

DO THE CHA III

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CHOREOGRAPHERS: MIKE & LINDA LIBERTI 602-895-6018
10502 E ELMHURST DR SUN LAKES, AZ 85248

RECORD: SPEC PRESS DO THE CHA (FLIP OF BLUE ORCHIDS)
RHYTHM: CHA CHA SPEED: 45 PHASE: III + 2 (FAN, HOCKEY STICK)
DIRECTIONS FOR MAN OPPOSITE FOR WOMAN EXCEPT AS NOTED
SEQUENCE: INTRO A B C B C END

INTRO

- 1-4 OP LOD WAIT LEAD IN NOTES;; ON 3RD "LA" FIGURE 8;;;
 - 1-2 on the 3rd "LA" fwd L tm lf, fwd R, fwd L/cl R, fwd L; fwd R cont lf tm to fc prtnr, fwd L, fwd R/cl L, fwd R;
 - 3-4 pass rt shoulders fwd L, fwd R, fwd L/cl R, fwd L; fwd R tm rf, fwd L, fwd R/cl L, fwd R to bfly COH;
- 5-8 SHOULDER TO SHOULDER;; BASIC;;
 - 5-6 fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L; fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R;
 - 7-8 fwd L, rec R, sd L/cl R, sd L bk R, rec L, sd R/cl L, sd R;

A

- 1-4 VINE 2 FC TO FC; VINE 2 BK TO BK OP; SLIDING DOOR; RK APT REC FWD CHA;
 - 1-2 sd L RLOD ,xRib, sd L/cl R, sd L tm lf; sd R, xLib, sd R/cl L, sd R tm rf to OP;
 - 3-4 rk sd L, rec R, xLif/sd R, xLif crossing beh w; rk sd R, rec L, fwd R/cl L, fwd R;
- 5-8 WALK & TRN IN BK CHA; RK BK REC CHA TO FC; CUCARACHA;;
 - 5-6 fwd L, fwd R tm in, bk L/cl R, bk L; bk R, rec L to fc, sd R/cl L, sd R;
 - 7-8 sd L with slight pressure, cl R, cl L/sip R, sip L; sd R with slight pressure, rec L, cl R/sip L, sip R;

B

- 1-4 START CHASE TO TANDEM;; M LARIAT W CUCARACHA;;
 - 1-2 fwd L tm rf 1/2, rec R, fwd L/cl R, fwd L (bk R, rec L, fwd R/cl L, fwd R); fwd R tm lf 1/2, rec fwd L, fwd R/cl L, fwd R to tandem;
 - 3-4 lift hands jnd fwd L cw arnd w, fwd R, fwd L/cl R, fwd L; fwd R, fwd L, fwd R/cl L, fwd R to fc wall (repeat)
- 5-8 FINISH CHASE;; CRAB WALK RLOD;;
 - 5-6 fwd L, rec R, bk L/cl R, bk L (fwd R tm lf 1/2, rec L, fwd R/cl L, fwd R); bk R, rec L, fwd R/cl L, fwd R;
 - 7-8 RLOD xLif, sd R, xLif/sd R, xLif; sd R, xLif, sd R/cl L, sd R;

C

- 1-4 BASIC TO FAN;; START HOCKEY STICK; SD ROCK 4;
 - 1-2 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (fwd L, sd & bk R tm lf 1/4, bk L/lk Rif, bk L leaving R extended fwd with no weight);
 - 3-4 fwd L, rec R, sd L/cl R, sd L (cl R, fwd L, fwd R/cl L, fwd R); sd R, sd L, sd R, sd L;
- 5-8 FINISH HOCKEY STICK; NY; SPOT TRN; NY IN 4;
 - 5-6 bk R, rec L, fwd R/cl L, fwd R following w (fwd L, fwd R tm lf to fc, bk L/cl R, bk L on diag); thru L with straight leg to LOP, rec R to fc, sd L/cl R, sd L;
 - 7-8 xRif tm rf, rec L cont tm, sd R/cl L, sd R; thru L with straight leg to LOP, rec R, sd L, rec R;
- 9-12 KICK TO A 4 FWD/LK FWD; FWD/LK FWD FWD/LK FWD; RK FWD REC BK/LK BK; BK/LK BK BK/LK BK;
 - 9-10 kick L thru to RLOD, swivel lf on R fc LOD, fwd L/lk R/fwd L; fwd R/lk L, fwd R, fwd L/lk R, fwd L;
 - 11-12 rk fwd R, rec L, bk R/lk L, bk R; bk L/lk R, bk L, bk R/lk L, bk R;
- 13-16 RK BK REC TO FC; SPOT TRN; CUCARACHA;;
 - 13-14 rk bk L, rec R to fc, sd L/cl R, sd L; repeat meas 7 part C;
 - 15-16 repeat meas 7 & 8 part A;;

END

- 1-4 START THE CHASE TO TANDEM;; MEN LARIAT;;
 - 1-2 repeat meas 1 & 2 part B;;
 - 3-4 repeat meas 3 & 4 part B;;
- 5-7 FINISH THE CHASE;; OPEN BREAK & HOLD
 - 5-6 repeat meas 5 & 6 part B;;
 - 7 rk bk L (rk bk R) LOF trailing arms extended up palm out trailing foot pointed towards prtnr

PALOMINO RECORDS, INC.
2905 Scenic Drive
Marion, Ohio 43302-8386
1-800-328-3800