



# BELSIZE

4

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 Record: Parrot 45-40032 "Les Bicyclettes de Belsize" by Englebert Humperdinck  
 Sequence: Intro-A-Inter-B-B-A-Inter-B-B-Ending  
 Rhythm: Waltz  
 Roundalab Phase III

Suggested Speed: 45

## INTRO

- 1 - 4** WAIT 2 MEAS.; ROLL 3; THRU,FC,CL;  
 1-2 In Bfly/Wall wait 2 meas;;  
 3-4 Release hands and roll LF (W RF) down LOD L,R,L (W R,L,R); Step thru on R. blend bk to Bfly sd L,cl R(W thru on L,sd R,cl L);
- 5 - 8** BAL L & R.; TWIRL/VINE 3; THRU,FC,CL;  
 5-6 In Bfly/Wall step sd L,XRIB,rec L(W sd R,XLIB,rec R); Sd R,XLIB,rec R (W sd L, XRIB,rec L);  
 7-8 Sd L,XRIB,sd L(W sd & fwd R trng RF,sd & bk L cont RF trn,sd R); Repeat meas 4 of Intro;

## PART A

- 1 - 4** WALTZ AWAY; TRN IN FC REV; BKWD WALTZ; BK,SD,THRU;  
 1-2 Release lead hands and waltz slightly away down LOD on L,sd R,cl L(W waltz slightly away down LOD on R,sd L,cl R); Waltz tog R,sd L down LOD join lead hands and release other hands,trng RF step bk R twd LOD(W tog L,sd R down LOD join lead hands and release other hands,trng LF step bk L twd LOD)to LOP/RL0D;  
 3-4 Waltz backward down LOD bk L,bk R,cl L(W bk R,bk L,cl R); Step bk R,trng LF step sd L twd LOD,step thru on R(W bk L,trng RF step sd R twd LOD,step thru on L) to SCP/LOD;
- 5 - 8** FWD WALTZ; CROSS PIVOT TO SCAR; TWINKLE BJO REV; STEP,PT;  
 5-6 In SCP/LOD waltz fwd L,fwd R,cl L(W fwd R,fwd L,cl R); Fwd R in front of W start RF trn,sd L cont RF trn,fwd R(W fwd L small step,fwd R bet M's feet pivot 1/2 RF,sd & bk L)to SCar/LOD;  
 7-8 In Scar step fwd L,sd R,cl L(W step bk R,sd L,cl R)to Bjo/RL0D; Step fwd twd RL0D on R,pt L twd RL0D(W step bk twd RL0D on L,pt R twd RL0D),-;
- 9 - 12** IMPETUS TO SCP; THRU,FC,CL; VINE 3; THRU,FC,CL;  
 9-10 In Bjo/RL0D start RF trn bk L,cl R for heel trn cont trn,fwd L(W start RF trn fwd R outside M,sd & fwd L cont trn around M,brush R to L,fwd R)SCP; In SCP repeat action of meas 4 of Intro ending CP/Wall;  
 11-12 In CP/Wall sd L,XRIB,sd L(W sd R,XLIB,sd R); Repeat action of meas 4 of Intro;
- 13 - 16** DIP BK; REC.PIVOT,2; TWIRL/VINE 3; THRU,FC,CL;  
 13-14 In Cp/Wall dip bk to COH on L,-,-; Rec on R trng RF,pivot down LOD bk L,fwd R(W rec on L trn RF,pivot fwd R,bk L);  
 15-16 Repeat action of meas 7-8 of Intro ending Bfly/Wall;;

## INTERLUDE

- 1 - 4** BAL L & R.; TWIRL/VINE 3; PICKUP SCAR;  
 1-2 Repeat action of meas 5-6 of Intro;;  
 3-4 Repeat action of meas 7 of Intro; M step thru R,sd L,cl R(W step thru L,sd R,cl L)to SCAR/DW;

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MAY 2001  
 CUE SHEET Magazine  
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**PART B**

- 1-4** **PROG TWINKLE BJO; TWINKLE SCAR; TWINKLE BJO; STEP,PT;**  
 1-2 In SCar/DW XLIF, sd R, cl L(W XRIB, sd L, cl R) to Bjo/DC; XRIF, sd L, cl R(W XLIB, sd R, cl L) to SCar/DW;  
 3-4 In SCar/DW repeat action of meas 1 Part B; In Bjo/DC step fwd R, pt L fwd twd DC(W step bk L, pt R bk twd DC) Bjo/DC,;
- 5-8** **BK PROG TWINKLE SCAR; TWINKLE BJO; TWINKLE SCAR; STEP,PT;**  
 5-6 In Bjo/DC XLIB, sd R, cl L(W XRIF, sd L, cl R) to SCar/DW; XRIB, sd L, cl R(W XLIF, sd R, cl L) Bjo/DC;  
 7-8 In Bjo/DC repeat action of meas 5 Part B; In SCar/DW step bk R, pt L bwd twd DRC(W step fwd L, pt R fwd twd DRC) SCar/DW,;
- 9-12** **CROSS HOVER SCP; THRU, SD, BEHIND; ROLL 3; THRU, FC, CL;**  
 9-10 In SCar/DW XLIF, sd R, rec L(W XRIB, sd L trng RF slightly, rec R) SCP/LOD; Step thru on R, sd L to loose CP/Wall, XRIB in loose CP(W step thru on L, sd R to loose CP, XLIB in loose CP);  
 11-12 Release all hands & roll LF L, R, L, (W roll RF R, L, R); Step thru on R, sd L, cl R(W step thru on L, sd R, cl L) blend to Bfly/Wall;
- 13-16** **BAL L & R; TWIRL/VINE 3; PICKUP SCAR;\***  
 13-14 Repeat action of meas 1-2 of Interlude;;  
 15-16 Repeat action of meas 3-4 of Interlude;;  
 \* **Note: 2nd and 4th time thru Part B do: THRU, FC, CL to Bfly in meas 16.**  
 \*\* **Note: Last time thru B, music starts retarding slightly in meas 13.**
- 1-2** **LUNGE LINE AND SLOWLY LOOK TO REVERSE;:**  
 1-2 Lunge on L(W on R) twd LOD and look LOD and very slowly look to Reverse;;

**ENDING**