

DO THE CHA

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RECORD: SPECIAL PRESSING (FLIP BLUE ORCHIDS)

RHYTHM: CHA CHA PHASE V+2

SEQUENCE: INTRO A B C A C A(1-6) ENDING

INTRO

MEAS

1-8 WAIT LEAD IN NOTES & ON 3RD "LA" UMBRELLA TURN:::: CHASE::::

- 1-4 L HAND STAR M fc RLOD (LOD) on 3rd "LA" fwd L,rec R,bk L/close R,bk L;
bk R,rec L,fwd R/cl L,fwd R; fwd L,rec R,bk L/cl R,bk L; bk R,rec L,sd R/cl L,sd R;
(bk R,rec L,fwd R trn 1/2 lft fc/cl L,bk R; bk L,rec R,fwd L trn 1/2 lft fc/cl R,bk L; bk
R,rec L,fwd R trn 1/2 lft fc/close L,bk R; bk L,rec R,fwd L trn 1/4 rt fc/cl R,sd L;
- 5-8 fwd L trn rf 1/2,rec fwd R,fwd L/cl R,fwd L; fwd R trn lf 1/2,rec fwd L,fwd R/cl L,
fwd R; fwd L,rec R,bk L/cl R,bk L; bk R,rec L,fwd R/cl L,fwd R; (bk R,rec L,fwd R/cl
L,fwd R; fwd L trn rf 1/2,rec fwd R,fwd L/cl R,fwd L; fwd R trn lf 1/2,rec fwd L,fwd
R/cl L,fwd R; fwd L,rec R,bk L/cl R,bk L;)

PART A

1-4 ADVANCED ALEMANA:: HAND TO HAND: AIDA:

- 1-4 fwd L,rec R,trn 1/8 rf sd L/R,L(bk R,rec L,sd R/L, R trn rf 1/8 rf); XRIB of L trn rf,
sd L trn 3/8 rf R/L,R in pl COH (fwd LXIF of R trn rf,fwd R cont trn,fwd L cont trn
fc/cl R,sd L); XIB to sd by sd, rec to fc,sd/cl sd; thru R trn rf,sd L cont rf trn,
bk R/lk LIF bk R (thru L trn lf,sd R cont lf trn,bk L/lk RIF of L,bk L);

5-8 SWITCH: CUCARACHA: ADVANCED ALEMANA::

- 5-8 trn lf to fc sd L check bring joined hands thru,rec R,XLIF trn lf to fc/sd R,XLIF
(trn rf to fc sd R check bring joined hands thru,rec L,XRIF trn rf to fc/sd L,XRIF);
sd,rec,cl/step,step; fwd L,rec R,trn 1/8 rf sd L/R,L(bk R,rec L,sd R/L,R trn rf 1/8 rf);
XRIB of L trn rf,sd L trn 3/8 rf R/L,R in pl to fc wall (fwd LXIF of R trn rf,fwd R
cont trn,fwd L cont trn fc/cl R,sd L); to a handshake

PART B

1-5 1/2 BASIC TO TURKISH TOWEL:::::

- 1-4 fwd L,rec R,sd L/cl R,sd L (bk R,rec L,fwd R/cl L,fwd R);bk R,rec L,sd R/cl L,sd R
to varsouviennne man in front of woman on her rt sd(fwd L trn 1/4 rf,fwd Rtrn 1/4 rf,sd
L/cl R,sd L beh man); bk L,rec R,sd L/cl R,sd L to woman's rt sd(fwd R,rec L,sd R/cl
L,sd R to his lft sd); rk bk R,rec L,sd R/cl L,sd R to woman's rt sd(fwd L,rec R,sd
L/cl R,sd L to man's lft sd); rk bk L,rec R,sd L/cl R,sd L to woman's rt sd(fwd R,rec
L,sd L/cl R,sd L to man's lft sd);

PART B CONT'D

6-8 WHIP: ALEMANA::

6-8 bk R trn 1/4 lf,rec fwd L cont trn 1/4,sd R/cl L,sd R (fwd L outsd man on his rt sd,fwd R trn 1/2 lf,sd L/cl R,sd L); fwd L,rec R,sd L/cl R,sd L(bk R,rec L,sd R/cl L,sd R); bk R,rec L,sd R/cl L,sd R(fwd L xif of R trn rf,fwd R cont trn,sd L/cl R,sd L);

PART C

1-4 OP HIP TWIST: FAN: START HOCKEY STICK: CUBAN BREAKS:

1-4 rk fwd L,rec R,bk L/cl R,bk L(rk bk R,rec L,fwd R/fwd L/fwd R/swivel 1/4 rf on R); bk R,rec L,sd R/cl L,sd R(fwd L,trn lf sd & bk R 1/4 lf trn to lft,bkL/lk RIF,bk L leaving R extended fwd with no weight); fwd L,rec R, in pl L/R,L(cl R,fwd L,fwd R/L,R); XIF/rec,sd XIF/rec,sd;

5-8 HOCKEY STICK ENDING LOP: NEW YORKER: SPOT TURN: NY IN 4:

5-8 bk R,rec L,fwd R/cl L,fwd R(fwd L,fwd R trn lf to fc,bk L/cl R,bk L on diagonal); thru L to LOP,rec R to fc,sd L/cl R,sd L(thru R to LOP,rec L to fc,sd R/cl L,sd R); XRIF(XLIF)trn on xing foot,rec trn,sd/cl sd; thru L to LOP,rec R to fc,sd L,sd R (thru R to LOP,rec L to fc,sd R,sd L);

9-12 KICK TO A 4 & TRIPLE CHA FWD::START TRIPLE CHA BK:

9-12 kick L(R) thru to rev swvl on supporting foot fwd L/lk R in bk of L,fwd L(fwd R/lk L in bk of R,fwd R); fwd R/lk L in bk,fwd R(fwd L/lk R in bk,fwd L); fwd L/lk R in bk, fwd R(fwd R/lk L in bk,fwd R); fwd R,rec L,bk R/lk L if of R,bk R(fwd L,rec R, bk L/lk R if of L,bk L);

13-18 FINISH TRIPLE CHA BK:: RK BK REC TO FC: UNDERARM TRN:CUCARACHA::

13-18 bk L/lk R if of L,bk L(bk R/lk L if of R,bk R); bk R/lk L if of R, bk R(bk L/lk R if of L,bk L); bk L,rec R to fc,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R(XLIF of R trn rf, rec cont rf trn,sd L/cl R,sd L); sd L,rec R,cl L/R,L; sd R,rec L,cl R/L,R;

ENDING

1 OPEN BREAK & HOLD:

1 rk apt trailing hands high & hold