

SHIMMY CHA

Composers: Dan & Doris Sobala, 7763 E. Joshua Tree Ln., Mesa, Az. 85208, Phone (602)986-7039. (4/15-10/1)1839 Nut Tree Dr., N.W., Salem, Or. 97304 Phone: (503)375-9718.

Record: "Shimmy Ko-Ko-Bop" by Little Anthony and the Imperials Coll 153

Footwork: Opposite, Woman's special instructions in parenthesis

Rhythm: Cha Cha, Phase III+2(chase peek-a-boo, triple chas)

Sequence: Intro-A-A-B-B(1-8)-Tag



Meas.

INTRO

1-10 WAIT;; 2 CUCARACHAS;; TWRL VINE & CHA; REV TWRL VINE & CHA;

BASICS FWD & BK;; 2 NEW YORKERS;;

1-6 bfly wall wait 2 meas;; sd L, rec R, cl L/R, L in pl; sd R, rec L, cl R/L, R in pl; sd L, xRib, sd L/cl R, sd L(W rf twrl R, L under ld hds, sd R/cl L, sd R); sd R, xLib sd R/cl L, sd R(W lf twrl L, R, sd L/cl R, sd L);

7-10 fwd L, rec R, bk L/cl R, bk L; bk R, rec L, fwd R/cl L, fwd R; stp thru L with straight leg to lop, rec R to fc ptr, sd L/cl R, sd L; stp thru R with straight leg to op, rec L to fc ptr, sd R/cl L, sd R;

A

1-4 CHASE PEEK-A-BOO TO TANDEM;;;;

1-4 fwd L trng 1/2 rf, rec fwd R, fwd L/cl R, fwd L(W bk R, rec L, fwd R/cl L, fwd R); sd R look over lft shldr to flirt with ptr, rec L, in pl R/L, R; sd L look over rt shldr, rec R, in pl L/R, L; rk fwd R trng 1/2 lf, rec fwd L, fwd R/cl L, fwd R(W fwd L trng 1/2 rf, rec fwd R, fwd L/cl R, fwd L to end in tandem pos both fcg wall M behind W);

5-8 RK SD, REC, X/SD, X TWICE;; DO-SI-DO;;

5-8 rk sd lod L(W rk sd rlod R), rec R, xLif/sd R, xLif; rk sd rlod R (W rk sd lod L), rec L, xRif/sd L, xRif; sd L, cl R, fwd L/cl R, fwd L(W sd R, cl L, bk R/cl L, bk R); sd R, cl L, bk R/cl L, bk R(W sd L, cl R, fwd L/cl R, fwd L);

9-12 VN 2, SD CL TRN; LNG TRN TO RH STAR; WHL & CHA; CUCARACHA;

9-12 sd L, xRib, sd L/cl R, sd L trng 1/4 lf(W sd R, xLib, sd R/cl L, sd R trng 1/4 rf); lng fwd lod R trng 1/4 lf, rec L trng 1/4 lf to fc rlod (W lng fwd rlod L trng 1/4 rf, rec R trng 1/4 rf to fc lod), fwd R/cl L, fwd R to rh star M fcg rlod; whl rf fwd R, fwd L, fwd R/sd L, cl R bfly wall; repeat meas 4 part A;

B

1-4 BK BREAK TO TRPL CHAS FWD & BK;;;;

1-4 trng 1/4 lf (W rf) to fc lod bk L, rec R, fwd L/cl R, fwd L; fwd R/cl L, fwd R, fwd L/cl R, fwd L; rk fwd R, rec L, bk R/cl L, bk R; bk L/cl R, bk L, bk R/cl L, bk R; NOTE: trailing hds are jnd during whole figure and ld hds touch only on the 1st & 3rd chas, either fwd or bk. They extend outward on the 2nd.

5-8 RK & CIR AWY & TOG;; TWRL VINE & CHA; REV TWRL VINE & CHA;

5-8 rk bk rlod L, rec R, begin lf(W rf) circle fwd L/cl R, fwd L; cont cir fwd R, fwd L, fwd R/cl L, fwd R endg bfly wall; repeat meas 5 & 6 of Intro;;

9-12 BASICS FWD & BK;; 2 NEW YORKERS;;

9-12 repeat meas 7-10 of Intro;;;;

13-16 VINE 2 & CHA; REV TWRL TO LARIAT;;;

13-16 sd L, xRib(W xLib), sd L/cl R, sd L; sd R, xLib, sd R/cl L, sd R(W lf twrl under ld hds L, R, sd L/cl R, sd L end fcg rlod; in pl L, R, L/R, L(W rf cir arnd M fwd R, fwd L, fwd R/cl L, fwd R); in pl R, L, R/L, R(W cont rf cir fwd L, fwd R, fwd L/cl R, fwd L endg bfly wall);

TAG

VINE 2 & CHA; KICK CL & SHIMMY

sd L, xRib, sd L/cl R, sd L; kick xRif, cl R, shimmy & shake!