

## ALL THE THINGS YOU ARE

Composers : Phil & Norma Roberts, 6220 Westlake North Drive, Indianapolis, Ind. 46224

Record : Telemark No. 940

Footwork : Opposite, directions for M except as noted

Sequence : A-B-A-B - meas 20 PART B modified for ENDING

Meas.

## INTRO.

1- 4 WAIT;WAIT; (% Basic)FWD,REC,SIDE,-; (Nat Top)XIB,SIDE,CLOSE,-;

1-2 CP M fcg wall wait 2 meas; ;

3 (% Basic) Fwd twd wall L, rec R, side L starting R-fc trn,-;

4 (Nat Top) Place R ft behind L heel toe trnd out trng R-fc, side & fwd L continue R-fc trn, close R to L ending in CP M fcg wall (W side & bk L trng R-fc, XRIF of L continue R-fc trn, side L twd RLOD, let R brush twd L), -;

## PART A

1- 4 (% Box)SIDE,CLOSE,FWD,-; (Chassee)SIDE,CLOSE,SIDE,-; (New Yorker)XIF,REC,SIDE,-; (Aida)FWD(trn R),BK,BK,-;

1 (% Box) Side LOD L, close R, fwd L,-;

2 (Chassee) Side RLOD R, close L, side R,-;

3 (New Yorker) XLIF twd RLOD releasing M's R & W's L hands, rec R to fc ptr & wall, side & fwd L to loose SCP fcg LOD,-;

4 (Aida) Fwd R strong R-fc trn to fc RLOD & wall (W fwd L trn L-fc to fc RLOD & COH), curving R-fc bk up twd LOD & COH L,R (W curve L-fc bk up R,L) to 'V' bk-to-bk pos lead hands extended twd RLOD,-;

5- 8 (Switch & Fan)SIDE,REC,FWD,FAN; (L Whisk)THRUSIDE,XIB,-; (Diag L & R)CUCARACHAS,-;

5 (Switch & Fan) Keeping M's R & W's L ft in place twist upper body L-fc (W twist R-fc) push L ft swd twd LOD (pressure step), rec R, fwd RLOD L in L OP, fan R CCW (W fan L CW);

6 (L Whisk) Thru LOD R to fc ptr & wall, side LOD L to CP, XRIB of L flat on the foot (no rise) staying in CP fcg wall,-;

7 Relaxing R knee trn slightly L-fc & push inside edge of L ft to the floor diag LOD & COH (W R twd LOD & wall), rec R to fc ptr, close L,-;

8 Repeat action of meas 7 starting on M's R ft RLOD & COH end CP fcg wall,-;

9-12 (% Basic)FWD,REC,SIDE,-; (Fan)BK,REC,SIDE,-; (Alemana & Spiral)FWD,REC,CLOSE,-; BK,REC,CLOSE,-;

9 (% Basic) Fwd twd wall L, rec R, side L,-;

10 (Fan) Bk COH R, rec L, side R (W fwd L, side & bk R trng L-fc, bk LOD L leaving R extended twd RLOD) end M fcg wall - W fcg RLOD lead hands joined,-;

11 (Alemana & Spiral) Fwd twd wall L, rec R, close L (W close R to L, fwd L, fwd R trng R-fc under lead hands), -;

12 Bk COH R, rec L, close R (W continue R-fc trn walking fwd L,R,L to end IF of M slightly on his R side still fcg RLOD, on 4th ct spiral R-fc under lead hands on ball of L ft letting R ft XIF of L toe pointed twd floor ending on M's R side fcg COH lead hands held high), -;

13-15 (Rope Spin)SIDE,REC,CLOSE,-; BK,REC,CLOSE,-; (Side Step)SIDE,CLOSE,SIDE,CLOSE; SIDE,CLOSE(W twirl,2), FWD,2;

13-14 (Rope Spin) M Cucaracha L & R as W circles arnd behind M R,L,R,-; on arnd L,R,L to end in CP M fcg wall,-;

15 (Side Step) Side LOD L, close R, side L, close R;

16 Side L, close R (W twirl R-fc under lead hands R,L to fc RLOD), M fwd LOD L,R (W bk up LOD R,L) end L OP fcg LOD;

## PART B

1- 4 (Open Hip Twist)FWD,REC,CLOSE,-; BK,REC,SIDE,-; (Hockey Stick)FWD,REC,CLOSE,-; BK,REC,FWD,-;

1-2 (Open Hip Twist) Fwd LOD L, rec R, close L,-; bk R, rec L, side R (W close R to L, fwd twd ptr L,R,-; strong R-fc trn on ball of R ft keeping shoulders parallel to ptr XIF of M on L starting L-fc trn, side & bk R continue L-fc trn, bk twd COH L leaving R extended twd wall), -;

3-4 (Hockey Stick) Fwd LOD L, rec R, close L raising lead hands,-; bk R, rec L, fwd twd LOD & wall R (W close R to L, fwd IF of M L,R,-; fwd L trng L-fc under lead hands, side & bk R continue L-fc trn, bk twd LOD & wall L), -;

## ALL THE THINGS YOU ARE – continued

- 5-8 (Spiral) FWD,REC,CLOSE,-; (L & R Cucarachas-W foot swivels) SIDE,REC,CLOSE,-; SIDE,REC,CLOSE,-;  
(W walkout) BK,REC,CLOSE,-;
- 5 (Spiral) Fwd LOD & wall L, rec R, close L raising lead hands (W bk R, rec L, fwd R, on the 4th ct  
W spiral L-fc under lead hands on ball of R ft letting L ft XIF of R toe pointed twd floor) end in  
Shadow pos both fcg LOD & wall,-;
- 6-7 Holding lead hands high above W's head M use small steps to Cucaracha first R then L (W swivel L-fc on  
ball of R ft to step fwd small step L, swivel on ball of L ft to step fwd small step R, swivel on ball of R ft  
step fwd small step L,-; repeat the swivels starting with a swivel R,L,R),-;
- 8 M bk RLOD & COH small step R, rec L, to fc LOD, fwd LOD R (W fwd L, bringing lead hands over head  
& down in front of body at waist & trng L-fc, side & bk R, bk LOD L) end in L OP M fcg LOD,-;  
NOTE: This trn for W is very gentle!
- 9-12 (Progressive Walks) FWD,2,3,-; FWD,2,3,-; APART,REC,WRAP,-; WHEEL,2,3,-;
- 9-10 In L OP fwd LOD L,R,L,-; R,L,R (W bking up),-;
- 11 Rock apart L, rec R, fwd L into wrapped pos (W bk R, rec L start L-fc wrap, side & bk R end in wrap)  
fcg LOD,-;
- 12 Wheel fwd trng R-fc ½ R,L,R (W bk up L,R,L) to end fcg RLOD,-;
- 13-16 WHEEL,2,3,-; UNWRAP,2,3,-; (Chassee) SIDE,CLOSE,SIDE,-; (Hnd-to-Hnd) BK,REC,SIDE,-;
- 13 Continue wheel L,R,L to fc LOD,-;
- 14 M fwd LOD R,L,R to fc wall & ptr in Bfly (W unwrap R-fc L,R,L to fc COH),-;
- 15 (Chassee) Side LOD L, close R, side L,-;
- 16 (Hand-to-Hand) Release M's R & W's L hands trn R-fc to step bk LOD R, rec L to fc ptr, side RLOD R  
(W opp) keep lead hands joined,-;
- 17-20 BK,REC,FWD(SCP),-; (Kiki Walks) FWD,2,3,-; FWD,2,3,-; PICK UP,FWD,SIDE,BRUSH;
- 17 Trn L-fc assuming SCP bk RLOD L, rec R, fwd L starting a curve to the L,-;
- 18-19 In SCP fwd R,L,R,-; L,R,L to fc wall in SCP each step is taken swiveling just slightly on weighted ft to  
place other ft in front of weighted ft and the fwd walking steps form an arch circling L-fc,-;
- 20 SCP fwd twd wall R picking W up to CP, fwd L, swd RLOD R, let L ft brush twd R;

## ENDING

Meas 20 modified: Fwd wall R pick up W to CP, fwd L, point R swd twd RLOD (W point L) look twd LOD,-;

1-2 wait; wait  
3-4  $\frac{1}{2}$  basic; natural top

---

## A

1-2  $\frac{1}{2}$  box; chasse  
3-4 new yorker; aida  
5-6 switch & fan; left whisk  
7-8 diagonal cucarachas; ----

---

9-10  $\frac{1}{2}$  basic; fan  
11-12 alemana & spiral; ----  
13-14 rope spin; on around to closed  
15-16 side step; twirl 2 & forward 2

---

## B

1-2 open hip twist; ----  
3-4 hockey stick; ----  
5-6 lady spiral; lady swivel  
7-8 ----; lady walkout

---

9-10 progressive walks; ----  
11-12 rock apart & wrap; wheel 3 & 3 face line  
13-14 ----; unwrap to BFLY  
15-16 chasse; hand to hand  
17-18 rock back recover & forward; kiki walk to  
face wall  
19-20 ----; pickup forward side & brush  
(throwout & point)

---

ALL THE THINGS YOU ARE 270  
(wait CP WALL)

---