

I FEEL PRETTY

By: Tommy Patterson Ballroom Instructor - Fellow & Examiner, N A D. T. A., Winnetka, IL
Cue Sheet: Gil & Judy Martin, 1910 Sunnyside Ave., Highland Park, IL 60035-2161
Record: Special Pressing (847) 831-5413
Phase 4 + 2 Waltz Speed: 45 Woman's footwork opposite
(Hinge Ending, Viennese Swing - Undefined) except where noted.
Sequence: INTRO, A, B, C, D, A(9 -16), B(9 -14) ENDING 6 - 96

INTRODUCTION

1-6 WAIT 2 NOTES PLUS 4 MEAS. , - ; , - ; , - ;
VARS fc LOD both have the L free

PART A

1-8 VIENNESE SWING; ; BK, -, CL; BK, -, -; FWD X STP, PT, -; FWD X STP, PT, -; TRN L, -,
CL VARS; BK, -, CL;

1-2 [Viennese swing] Fwd L [Note: the rest of this fig is done while standing on the L foot], swing R fwd, -; Swing R leg & ft bk with the R ankle passing the L ankle & Swvl R fc RLOD while standing on L ft to L VARS swing R RLOD [Note: the swinging of the R leg is what gives the impetus to swvl R fc], -, -;

3-4 Bk R, -, cl L; Bk R ck, -, -;

5-6 XLif DW, pt R DW, -; XRif DC, pt L DC [Note the M will pt L bhd W], -;

7-8 Fwd L commencing L trn, -, cl R finishing L trn fc LOD ending in VARS; Bk L, -, cl R;

9-16 VIENNESE SWING; ; BK, -, CL; BK, -, -; FWD X STP, PT, -; FWD X STP, PT, -; TRN L, -,
CL VARS; BK, -, CL; (W TRANS TCH);

9-10 [Viennese swing] See meas 1-2 PART A

11-12 See meas 3-4 PART A

13-14 See meas 5-6 PART A

15-16 Fwd L commencing L trn, -, cl R finishing L trn fc LOD ending in VARS; Bk L, -, cl R (W bk L, tch R);

PART B

1-8 FWD, TCH, - (W SPN R, CL L, -); FWD, TCH, - *(W SPN R, CL L, -)*; FWD, TCH, - (W SPN
R, CL L, -); FWD FC PTR, TCH, -; SD, -, -; CL, -, -; DP, -, -; REC [JOIN R HND];

1-2 Fwd L LOD, tch R, - (W Fwd R LOD spn R fc undr jnd R hnds fc M, cl L, -); Fwd R LOD, tch L, - (W Fwd R LOD spn R fc undr jnd R hnds fc M, cl L, -) (Note: W may do sd, cl, -);

3-4 Fwd L LOD, tch R, - (W Fwd R LOD spn R fc undr jnd R hnds fc M, cl L, -); Fwd R trng R to fc ptr, tch L, -(W Sd R, cl L, -);

5-6 Sd L LOD, -, -; Cl R, -, -;

7-8 [Dp] Sd & bk L DLC, -, -; Rec R join M R hnd to W R hnd over W head (W trng to fc LOD), tch L, -;

9-16 FWD, TCH, - (W SPN R, CL L, -); FWD, TCH, - *(W SPN R, CL L, -)*; FWD, TCH, - (W SPN
R, CL L, -); FWD FC PTR, TCH, -; SD, -, -; CL, -, -; DP, -, -; REC SCAR FC DLW;

9-10 See meas 1-2 PART B

11-12 See meas 3-4 PART B

13-14 See meas 5-6 PART B

15-16 Dp Sd & bk L DLC, -, -; Rec R SCAR DLW, -, -;

NOTE Lady may do: SD, CLS, -; in place of: SPN R, CL L, -;

-2-
PART C

- 1-8 TWO PROG X SWVL SCAR; ; X STP CK, -, -; TO REV 3 PROG X SWVL BJO; ; ;
OUTSD SWVL SEMI; FWD PU SCAR DLW, -, -;
1-2 [Two Prog X swvl] SCAR X Lif DLW, swvl L BJO DLC, - (W X Rib DLW, swvl L BJO DRW, -); X Rif DLC, swvl R SCAR, - (W X Lib DLC, swvl R SCAR, -);
3-4 Fwd L ckg [Note the checking action should be with a soft knee and a rt sd stretch], -, -; [To rev prog X swvl SCAR] Bk R DRC, swvl L BJO fc DLC, - (W Fwd L DRC, swvl L BJO fc DRW, -);
5-6 [To rev 2 prog X swvl SCAR] Bk L DRW, swvl R SCAR fc DLW, - (W Fwd R DRW, swvl R SCAR fc DRC, -); Bk R DRC, swvl L BJO fc DLC, - (W fwd L swvl L BJO fc DRW, -)
7-8 [Outsd swvl SEMI] Bk L DRW, XRif [No wt], - (W Fwd R DRW, swvl on R end SCP fc DLC, -); Fwd R PU DLW SCAR, -, -;
- 9 -16 TWO PROG X SWVL SCAR; ; X STP CK, -, -; TO REV 3 PROG X SWVL BJO; ; ;
OUTSD SWVL SEMI; FWD FC WALL CP, -, -;
9-10 See meas 1-2 PART C
11-12 See meas 3-4 PART C
13-14 See meas 5-6 PART C
15 See meas 7 PART C
16 Fwd R fc ptr WALL CP, -, -;

PART D

- 1-8 FWD, TCH, -; BK, TCH FC LOD, -; SD, TCH -; SD, TCH -; 4 VIENNESE TRNS FC WALL; ; ; ;
1-2 Fwd L WALL, tch R, -; Bk R trng L fc LOD, tch L, -;
3-4 Sd L C, tch R, -; Sd R WALL, tch L, -;
5-6 [2 Viennese trns] Fwd L DLC commencing L trn, sd R cont L fc trn, X Lif CP fc RLOD (W Bk R DLC commencing L fc trn, sd L cont L fc trn, cls R); Bk R DLC commencing L fc trn, sd L cont L fc trn, cl R fc LOD CP (W Fwd L DLC commencing L trn, bk cont L fc trn, X Lif fc RLOD);
7 See meas 5 PART D
8 Bk R DLC commencing L fc trn, sd L cont L fc trn, cl R fc WALL CP (W Fwd L DLC commencing L trn, sd R cont L fc trn, X Lif fc C);
- 9 -16 FWD, TCH, -; BK, TCH FC LOD, -; SD TCH; SD TCH; 4 VIENNESE TRNS TO VARS (W TRANS); ; ; ;
9 -10 See meas 1-2 PART D
11-12 See meas 3-4 PART D
13-14 See meas 5-6 PART D
15 See meas 5 PART D
16 Bk R DLC commencing L fc trn, sd cont L fc trn, cl R VARS (W Fwd L LOD, cls R VARS, -);

PART A (9 -16)

REPEAT 9 -16 PART A

PART B (9 -14)

REPEAT 9 -14 PART B

ENDING

1 HINGE ENDING WITH ARMS

- 1 Sd & bk L DLC trng body L extend L arm as music fades (W Sd R swivel L fc, XLib no wt on R, - extend L arm as music fades Place R arm on M shoulder);