

June 1983
 FEELINGS
 Composer: George & Mary D'Alonzo, 2240 Venco Drive, Bellbrook, Ohio 45305
 1-513-848-4820
 Record: Doctor H7711A "Feelings" (Flip side That's Entertainment)
 Rhythm: Bolero
 Sequence: Intro A B C D C Ending

INTRIO

Wait 3 pickup notes, bjo fcg LOD with W L arm extended sd & down

PART A

- 1-4 BJD WHEEL 2,3,4, 5,6,7,8 (W fcd to hlob 1/2 DE) 1/2 DE WHEEL 2,3,4,5,6,7,8 (W fcd to hlob 1/2 DE) 1-2 (M) Bjo LOD wheel arnd ptr L,R,L,R L,R,L,R to fc LOD high 1/2 OP with R hnd on ptr L shoulder blade opposed to arnd waist) (W) Stdg on ball R softened R knee let ptr trn you -,-,-, trn RF L,fc LOD high 1/2 OP with R front leg attitude with R arm curved over hd with L hnd on top of ptr shoulder) (M) Continue arnd ptr L,R,L,R L,R,L,R ptr L sd to fc LOD 1/2 ext varsov; (Style note on 1/2 ext varsov; Stdg behind & slightly L of ptr, join L hnds, grasp ptr's R forearm with R palm up) (W) Stdg on ball L in R front leg attitude let ptr turn you, -,-,-, in place transitioning trng LF on R extending both arms over hd, tch L to fc LOD 1/2 ext varsov ptr L ft sd; (Style note on 1/2 ext varsov; Ext both arms straight to the sd at shoulder height)

PART B

- 5-6 (W) SD, XIE, LIEI, XIE, SD, XIE, LIEI, EWD, -LB, -1, UNIND, -2, (M) icansitionn) 5-6 With ident ftwck 1/2 ext varsov LOD XLIF of R, sd R, XLIF of R, lift on L flare R; XRIF of L, sd L, XRIF of L, lift on R flare L; Fwd L slight, away fr ptr, -1, k R, -1 Unwind RF, -1 (ch L, W cl L) transitioning to opp ftwck CP wall) 9-12 BL SD, -REC (W sp) -2, -3, -4, -5 (Bell) BK, -2, -3, -4, -5 (M) Rk sd L twd LOD, -rec R, -1 sd L twd LOD, - start R hnd shake, XRIF of L ck twd LOD fcg DW ext L arm twd ptr, -1 (W) Rk sd R, -1 spin LF in place on R, tch L to fc LOD; roll LF L, R, with a R hnd shake ck sd L twd DW looking well over L shldr ext L arm twd DW, -1 (Bells) Rec L both bring R arms sharply up for the bells & L hnd at hip, flare L, XRIF of L (W XLIF) both bring L arms sharply up & R hnd at hip, flare L; Continue with XLIB (W XRIF) to repeat meas 11 (Hlp Invl) & W Spical) BK, SD, LOWER, -2, -3, -4, -5

FEELINGS (Continued)

- 19-14 (M) BK L, bk R, sd L twd COH, lower on L trng upper part of body twd ptr; Extend R hnd twd twd ptr palm up & ext L hnd twd RLOD palm down, -,-,-, -1 (Hlp Twist to a Spiral) Swl on L/fwd R twd RDW, R spin LF full arnd allow L to curl in front of R to fc DC, -1 Fwd L twd DC, cl R/swl with both ft tog to fc DW, soften both knees, rise & ext R hnd twd ptr & L hnd up) 15-16 (M) Rise on L, -,-,-, 1 with R hnd arnd ptr CP & L hnd straight out to sd (Airplane Pivot) spot pvt RF starting fwd R, L, R, - to fc wall CPI (W) Roll RF R, L, R checking stepping btwn ptr ft, -1 (Airplane Pivot) With R hnd arnd ptr CP & L hnd straight out spot pvt RF starting bk L, R, L, -1

PART B

- 1-4 (Basic) SD, -2, BK, REC; (Open Break) SD, -2, BK, API, REC; (Cross Body) IEN, -2, (Open Break) SD, -2, BK, API, REC; 1-2 (Basic) CP wall sd L twd LOD, -,-,-, rk bk R twd COH, rec L; (Open Break) Sd R twd RLOD ext M R & W L arm twd RLOD keep M L & W R hnd jd, -,-,-, rk apt L, rec R; (M) (Cross Body) Trng LF small sd L twd COH end fcg LOD keep R arm ext behind ptr as ptr crosses, -1 trn LF in place R, L to end fcg COH bringing R hnd under chin shoulder level arm parallel to the floor) (W) Raise L arm up fwd R twd COH crossing on LOD sd of ptr, -,-,-, fwd L trng LF 1/2 to fc ptr, cl R bringing L hnd down under chin shoulder level arm parallel to the floor) 4- Same as meas 2 in opp direction) (Cross Body) IEN, -2, (Open Break) SD, -2, BK, API, REC; (Hip Lift) SD, -2, LIEI, HIE, DOWN, HIE, (Hip Lift) 5-6 Same as meas 3 in opp direction) Repeat meas 2; 7-8 (Hip Lift) Sd L, -,-,-, raise R hip keeping R ft on floor, lower R hip keep R ft free; (Hip Lift) Sd R, -,-,-, raise L hip keeping L ft on floor, lower L hip keep L ft free) 9-16 Repeat meas 1 thru 8!!!!!!

PART C

- 1-4 (Cross Body) Carress) IEN, -2, IEN, 2; (R Hnd Shake Open Break) SD, -2, BK, API, REC; SD IEN, -2, XIB, SD IEN; (Hip Lift) SD, -2, LIEI, HIE, DOWN, HIE, (Hip Lift) 1-2 (Cross Body Carress) Repeat meas 3 Part B except W carress ptr's fc with L hnd rather than raise L; (Open Break with R Hnd Shake) Sd R twd LOD easing to R hnd shake, -,-,-, rk apt L, rec R with ptr offset to R sd still fcg ptr & COH)

FEELINGS (Continued)

- leading ptr into LF twirl, cl R; -(Changing R hnd to R hnd); -(Provide resistance for ptr); -(Spin ptr RF); -(Finish ptr spin);
- (M) Sit bk on L ptr R twd DW, -, trng LF rec R fwd twd ptr, spiral LF fwd L twd wall; Trng LF fwd R twd ptr R hnd to R hnd, -, spin RF on R, tch L to fc ptr
- (M) Lower on R ptr L hnd & L leg twd DC, -, -, Rise on R in place leading ptr into outside swills.
- (M) Trng to fc RDC take a long sd L twd wall R hnds still jd raising L arm straight up over head swaying twd ptr, -, -, (Syncopate Swills) With R hnds still jd outside swills R/L/R/L

7-8

Repeat Part C meas 1 thru 7!!!!

1- Same except start Cross Body with R hnds jd;

2-7 Same!!!! (Note: Bien Parado means well stopped)

BIEN PARADO (M) LF trn sd R to fc DC, pose with R hnds jd

(M) LF trn sd R to fc DC, pose with R hnds jd approx chest high with R arm parallel to the floor & L arm curved downward with fingers ptg down slightly away from bk of L hip & L knee bent ptr DC, -, -, Slight RF trn cl L to fc RDC, pose with R hnds jd & L arm curved over head & R knee bent ptr RDC, -, -,

ENDING

- 1-10 BELLS, BJD WHEEL B, HIGH 1/2 OR WHEEL B, XIE, SD, XIE, L, LIEI, XIE, SD, XIE, L, LIEI, EMD LR, UNJND, 2, BK SD, BECCW Spind, 1-2 Repeat meas 11 & 12 Part A; -3-10 Repeat meas 1 thru 8 Part A!!!! (M Roll 2) = EMD, CKI
- 12 (M) Hold, hold, fwd L grasping ptr's upper R arm with R hnd, still hold ptr's arm lunge twd LOD ck R fwd ending fcg DC L arm stretched twd RDC looking at ptr
- (M) Roll LF R, L to fc RDC, grasping ptr's upper R arm with R hnd bk R twd DW, bk ck L twd DW look well over L shoulder bringing L arm in circle ext L arm twd DW waiting for soft bell to ends

FEELINGS (Continued)

- 3-4 (M) Trn RF sd L to fc DC raising jd R hnds, -, XRIB of L, fwd L twd LOD; Cl R (L Victory) with R hnds still jd in front stdg beside ptr M on L sd L arm extended out to the side shoulder level, -, keeping R hnds jd spin RF 1/2 on R to R Victory L arm still ext to sd behind ptr/rk apt fwd L look at ptr, rec R
- (M) Fwd R twd ptr, -, using the raised R hnd to push off spin RF 1/2 on R/fwd L twd LOD, spin RF 1/2 on L/fwd R twd RLOD; Spin RF 1/2 on R/cl L to L Victory as above w L arm behind ptr, -, spin RF 1/2 on L to R Victory/rk apt bk R looking well over L shoulder, rec L
- SD IER, -, XIB, SD IER; CLIL VICIOCL, -, SPINR VICIOCL, BK BEL, BECI BASICIM Eeze ALLEMANA Icdli HIP LIEI
- 5-6 Repeat meas 3 & 4 trng to end fcg DWI
- (M) With R hnds still jd sd L twd LOD fcg wall, -, rk bk R twd COH giving ptr resistance for spin, rec L
- (M) With R hnds still jd fwd R to front of ptr fcg RLOD, -, using M R hnd at waist level to push off spin RF 1/2 on R/fwd L twd LOD, free spin RF 1/2 on L/fwd R to fc ptr CP wall
- (M) (Hip Lift) Repeat meas 8 Part B;

PART D

- 1-4 IER, -, XIB, IER, XIBAW Spicall, -, IER, BEL, ETL REC, -, WRAP, 2J HEEL BK EMD, REC, UNWRAP, 2J
- 1-2 (M) CP fcg wall trng RF 1/4 to fc RLOD sd L, -, trng RF 1/8 XRIB of L to fc RDC, trng RF 1/4 sd L to fc DC; Trng RF 1/8 to fc LOD XRIB of L letting ptr move to R sd leading ptr to RF spiral, -, trn RF in place L, R to bfly tilt with M L & W R hnd down fcg RLOD & ptr
- (M) Looking at ptr with L arm diag down at sd trng RF 1/4 fwd R btwn ptr's ft, -, trng RF 1/8 fwd L folg ptr's R, trng RF 1/4 fwd R btwn ptr's ft; trng RF 1/4 on L to RF spiral, allow R leg to curl in front of L, trng RF fwd R twd RLOD, trng RF fwd L twd RDC
- (M) Lower on R pt L sd twd wall, -, rec L, wrapping ptr LF in place R to fc wall; With a straight leg & locked knee & look at ptr rk fwd L on heel twd DW, rec R, unwrap ptr in place L, R fcg RDW same bfly tilt
- (M) Sit bk on R ptr L twd DW, -, rec L, LF spiral on R to wrap post; Do the identical step as M, rec R trng RF twd RDW, unwrap L, R to bfly tilt
- 5-8 LOWER, -, IER, CLW Rev Imicli = W EMD twd EICL, -, IER = LW Sd Swax, LDWER, -, -, (M Syncopate Swills) RISE, -, -, 5-6 (M) In bfly tilt lower on R ptr L sd twd DW, -, rising on R trng LF in place L to fc wall using L hnd