

ALWAYS

Composers : Sam & Jody Shawver, 3320 Topaz Lane, Fullerton, CA 92631
Record : Telemark No. 15372 - 'Always'
Footwork : Opposite, directions for M except where noted
Sequence : INTRO-A-B-A-B-TAG

Meas.

INTRO.

- 1- 6 WAIT; WAIT; BACK HINGE; RF PIVOT; TWIST TURN; HESITATION CHANGE(Contra-Body);**
 - 1-2 In CP wait 2 meas fcg wall/LOD; ;
 - 3 (Back Hinge) M bk R commencing LF trn, side L & extend R leg, hold one ct, (W fwd L, side R, XLIB trn head well to L, M's head well to R);
 - 4 (RF Pivot) M hold one ct, pivot RF R,L, (contra-body) RLOD/wall;
 - 5 (Twist Trn)(Timing is 123) M XRIB of L commencing RF twist trn, continue trn on toe of R & heel of L, take wgt to R & rise high to toe, side/back to L toe to fc RLOD/wall (W fwd L, fwd R, fwd L, brush R to L, rec on R between M's feet CP);
 - 6 (Hesitation Change) M bk R twd COH/LOD, side & fwd L twd LOD/wall, draw R to L blending (contra-body);

PART A

- 1- 4 MANUV; RUNNING SPIN; OUTSIDE CHANGE(SCP); THRU CHASSE;**
 - 1 (Contra-Body wall/LOD) M fwd R commencing RF trn, side L twd wall/LOD continue RF trn, close R to L fc RLOD;
 - 2 (Running Spin)(Timing is 12/3) M bk L small step toeing in commencing RF spin, fwd R to LOD continue RF spin, side L LOD continue RF trn, bk R twd COH/LOD (contra-body)(W fwd R, side L to wall side R to LOD, fwd L blending (contra-body);
 - 3 (Outside Change) M bk L, bk R commencing LF trn, side & fwd L to wall/LOD (SCP) (W fwd R, fwd L, side & fwd R (SCP) wall/LOD);
 - 4 (Chasse) M fwd R, side L/close R to L, side & fwd L blending (Bjo);

- 5- 8 MANUV; BACK HOVER TELEMAR; WEAVE,2,3(Contra-Body); HESITATION CHANGE(CP)LOD/COH;**
 - 5 Repeat action of meas 1 of PART A;
 - 6 M bk L commencing RF trn, bk R & continue RF trn, side & fwd L to COH/LOD (SCP);
 - 7 (Weave 3) M fwd R, fwd L starting LF 1/4 trn, side & bk R twd LOD/wall (contra-body) (W fwd L, fwd R in front of M, side & fwd L twd LOD/wall);
 - 8 (Hesitation Change) M bk L twd LOD/wall commencing 1/4 RF trn, side R twd LOD/wall, draw L to R blending CP COH/LOD;

- 9-12 (LF)TURN WALTZ; TOP SPIN; CHECK & WEAVE; CONTINUE WEAVE;**
 - 9 (CP COH/LOD) M fwd L starting LF trn, side R to COH/LOD, close L to R;
 - 10 (Top Spin) M bk R commencing LF trn, side L to LOD (CP) X R in front of L (W XIB) & spin LF 1/2 rec on L fc COH (CP) (Timing is 12/3);
 - 11 (Check & Weave) M bk R checking movement, rec L trng LF (CP), side & bk R twd LOD/COH (contra-body);
 - 12 (Continue Weave) M bk L, bk R blending CP & commence LF trn, side/ fwd L twd wall/LOD (contra-body);

- 13-16 MANUV; SPIN; TWIST; BACK,SIDE,CLOSE;**
 - 13 Repeat action of meas 1 of PART A;
 - 14 M bk L commence RF spin, fwd R LOD continue spin, side L LOD;
 - 15 Repeat action of meas 5 of INTRO;
 - 16 (CP wall) M bk R commencing LF trn to fc wall/LOD, side L, close R to L to fc LOD/wall;

PART B

- 1- 4 FWD WALTZ; MANUV; SPIN & SLIP; DOUBLE REV SPIN;**
 - 1 (CP wall/LOD) M fwd L, side/fwd R, close L to R;
 - 2 (Manuv) Repeat action of meas 1 of PART A;
 - 3 (Spin & Slip)(Timing is 123&) M bk L commence RF trn, fwd LOD R continue trn, side L LOD & check RF spin, M trn body strongly to L & slip R ft bk twd RLOD/wall (W fwd R commence RF trn, side L & continue trn, side R LOD check RF spin, trn body strongly to L & slip L ft to (CP);

ALWAYS – continued

- 4 (Dble Rev Spin) LOD/COH M fwd L commence LF trn, side R twd COH & continue spin, tch L to R (W bk R, (heel trn) bring L to R transfer wgt to L toe continue LF trn, side & bk R LOD continue trn, XLIF R;
- 5- 8 **CHECKED REV TURN; 'X' LINE FALLAWAY SLIP; CURVING 3; BACK TURN, SIDE/CLOSE, SIDE;**
- 5 (CP LOD) M fwd L commence LF trn, side & fwd R twd LOD/COH, step high on toes, keep L ft in place, sway R trn head well to R, hold 1 ct (W bk R commence LF trn, close L to R (heel trn) rise high on toes, head well to L, hold pos 1 ct);
- 6 (CP COH/RL0D) Lower to R heel quickly & relax R knee & trn head sharply to L to SCP RL0D, as R heel lowers, the L ft will move outward twd wall for a wide Ronde (W trn head & body R as she lowers to L heel & relax knee, swing R outwards twd COH for Ronde) keeping wgt on R continue Ronde & step bk LOD, bk R commence strong LF trn to fc wall/LOD (W slip pivot to CP on L);
- 7 (Curving 3) Fwd L commence LF trn, fwd R & continue LF trn, fwd L cross slightly in front of R on toes checking fwd motion COH/RL0D;
- 8 (Bk Trn Chasse) M bk R twd LOD/wall commencing LF trn, side L twd LOD/wall close R to L, side & fwd L blend (contra-body);
- 9-12 **MANUV; PIVOT (To Hairpin); PREPARATION (SCP); LUNGE;**
- 9 (Manuv) Repeat action of meas 1 of PART A;
- 10 (Pivot to Hairpin) M bk L commence RF trn, fwd R to LOD continue trn, fwd L continue trn, fwd R (contra-body) wall/RL0D (W fwd R commence RF trn, bk L continue trn, side R to wall, bk L cross slightly in bk of R (Timing is 12&3);
- 11 (Preparation) M bk L commence RF trn to fc RL0D/COH tch R to L, hold 1 ct (W fwd R commence RF trn, close L to R (SCP), hold 1 ct);
- 12 (Same Foot Lunge) SCP M side R twd COH/LOD, bend R knee, L leg extended, (head looking over L hand) W cross R in bk of L, flex knee trng head well to L);
- 13-16 **HOLD, REC, CLOSE (W HOLD, REC, SWIVEL); OUTSIDE SPIN (Under Trn); BACK TURN, SIDE, CLOSE; CLOSED TELEMARK;**
- 13 Hold one ct this meas of SAME FT LUNGE, M rec on L, close R to L (W hold 1 ct, rec on L & swivel to contra-body);
- 14 (Outside Spin Under Trn) M bk L small step toeing in commence RF spin, fwd arnd W on R continue spin, side & bk L to COH (W fwd R strong step, bring L to R on toe continue spin, take wgt to L & fwd between M's feet on R);
- 15 M bk R commencing LF trn to fc COH/LOD, side L RL0D/COH, close R;
- 16 (Closed Telemark) M fwd L commencing LF trn, side R twd COH/LOD continue LF trn, side & fwd L (contra-body LOD/wall) (W bk R, bring L to R (Heel Trn), take wgt on L, step side & bk R LOD/wall);
- TAG**
- (Contra-Body LOD/wall) Fwd R start R fc pivot, side L continue pivot, side R to SCP, lower to 'X' Line & hold;