

## YO MAMA

Dance By :Fred & Gail Jabour,605 Hampton Cove,Clinton MS 39056 (601)924-5766  
Record :Columbia 13-3342 "Your Mama Don't Dance"  
Position :INTRO- FCG PTR & WALL NO HDS DANCE-SCP LOD  
Footwork :Normal Opposite (W's special instructions in paranthesis)  
Level :Phase IV  
Sequence :INTRO,A B A C C B A END

### INTRODUCTION

#### 1 - 4 [1] [2] WAIT WAIT:: [3] [4] KNEE BEND TWICE::

[1] [2] OP FCG ptr no hds jnd wait two Meas;; [3] Bend knees and snap fingers, straighten knees, bend knees and snap fingers, straighten knees; [4] Repeat Meas 3 of Intro to BFLY;

#### 5 - 8 [5] [6] STEP KICKS TWICE:: [7] [8] AWAY KICK TOG TCH TWICE::

[5] Sip L, kick R fwd btwn W's feet (W kick L outside M's R foot), sip R, kick L outside W's R foot (W kick R between M's feet); [6] Repeat Meas 5 Intro; [7] Release M's L and W's R hds trng away from ptr stp sd L, kick R/L, trn bk to fc ptr sd R, tch L in BFLY; [8] Repeat Meas 7 to SCP;

### PART A

#### 1 - 4 [1] JIVE WALKS: [2] SWIVEL FOUR: [3] [4] FOUR POINT STEPS::

[1] Fwd L/cl R, fwd L, fwd R/cl L, fwd R; [2] Fwd L, R, L, R (W fwd R swivel L, fwd L swivel R, fwd R swivel L, fwd L swivel R); [3] Pt fwd L, stp L, pt R fwd look RLOD, stp R; [4] Repeat Meas 3 look LOD on beat 1 and RLOD beat 3;

#### 5 - 8 [5] JIVE WALKS: [6] SWIVEL FOUR: [7] [8] FOUR POINT STEPS::

[5] [6] Repeat Meas 1 and 2 Part A;; [7] [8] Repeat Meas 3 and 4 Part A;;

#### 9 - 12 [9] THROWAWAY: [10] [11] LINK ROCK - RK.REC:: [12] KICK BALL CHG TWICE:

[9] Sip L/R, L (W pick-up R/L, R CP LOD), sip R/L, R trn 1/4 fc LOD in LOP (W sd & bk L/R, L); [10] [11] Rk apt L, rec R trn 1/4 fc WALL, sd L/R, L (W rk apt R, rec L, fwd R/L, R trn rf to fc M and COH); Sd R/L, R SCP, rk bk L, rec R; [12] In SCP kick L fwd/sip L, sip R, kick L fwd/sip L, sip R;

### PART B

#### 1 - 4 [1] JIVE CHASSE L & R: [2] [3] [4] CHG PLACES R TO L - CHG PLACES L TO R::

[1] CP WALL sd L/R, L, sd R/L, R; [2] [3] [4] Trn to SCP rk bk L, rec R, chasse L/R, L trn 1/4 fc LOD (W chasse fwd R/L, R trng under ld hds rf to fc M); Chasse sd & fwd R/L, R (W bk L/R, L), rk apt L, rec R; Chasse sd L/R, L trn fc WALL, sd R/L, R (W fwd R/L, R trn lf under jnd ld hds to LOP fc M and COH, sd L/R, L);

#### 5 - 10 [5] [6] [7] SHLDR SHOVE - CHG HDS BEH BK:: [8] [9] [10] SHLDR SHOVE - CHG HDS BEH BK::

[5] [6] [7] In LOP FCG rk apt L, rec R trn rf fc RLOD, chasse sd L/R, L with slight lean twd ptr to tch M's L and W's R shldr; With slight push off trn lf to fc ptr chasse bk R/L, R, in LOP rk apt L, Rec R; Fwd L/R, L trn 1/4 lf (W fwd R/L, R trn 1/4 rf), slightly bk R/L, R cont trn lf 1/4 to LOP COH (W sd L/R, L trn 1/4 rf to fc ptr and WALL); [8] [9] [10] Repeat Meas 5-7 Part B end LOP fcg ptr and WALL;;

#### 11-12 [11] LINK ROCK [12] RK REC::

[11] Rk apt L, rec R, chasse fwd L/R, L to CP; [12] Sd R/L, R, to SCP rk bk L, rec R;

### PART C

#### 1 - 4 [1] PRETZEL TRN: [2] DBL ROCK: [3] UNWIND PRETZEL: [4] DBL ROCK:

[1] Retain M's L & W's R hds with prog down LOD M trn rf (W lf) L/R, L, R/L, R end both fcg LOD with jnd hds behind backs and M's R hd (W's L hd) extended twd LOD; [2] Rk fwd L, rec R, rk fwd L, rec R; [3] Retain hd hold and with prog down RLOD unwind L/R, L, R/L, R to CP WALL; [4] In SCP rk bk L, rec R, rk bk L, rec R;

CONTINUED ON REVERSE

**5 - 8 [5] [6] [7] [8] RT TRN FLWY - RT TRN FLWY - FLWAY RK TO BFLY:::**

[5] NOTE: The last rk,rec,in Meas 4 is the first slips of the rt tm flwy) CP WALL chasse sd L/R,L tm rf,cont tm R/L,R to end CP COH; [6] SCP RLOD rk bk L,rec R. blend CP COH chasse L/R,L tm rf; [7] Cont tm rf R/L,R,to CP WALL,SCP rk bk L,rec R to CP; [8] Chasse sd L/R,L,R/L,R to BFLY;

**9 -12 [9] [10] [11] WINDMILL - WINDMILL::: [12] PROG ROCKS:**

[9] Rk apt L,rec R,sip L/R,L tm 1/4 lf with slight body incline to L(W rk apt R,rec L,chasse sd R/L,R tm 1/4 lf); [10] Sd R/L,R tm 1/4 lf fc COH body straightened(W sip L/R,L tm 1/4 lf to fc WALL),rk apt L,rec R; [11] In place L/R,L tm 1/4 lf with slight body incline to L,sd R/L,R tm 1/4 of to fc WALL body straightened(W chasse sd R/L,R tm 1/4 lf,sip L/R,L tm 1/4 lf to fc COH); [12] Prog slightly LOD rk apt L,rec R,rk apt L,rec R;

**ENDING**

**1 - 4 [1] [2] AWAY KICK FC TCH TWICE:: [3] [4] STEP KICKS TWICE::**

[1] [2] Repeat Meas 7 & 8 of Intro;; [3] [4] Repeat Meas 5 & 6 of Intro;;

**5 - 6 [5] AWAY KICK TOG TCH; [6] TWIRL TWO APT PT:**

[5] Repeat Meas 7 of Intro; [6] Jn ld hds fwd L,R(W twirl rf R,L),apt L,pt R twd ptr;