

WALTZ WITH M. E.

Composers: Richard and Jo Anne Lawson, 237 Mamie Lane, Birmingham, AL 35215

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Record: Special Press (Flip of My Love, Forgive Me) - Same music as Maria Elena Waltz

Sequence: Intro-A-B-A-B(1-12)-Ending

Rhythm: Waltz

Roundalab Phase III + 2 (Telemark to SCP and Diamond Turn)

Suggested Speed: 46

INTRO

1-4 (CP/RL0D)WAIT 2;; SWAY LEFT AND RIGHT;;

1-2 In CP/RL0D wait 2 meas;;

3-4 Sway sd L stretch L sd,dr R,tch R(W sd R stretch R sd,dr L,tch L); Sway sd R stretch R sd,dr L,tch L(W sd L stretch L sd,dr R,tch R);

5-8 SPIN TURN; BOX FINISH; 2 LEFT TURNS;;

5-6 Bk L pivot 1/2 RF to fc LOD,fwd R cont trn rising on ball of ft L leg ext bk & sd,rec sd & bk on L(W fwd R pivot 1/2 RF,bk L cont trn brush R to L,fwd R)CP/DW; Bk R trng LF,sd L,cl R(W fwd L trng LF,sd R,cl L)CP/DC;

7-8 Fwd L trng LF,sd R,cl L(W bk R trng LF,sd L,cl R); Bk R trng LF,sd L,cl R(W fwd L trng LF, sd R,cl L)CP/Wall;

PART A

1-4 HOVER; HOVER FALLAWAY; SLIP PIVOT; MANUV;

1-2 CP/Wall step fwd L,fwd & sd R rising to ball of foot,rec fwd L(W bk R,bk & sd L trng to SCP rising to ball of ft, rec fwd R)SCP/LOD; Staying in SCP throughout step fwd R,fwd L rising to ball of ft & ckg,rec bk on R(W staying in SCP throughout ~~step~~ fwd L,fwd R rising to ball of ft & ckg,rec bk on L)SCP/LOD;

3-4 Bk L,bk R keeping L leg ext,fwd L with no trn for M(W bk R pivot 1/2 LF on ball of ft,fwd L to RL0D,rec bk on R)Bjo/LOD; Manuv on R,sd L,cl R(W bk on L,sd R,cl L)CP/RL0D;

5-8 IMPETUS TO SCP; THRU.FACE.CLOSE; WHISK; WING;

5-6 Bk L bring R to L for heel trn,chg wgt to R cont trn,fwd L(W fwd R bet M's ft pivot RF,sd & fwd L around M cont pivot bring R ft bk to brush L,fwd on R)SCP/DC; Step thru on R,trng to fc ptr step sd L,cl R(W step thru on L,trng to fc ptr step sd R,cl L)CP/DW;

7-8 Fwd L,fwd & sd R start rise to ball of ft,XLIB of R cont to full rise on ball of ft(W bk R,bk & sd L start rise to ball of ft,XRIB of L cont to full rise on ball of ft)SCP/DC; Fwd R,dr L twd R,tch L to R(W fwd L start crossing in front of M trng LF,fwd R around M,fwd L around M)SCAR/LOD;

9-12 TURN LEFT,CHASSE BJO; IMPETUS TO SCP; CHASSE TO SCP; PICKUP;

9-10 Fwd L trng LF to fc COH,step down LOD sd R/cl L,bk R(W bk R trng LF to fc Wall,step down LOD sd L/cl R,fwd L)Bjo/DRC; Repeat action of meas 5 of Part A except W's first step is fwd on R outsd M's feet ending SCP/DC;

11-12 Twd DC step thru on R,sd L/cl R,sd L(W step thru on L,sd R/cl L,sd R)SCP/DC; Step thru on R, sd L,cl R(W step thru on L trng LF,sd R,cl L picking up in front of M)CP/LOD;

13-16 DIAMOND TURN;;;

13-14 Fwd L trng LF,sd R cont LF trn,bk L(W bk R trng LF,sd L cont LF trn,fwd R)Bjo/DRC; Bk R trng LF,sd L,fwd R(W fwd L trng LF,sd R,bk L)Bjo/DRW;

15-16 Repeat action of meas 13 ending Bjo/DW; Repeat action of meas 14 ending Bjo/DC;

PART B

1-4 TELEMAR TO SCP; FWD HOVER TO BJO; BK,BK/LK,BK; BACK HOVER TO SCP;

1-2 Blend to CP step fwd L start LF trn,sd R cont trn,sd & fwd L(W blend CP bk R start LF heel trn , chg wgt to L,sd & fwd R)SCP/DW; In SCP step fwd R DW,fwd L rising to ball of ft,rec bk R(W fwd L DW,fwd R trng 1/2 LF and rising to ball of ft,rec fwd L)Bjo/DW;

3-4 In Bjo step bk L,bk R/lock LIF of R,bk R(W fwd R,fwd L/lock RIB of L,fwd L)Bjo/DW; Bk L, bk R rising to ball of ft,rec L(W fwd R outsd M,fwd L trng 1/2 RF & rising to ball of ft,rec fwd R)SCP/DW;

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5-8 FWD.FWD/LOCK,FWD; CROSS PIVOT TO SCAR; CROSS HOVER TO SCP; MANUV;

5-6 Fwd R DW.fwd L/lock RIB of L,fwd L(W fwd L DW.fwd R lock LIB of R,fwd R)SCP/DW; Fwd R in front of W start a RF trn,sd L cont RF trn.fwd R(W sm step fwd L start RF trn,fwd R bet M's ft,cont RF trn.bk L)SCAR/LOD;

7-8 XLIF of R,sd R with slight rise & trn,rec L(W XRIB of L,sd L with slight rise & strong RF trn,rec R)SCP/LOD; Manuv in front of W on R,sd L,cl R(W small fwd L,sd R,cl L)CP/RLOD;

9-12 TURN RIGHT,CHASSE SCAR; TELEMARK SCP; CHASSE BJO; MANUV;

9-10 Bk L trng RF to fc COH,step down LOD sd R/cl L,fwd R(W fwd R trng RF to fc Wall,step down LOD sd L/cl R,bk L)SCAR/DC; In Scar repeat action of meas 1 of Part B ending SCP/DW;

11-12 Twd DW step thru on R,sd L/cl R,fwd L(W step thru on L,sd R/cl L,bk R)Bjo/DW; Repeat action of meas 8 of Part B ending CP/RLOD;

13-16 SPIN TURN; BOX FINISH; 2 LEFT TURNS;;

13-14 Repeat action of meas 5-6 of Intro;;

15-16 Repeat action of meas 7-8 of Intro;;

ENDING

1-4 RK SD/REC.SWAY LEFT,-; RK SD/REC.SWAY RIGHT,-; SPIN TURN TO FC WALL;

BACK CHASSE SCP;

MUSIC starts **RETARDING** and is **SLOW** through end of dance.

1-2 Rk sd L/rec R,sway sd L stretch L sd,dr R(W rk sd R/rec L,sway sd R stretch R sd,dr L); Rk sd R/rec L,sway sd R stretch R sd,dr L(W rk sd L/rec R,sway sd L stretch L sd,dr R); 1/&2,3

3-4 Repeat action of meas 5 of Intro except spin to fc Wall ending CP/Wall; Bk R,to LOD sd L/cl R,sd L(W fwd L,to LOD sd R/cl L,sd R)SCP/LOD;

5-8 FWD HOVER TO BJO; BK,BK/LOCK,BK; BACK HOVER TO SCP; FWD.FWD/LOCK,FWD;

5-6 Repeat action of meas 2-3 of Part B to end Bjo/LOD;;

7-8 Repeat action of meas 4-5 of Part B to end SCP/LOD;;

9-10 STEP THRU,LUNGE; TWIST;

9-10 In SCP step thru on R,step sd & fwd L stretching body upward to look over jnd lead hands relax L knee(W step thru on L,step sd & fwd R stretching body upward to look over jnd lead hands relax R knee);-; Slowly twist body to look RLOD and Hold;