

245C

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RECORD: SPECIAL PRESSING(flip LET ME SHOW YOU HOW) 510-252-1907
FOOTWORK: Opposite.
SEQUENCE: INT,A,A,INTERLUDE,B,B,ENDING.
TIMING: SQQ Except where noted. FOXTROT
PHASE V+2 (Dbl open telemark, FALLAWAY RONDE & slip).

INTRO

- 1-2 WAIT CP DW; BK HOVER TELEMARKE;
1 CP fcg DW std footwork WAIT 1;
2 M bk L,-, sd & slightly bk R rising[hover] with body turn appr. 1/8 to R, rec L sml. stp fwd on toe to SCP (W fwd on R bet. M's feet swvl RF,-, sd & fwd L rising [hover] with body turn appr 1/4 RF, fwd R on toe to SCP);

PART A

- 1-4 OPEN NATL; OUTSIDE SPIN; BK RISING LOCK; COMM. REV WAVE;
1 M fwd R turn RF,-, sd & bk L, bk R to contra bjo with R shoulder lead backing LOD(W fwd L,-, R,L);
2 Cl L with toe to R heel & L heel turned out pivot RF,-, strong stp fwd R outside ptr cont. RF turn, sml stp sd & slightly bk on L(W strong stp fwd R outside ptr turn RF,-, cl L on toes for RF toe spin, sd & fwd R bet M's feet) end CP fcg DRW;
3 Bk R turn LF,-, sd & fwd L cont. LF turn, xRib of L (W xLif of R) fcg DW in CP;
4 Fwd L comm. LF turn,-, cont. LF turn sd & bk R(W heel turn), bk L DW;
5-8 FINISH REV. WAVE; BK FEATHER; CHK & WEAVE;;
5 Bk R,-, bk L curve LF, bk R LOD;
6 Bk L,-, bk R with R sd stretch(W hd R), bk L with slight LF turn to contra bjo;
7 Chk bk R,-, rec L, sd & bk R to fc DRW[contra bjo thruout];
8 Bk L, bk R to cp turn LF, sd L LOD, fwd R DW to contra bjo;
9-12 HOVER TELEMARKE; CURVED FEATHER; BOUNCE BK FEATHER; WEAVE ENDING;
9 Fwd L blend to CP,-, fwd & sd R with R sd stretch rise & turn W to SCP, fwd L DW;
10 M fwd R comm. RF turn,-, sd & fwd L, strong RF body turn fwd R on toe with thighs x in contra bjo fcg DRW(W fwd L comm LF turn,-, sd & bk R cont. turn, bk L to contra bjo pos);
S&S& 11 Bk L with strong stp rising @ end,-/bk R lower @ end of stp, bk L with strong stp rising @ end,-/bk R lower @ end of stp backing DC in contra bjo(W fwd R,-/fwd L, fwd R,-/fwd L);
QQQQ 12 Bk L in contra bjo, bk R with LF body turn blend to CP, sd & slightly fwd L, fwd R to contra bjo DW;
13-16 WHISK; FEATHER; DOUBLE OPEN TELEMARKE;;
13 Fwd L,- fwd & sd R sway L(W sway R), xLib of R on toes turning W to SCP fcg DC;
14 M thru R,-, fwd L, fwd R to contra bjo DC(W thru L turn LF,-, bk R, bk L);
15 Fwd L blend to CP turn LF,-, sd & fwd R cont. LF turn(W heel turn), sd & fwd L[7/8 total turn] in SCP;
&QQS 16 M fwd R(heel lead) comm. LF turn/fwd L cont. turn, sd & fwd R, cont. turn sd & fwd L to tight SCP fcg DW[3/4 total turn](W fwd L turn LF to CP/bk R cont. LF turn, bk L to R with toe spin & take wgt on L, fwd R to SCP);

- 1-2 NATL HOVER CROSS;:
 1 Fwd R comm. RF turn,-, sd & fwd L around W, sd & fwd R to fc DC in contra SCAR;
 QQQQ 2 Chk fwd L, rec R, sd L, xRif of L in contra bjo DC;

PART B

- 1-4 REVERSE TURN;: THREE STP; NATL TURN;
 1-2 M fwd L comm. LF turn,-, sd R twd COH, bk L LOD(W bk R heel turn,-, cl L to R, fwd R); Bk R turn $\frac{1}{2}$ LF,-, sd & fwd L DW, fwd R in contra bjo DW;
 3 Fwd L blend to CP,-, fwd R, fwd L;
 4 Fwd R comm. RF turn,-, sd L(W heel turn), bk R CP fcg RLOD;
 5-8 BK WHISK; FEATHER DRC; TOP SPIN; CHANGE OF DIRECTION;
 5 Bk L,-, bk & sd R RLOD, turn W to SCP xLib of R(W xRib of L) to fc DRC;
 6 Repeat meas. 14 in PART A exc end fcg DRC;
 QQQQ 7 Turn strong LF on R toe bk L, bk R blend to CP cont. LF turn, sd & fwd L DW, fwd R to contra bjo DW;
 SS 8 Fwd L DW turn LF,-, sd R DW draw L to R[no wgt] in CP fcg DC,-;
 9-12 DOUBLE REV. SPIN; OPEN REV TURN; HOVER CORTE; BK HOVER TELEMARK;
 SQ&Q 9 M fwd L turn LF,-, sd R DLC/spin LF on R, bring L to R & tch(W bk R turn LF,-, heel turn on R cl L to R/fwd R, swvl $\frac{1}{2}$ LF xLif of R) fcg DC;
 10 Fwd L comm. LF turn,-, cont. LF turn sd R(W bk,-, sd, thru) to fc RLOD, bk L blend to contra bjo with R shldr lead;
 11 M bk R comm. LF turn,-, sd & fwd L rising & cont. LF turn, rec bk R lowering @ end of meas[maintain contra bjo thruout] end fcg LOD;
 12 Repeat meas. 2 of intro exc. begin contra bjo & end SCP DW;
 13-16 THRU PROM SWAY & CHANGE SWAY; FALLAWAY RONDE & SLIP; OPEN TEL; CHAIR & SLIP;
 13 Thru R,-, sd & fwd L look & sway twds DW, relax L knee rotate upper body $\frac{1}{8}$ LF & sway R(W thru L,-, sd & fwd R stay in M's R arm look & sway DW, swvl on R relax R knee look L sway L);
 &SQQ 14 M rec sd R/ronde L ccw & cross beh R[no wgt] to tight SCP,-, bk L well under body & rise turning LF, slip bk sm1 stp R keep L extended(W rec sd L/ronde R cw & cross beh[no wgt] in SCP,-, bk R well under body comm. LF turn on ball of R thighs locked & L leg ext, fwd L slip LF) end CP fcg DC;
 15 Fwd L comm. LF turn,-, sd R cont. LF turn(W heel turn), sd & fwd L DW SCP;
 16 M thru R with R knee relaxed chk,-, rec L, swvl LF on L bk R to CP DC(W thru L with L knee relaxed chk,-, rec R, swvl LF on R fwd L to CP DRW);

ENDING

- 1-5 OPEN TELEMARK; NATL HOVER CROSS;: TOP SPIN; FWD,-, RT LUNGE,-;
 1 Repeat meas. 15 in PART B;
 2-3 Repeat meas. 1&2 in INTERLUDE exc end DRC;:
 4 Repeat meas. 7 in PART B;
 SS 5 Fwd L,-, fwd R with relaxed R knee & L sd stretch with hds R,-;

	WAIT	BACK HOVER TELEMARK
A	OPEN NATURAL BACK RISING LOCK ----- CHECK & WEAVE	OUTSIDE SPIN REVERSE WAVE BACK FEATHER -----
	HOVER TELEMARK BOUNCE BACK FEATHER WHISK DOUBLE OPEN TELEMARK	CURVED FEATHER END WEAVE FEATHER -----
I	NATURAL HOVER CROSS -----	-----
B	REVERSE TURN THREE STEP BACK WHISK TOP SPIN	NATURAL TURN FEATHER DRC CHANGE OF DIRECTION DC
	DOUBLE REVERSE SPIN HOVER CORTE THRU TO OVERSWAY OPEN TELEMARK	OPEN REVERSE TURN BACK HOVER TELEMARK FALLAWAY RONDE & SLIP CHAIR & SLIP
END	OPEN TELEMARK ----- FORWARD & RIGHT LUNGE	NATURAL HOVER CROSS TOP SPIN

APPLEBLOSSOM V
(WAIT CP DW MAN'S L FREE)