Throw)In SCP rk bk L,rec R,sd L/cl R,sd L; Sd R/cl L,sd R  
 trng to fc Ptr & LOD,rk apt L,rec R; (W Rk bk R,rec L,pickup R/L,  
 R; Bk L/R,L,rk apt R,rec L;)to LOFP/LOD  
 7-8 (Chicken Walks)Bk L,-,R,-; Bk L,R,L,R;

- 9-12 CHG LEFT TO RIGHT - BASIC ROCK TO SCP - RK, REC, RUN, 2  
 9-11 (Chg L to R) Rk apt L, rec R, sd L/cl R, sd L trng 1/4 RF; Sd R/cl L, sd R, (Basic Rk) Rk apt L, rec R; Sd L/cl R, sd L, sd R/cl L, sd R to SCP; (W apt R, rec L, fwd R/cl L, fwd R trng LF; Sd L/cl R, sd L, rk apt R, rec L; Sd R/cl L, sd R, sd L/cl R, sd L to SCP;)  
 12 Rk bk L, rec R, run fwd L, R;

PART C

- 1-8 THROWAWAY TO RIGHT HANDSHAKE - TRIPLE WHEEL 5 & SPIN - WINDMILL TWICE - RK, REC TO RIGHT HANDSHAKE

- 1-5 (Throwaway) Sd L/cl R, sd L, sd R/cl L, sd R trng LF to fc LOD jng R hands; (Triple Wheel 5) Rk apt L, rec R, start RF wheel sd L/cl R, sd L trng RF & tchg W's bk with L hand; Cont RF wheel sd R/cl L, sd R trng LF so W can tch M's bk with L hand, sd L/cl R, sd L trng RF tch W's bk; Repeat meas 3; Lead the W to spin RF sd R/cl L, sd R jng hands to Bfly/Wall, (Windmill) Rk apt L, rec R; (W Pickup R/L, R, bk L/R, L; Opp footwork from M in meas 2-4;;; W spins on R ft at end of meas 4 and step sd L/cl R, sd L, rk apt R, rec L;)  
 6-8 (Finish Windmill) Fwd L/cl R, fwd L trng 1/4 LF, sd R/cl L, sd R trng 1/4 LF to Bfly/COH; Rk apt L, rec R, fwd L/cl R, fwd L trng 1/4 LF; Sd R/cl L, sd R trng 1/4 LF to Bfly/Wall, rk apt L, rec R to R handshake; (W sd R/cl L, sd R trng 1/4 LF, sd L/cl R, sd L trng 1/4 LF; Rk apt R, rec L, sd R/cl L, sd R trng 1/4 LF; Sd L/cl R, sd L trng 1/4 LF, rk apt R, rec L;)

- 9-12 KICK/BALL CHG TWICE; CHICKEN WHEEL 4; KICK/BALL CHG TWICE; CHICKEN WHEEL 4 TO FACE;

- 9-10 In R handshake pos/Wall kick L/step L, R, kick L/step L, R wheeling CW with L arms outstretched to sd; Both using the foot action of the W's Chicken Walk, wheel L, R, L, R; (W kick R/step R, L, kick R/step R, L wheeling CW; Wheel R, L, R, L;)  
 11-12 Repeat meas 9-10 ending M fcg Ptr and Wall no hands jnd;;

INTERLUDE

- 1-4 APT/CLOSE 4 TIMES WITH CLAPS;; MOOCH;;

- 1-2 Bk L/cl R, Clap, Bk L/cl R, Clap; Repeat meas 1; (&/1, 2, &/3, 4)  
 3-4 Fwd L/cl R bringing hands tog in front of body and knees bent, -, bk L/cl R bringing hands back to sides and knees bent, -; (W fwd R/cl L, -, bk R/cl L, -;) Push body fwd as L ft semi-circles up and out, -, R ft semi-circles up and out; (W R ft semi-circles up and out, -, L ft semi-circles up and out;)

ENDING

- 1-5 SAILOR SHUFFLE TWICE; BEHIND, SD, SAILOR SHUFFLE; SAILOR SHUFFLE TWICE; BEHIND, SD, SAILOR SHUFFLE; POINT LOD;

- 1-4 Repeat meas 1-4 of Intro;;;;  
 5 On last beat of music point L (W's R) foot to LOD with arms out to sides looking LOD and Hold;

Note: Last time thru Part B do; Rk, Rec, Run, Check; to get ready for the Sailor Shuffle in the Ending.