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BLUE RAIN FOXTROT

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Record: Sp Press - available from composers or Palomino Records Release Date: June 1997 Speed: 44
Rhythm: Foxtrot Footwork: Opposite (except as noted) Phase IV + 1 (Natural Hover Cross)
Sequence: INTRO AA BB ENDING

PART B (Continued)
5 - 8 TURN LEFT & CHASSE (BJO); BK & BK/LK BK; OUTSIDE CHG TO

SCP; FEATHER:
5-6 Fwd L, commence upper body tm fwd R trng L/cl L, sd R Bjo; Bk L, bk R/lock L IF, bk R;
7-8 Bk L, bk R trng LF, sd & fwd L (W fwd R, fwd L trng LF, sd & fwd R) to SCP, Fwd R, fwd L, fwd R (W thru L trng LF twd M, sd & bk R to CBjo, bk R) to CBjo;

9 - 12 DIAMOND TURN HALF; OK DIAMOND IN 4; DIP BK; REC;
9-10 Fwd L trng LF on diag to Bjo, cont tm sd R, bk L, trng LF bk R on diag, cont tm sd L, bk R,
11-12 Fwd L trng LF on diag, cont turn sd R, bk L, bk R LOD; Dip bk L taking full wt with relaxed knee
keep R leg extended & toe on floor, Rec R, draw L to R;

13 - 16 DIAMOND TURN HALF; OK DIAMOND IN 4; DIP BK; REC;
Repeat meas 9-12 Part B;

ENDING

1 - 5 2 LEFT TURNS; HOVER; THRU, FC, CL; PROMENADE SWAY;
1-2 Fwd L comm LF upper body tm, cont tm sd & bk R, cl L; BK R comm LF upper body tm, cont to tm sd & fwd L, cl R fc wall;
3-5 Fwd L, fwd & sd R rising to ball of foot (W bk & sd L trng to SCP & rising to ball of ft), rec L SCP, Fwd R, sd & fwd L to CP, cl R to L; Sd & fwd L trng to SCP & stretch body upward to look over joined lead hands, relax L knee;

HEAD CUES

BLUE RAIN FOXTROT

INTRO: (CP DIA LINE & WALL) WAIT; WHISK; PICKUP;

PART A: CLOSED TELEMARK; MANUV; SPIN TURN; BOX BACK; HOVER TELEMARK; PROM WAVE; CHG OF DIRECTION; REVERSE WAVE; BACK FEATH; BK FEATH FIN; THREE STEP; START NATL HOVER CROSS (SCAR); HITCH 4; HOVER CROSS ENDING;

REPEAT PART A:

PART B: OPEN TELEMARK; OPEN NATURAL; OPEN IMPETUS; WING; TURN LEFT & CHASSE (BJO); BK & BK/LK BK; OUTSIDE CHG TO SCP; FEATHER; DIAMOND TURN HALF; OK DIAMOND 4; DIP BK; REC; DIP BK; REC;

REPEAT PART B:

ENDING: 2 LEFT TURNS; HOVER; THRU, FC, CL; PROMENADE SWAY;

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INTRO

MEAS

1 - 4 WAIT; WHISK; PICKUP;
1-4 (CP fc dia line & wall) Wait 2 meas; Fwd L, fwd & sd R commencing rise to ball of foot, XLBR cont to full rise to ball of ft end in tight SCP; Fwd R, small fwd L pickup up W, cl R to L;

PART A

1 - 4 CLOSED TELEMARK; MANUV; SPIN TURN; BOX BACK;
1-2 Fwd L, fwd & sd R around W trng LF, step fwd & sd L tight Bjo (W Bk R commencing LF heel tm bring L beside R with no wt, cont LF tm on R heel & change wt to L, step bk & sd R); Commence RF tm fwd R, cont RF tm to fc ptrn sd L, cl R;

3-4 Commence RF upper body tm bk L toe pivot 1/2 RF, fwd R between W's feet heel to toe cont tm leave L ft extended bk & sd, recover sd & bk on L (W Commence RF upper body tm fwd R between M's feet heel to toe pivot 1/2 RF, bk L toe cont tm brush R to L, fwd R), Bk L, sd R, cl L LOD/Wall;

5 - 8 HOVER TELEMARK; PROM WAVE; CHANGE OF DIRECTION;

5-6 Fwd L, diag sd & fwd R rising & tm slightly RF, fwd L on toes SCP (W bk R, diag sd & bk L rising & tm slightly RF, fwd R small step on toes); Fwd R, fwd L trng LF to CP, sd & slightly bk on R CBjo diag line/ctr (W Fwd L, sd & slightly bk R to CP, cont trng on R ft until fc LOD then fwd L diag line/ctr);
7-8 Bk L diag line/ctr, bk R trng body LF & tm W to CP, sd & slightly fwd L, fwd R CBjo diag line/wall (W fwd R to CBjo, fwd L diag line/ctr tm LF to CP, sd & slightly bk R, bk L); Fwd L diag line/wall, fwd R with R shldr lead & tm LF, draw L to R & brush;

9 - 12 REVERSE WAVE; BACK FEATH; BK FEATH FINISH;

9-10 Fwd L start LF body tm, sd R fc DRC, bk L (W bk R commence LF tm, cl L to R cont LF tm, fwd R in CP); Bk R, bk L commence curve LF, bk R CP RLOD (W fwd L, fwd R commence curve LF, fwd L);
11-12 Bk L, bk R with R shldr lead, bk L to Bjo; Bk R trng LF, sd & fwd L, XRIF (W XLIB) CBjo;

13 - 16 THREE STEP; START NATURAL HOVER CROSS; HITCH 4;

HOVER CROSS ENDING;
13-14 Fwd L blind to CP, fwd R, fwd L; Fwd R start RF tm, cont tm sd L, with strong RF tm on L step sd R to fc DC (W fwd L, fwd R with RF tm, bk L on toe) to SCar;

15-16 In SCar fwd L, cl R, bk L, cl R; Fwd L across R on toe, rec R, sd & fwd L, fwd R (W bk R on toe, rec L, small sd R, bk L) to Bjo/DC;

PART B

1 - 4 OPEN TELEMARK; OPEN NATURAL; OPEN IMPETUS; WING;

1-2 Fwd L blend to CP & comm LF turn, sd R cont turn (W heel tm), sd & fwd L SCP DW; Fwd R tm RF, sd & bk L, bk R with rt shldr lead (W fwd L, fwd R, fwd L) to CBjo;

3-4 Bk L tm RF, cl R to L cont tm (W fwd around M brush R to L), fwd L SCP; Fwd R, draw L fwd R, 1ch L to R trng upper body LF with lift sd stretch (W fwd L begin XIF of M trng slightly LF, fwd R around M cont tm LF, fwd L around M cont tm LF) end tight Scar.