

CARO MIO

4024

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Record: S.T.A.R. 128

Footwork: Opposite, Directions for man (Lady as noted)

Rhythm: Waltz Phase 1V+2+1U

Sequence A,B,C,A*,D,A**(1-15), End

May 2006
Speed 45

1 - 4 INTRO
OPEN FCG DLW WAIT;; SWAY APT & TOG CP/LOD;;
 Open fcg DLW wait;; sway apt L with Body stretch & tog R to CP/LOD;

1 - 5 PART A
VIENNESE TRN CP/LOD;; X SWIVEL; BK BK/LK BK; O/S CHG SCP;
 (1-2) Fwd L comm. lf fc tm, sd R cont lf fc tm, Xlif of R; Bk R cont lf fc tm, Sd L cont tm, Cl R to L; (Bk R comm. lf fc tm, sd L cont tm, cl R to L; fwd L cont tm, sd R cont tm, Xlif of R)
 (3) Fwd L, Swvl on lf foot & tm if fc Pt to lod, Ck fwd on R to rlod; (4) Bk L, Bk R/Lk L in front of R, Bk R; (5) Bk L, Bk R Trn lf fc, Sd & Fwd L to scp;

6 - 9 THRU SEMI CHASSE; THRU PROM SWAY; SOFT O/SWAY;; HVR UP TO SCP;
 (6) Thru R tm to fc, Sd L/Cl R, Sd L to scp; (7-8) Thru R, Sd & Fwd L (SCP) Relax Knee with Lf Sd Stretch; Lower on L turning body Rf to DW leaving R ft extended to RLOD; (W lower on R turning body LF, L foot pointing RLOD) (9) Rec bk R lead W fwd, tch L to R no wgt chg, fwd L SCP

10 - 16 P/UP SD CL DLC; DIA TRN SCAR;; X HOVER SCP; THRU FC CL;
 (10) Fwd R (short step), Sd L, Cl R; (W Fd L stepping in front of M) (11-14) Fwd L trng on the diag, cont if tm Sd R, Bk L to bjo; stay in bjo tm if fc Bk R, Sd L, Fwd R; still in bjo Fwd L tm on the diag, Sd R, Bk L; Bk R cont tm, Sd L, Fwd R; (15) Xlif of R, Sd R with slight rise trng lf, Rec L scp; (16) Thru R, Sd L (cpw) Cl R; (A* 2nd time P/UP DLC) (A** 3rd time omit ms 16)

1 - 4 PART B
WHISK; RIPPLE CHASSE; PROMENADE LK; RT LUNGE & HOLD;
 (1) Fwd L, Fwd & Sd R comm, rise to ball of foot, XLIB cont to rise end tight scp; (2) Thru R CBMP, Sd & slightly fwd L with slight lf sd stretch/cont lf sd stretch into rt sway Cl R to L looking ti rt, Sd & Fwd L losing sway blending to scp; (3) Thru R, Fwd L/R XIB of L, blending to CP with Woman's head still to R, Fwd L toward LOD; (1 2&3) (4) Lowering in to L Knee Lunge Sd & Fwd R towards DW, Chg sway to R & Hold; (No weight change)

5 - 10 BK PASG CHG; O/S CHECK BJO; BK PASG CHG; BOX FIN DLC; 2 LF TRN DLW,
 (5) Bk L, Bk R, Bk L; (6) Bk R, Sd & Fwd L, Ck Fwd R; (7) Same as ms (5) (8) Bk R tm lf fc ¼, Sd R, Cl L; (9-10) Fwd L Trn, Sd R Trn, Cl L; Bk R Trn, Sd L trn, Cl R;

11 - 16 HOVER; P/UP SD CL DLC; DBL REV DLC; T/MARK SCP DLW; WHIPLASH; O/S SWIVEL;

(11) Fwd L, Fwd & Sd R rising to ball of ft, Rec fwd L to tight scp; (12) Same as ms (10) part A. (13) Fwd L comm. lf fc tm, sd R 3/8 tm between 1&2, spin lf fc up to ½ between 2&3 on ball of R bringing L foot under body beside R no weight flexed knees; (Bk R comm. lf tm cl L to R(heel tm) tm ½ between 1&2/sd & slightly bkg R, cont if tm Xlif of R; (14) Fwd L comm. lf fc tm, Side R cont tm, Sd & slightly fwd L tight scp; (Bk R comm. lf fc tm cl L to R no weight tm lf fc on rt heel (heel tm) change weight to L, sd & slightly fwd tight scp; (15) Thru R tm body rt fc, Pt L & Hold CP; (Thru L, swiv L Fc & Pt R hold in CP) (16) Bk L, XRIF, no wgt; (Fwd R Swiv rt fc on ball of foot ending tight scp;)

1 - 8 PART C
WEAVE SCP;; IN/OUT RUNS;; SLOW SD LK DLC; CL T/MARK; MNV; HES CHG DLC,

(1-2) Fwd R, Fwd L Trng lf fc, Sd & Bk R DLC tm W to CBMP; Bk Bk R tm body lf fc to cp, Sd & fwd L DLW tm W to scp; (3-4) Fwd R start rt fc tm, Sd & Bk L wall & lod to cp, Bk R to CBMP; Bk L tm rt fc, Sd & fwd R between W's feet cont rt fc tm, Fwd L to scp; (Fwd L, Fwd R between M's feet, Fwd L in CBMP, Fwd R start rt fc tm, Fwd & Sd L cont tm, Fwd R to scp) (5) Thru R, Sd & Fwd L, Xrib of L trng slightly lf fc; (Thru L Trn start to tm lf fc, Sd & Bk R cont tm to cp, Xlif of R); (6) Fwd L, Fwd & Sd R around W Trn lf fc, step Fwd & Sd L to end in tight bjo; (Bk R comm. lf fc heel tm on rt heel bring lf beside rt no weight, cont if fc tm on rt heel & chg weight to L, Bk & Sd R;) (7) Fwd R comm. rf upper body tm, cont rt fc tm to fc W sd L, Cl R; (8) Comm rt fc upper body tm Bk L, Sd R cont tm, Draw L to R;

1 - 6 PART D
1 LF TRN; HVR CORTE; BK WHISK; WING; TRN LF & CHASSE BJO; IMP SCP;
 (1) Same as ms (9) Part B. (2) Bk R start lf fc tm, Sd & Fwd L with hovering action, Rec bk R in CBMP (3) Bk L, Bk & Sd on R, Xlib of R fin in scp; (4) Fwd R, Draw L toward R, Tch L to R tm upper body lf fc with lf sd stretch; (Fwd L begin to cross in front of M tm slightly lf fc, Fwd R around M cont slight lf fc tm, Fwd L around M cont slight lf fc tm to end in tight scar pos;) (5) Fwd L - comm upper body lf tm, Fwd R/Cl L, Sd R Bjo fcg RLOD; (6) Bk L comm. rt fc upper body tm, Cl R (Heel Trn) cont tm, Fwd L tight scp; (Comm rt fc upper body tm Fwd R between M's feet heel to toe piv ½ rt fc, Sd & Fwd L cont tm around man, brush R to L, Fwd R;)

7 - 8 THRU SEMI CHASSE; P/UP CP/LOD

(7) same as ms (6) part A. (8) same as ms (10) part A

1-2 END
CHAIR & TILT; EXTEND ARMS; (M LF WRT)

(1) Lunge Thru R relaxing knee turn head to look at woman; (2) Extend arms up & out, M's Lf W's Rt.(Optional - Hold imaginary phone to ear as music fades.)

PALOMINO RECORDS, INC
 2818 HWY 44 EAST
 SHEPHERDSVILLE KY 40165
 (502) 542 1521

ABC AD A

	WAIT SWAY APART	WAIT TOGETHER TO CP
A	VIENNESE TURN CROSS SWIVEL & CHECK OUTSIDE CHANGE SCP THRU PROMENADE SWAY	---- BACK BACK LOCK BACK THRU CHASSE SCP CHANGE TO OVERSWAY
	HOVER EXIT DIAMOND TURN ----	PICKUP SIDE CLOSE ----
	CROSS HOVER SCP	END SCAR THRU FACE CLOSE (1) PICKUP SIDE CLOSE (2) CHAIR & TILT (3)
B	WHISK PROMENADE LOCK BACK PASSING CHANGE BACK PASSING CHANGE	RIPPLE CHASSE RIGHT LUNGE & HOLD OUTSIDE CHECK BOX FINISH DLC
	2 LEFT TURNS FC DLW HOVER DOUBLE REVERSE WHIPLASH	---- PICKUP SIDE CLOSE TELEMARK SCP OUTSIDE SWIVEL
C	WEAVE TO SCP IN & OUT RUNS SLOW SIDE LOCK MANEUVER	---- CLOSED TELEMARK HESITATION CHANGE
D	LEFT TURN BACK WHISK TURN LEFT & RIGHT CHASSE THRU CHASSE SCP	HOVER CORTE WING IMPETUS SCP PICKUP SIDE CLOSE
	END EXTEND ARMS	

CARO MIO (HARCOURT) 4024
(OP-FCG MAN FC DLW LEAD FOOT FREE)