



REALLY REALLY MINE

Composer: Jim & Bonnie Bahr (A&R/D) Tennyson St., Denver, CO 80212 (303)447-1594
Record: Collectables 0243B Hermie Rodgers "Are You Really Mine" (Flip Honeycomb)
Rhythm: Foxtrot PHASE V+2 Recommended Speed 45 Nov 1997
Footwork: Opposite (except as noted)
Sequence: **INTRO AB AB ENDING**

MEAS BELLY WALTZ PIANO NOTES - ROLL 3: FEATHER: HOVER SCS:

- 1-4 **FEATHER:**
(Wait in Bfly-Roll 3 SQQ; Feather SQQ) Wait piano notes in Bfly - Fwd L down LOD LF (W RF); fwd R cont LF (W RF), fwd L; Thur R no hands joined; sd & fwd L, fwd R (W bk L) blending to Contra B/D/DW;
- 3-4 (Lower SCS SQQ; Feather SQQ) Fwd L to CP; sd & fwd R with a slight rise; rec on L SCP/DG; fwd R; fwd L; fwd R (W fwd L); trng LF step sd & bk R, bk L) Contra B/D/DG;

PART A

- 1-8 **REVERSE TURN: DOUBLE TOP SPIN: WHISK: SLOW SIDE LOCK: DOUBLE REVERSE: CONTRA CHECK & SWITCH:**
(Rev Turn SQQ; SQQ; Double Top Spin QQQQ; QQQQ) Fwd L start LF trn; sd R cont trn, bk L (W bk R start LF heel trn; cl L to R cont trn, fwd R) CP/RLOD; bk R cont LF trn; sd & fwd L, fwd R ckg spin 1/8 LF (W fwd L cont trn; sd R, bk L) B/D/DW; bk L start LF trn, bk R spin LF 1/8 to CP; cont trn sd & fwd L, fwd R ckg spin 1/8 Contra B/DG; bk L start LF trn, bk R spin LF 1/8 to CP; cont trn sd & fwd L, fwd R Contra B/D/DW;
- 5-8 (Whisk SQQ; Slow Side Lock SQQ; Double Reverse SQ&Q; Contra Ck & Switch SQQ) Fwd L blending to CP; fwd & sd R XLIB of R to SCP/DG; Thur R; sd & fwd L to CP, XRIB of L; fwd L trng LF; fwd & sd around W spinning on ball of R; cont LF spin on R bringing L to R no wgt (W bk on R start LF heel trn; cont trn ckg wgt to L fwd & sd R trng LF, look LIF of R) CP/L/DG; flexing R knee fwd L with R shoulder lead; trng body RF rec bk on R; cont RF trn step bk on L (W flexing L knee bk R with R sd fwd and looking left; trng body RF rec fwd on L; cont RF trn step fwd R between M's feet) CP/DW;
- 9-16 **NATURAL WEAVE SWIVEL TO A TOP SPIN: THREE STEP: CONTINUOUS NATURAL HOVER CROSS ADD A LOCK: DOUBLE REVERSE:**
(Natural Weave Swivel to a Top Spin SQQ; QQQQ; QQQQ; Three Step SQQ) Fwd R start RF trn; cont trn sd & fwd L, sd & bk R DC (W bk L start RF heel trn; cont trn

- 12-16 (Cont Nat Hover Cross with Lock SQQ; QQQQ; QQQQ; Double Reverse SQQ)
Fwd R cont RF trn; cont trn fwd & sd L (W heel trn), sd R to SCAR facing DG; fwd L, cl R to L (W sd L to CP); bk L (W fwd R outside pir), bk R (W fwd L to CP); sd & fwd L DC (W sd & bk R), fwd R contra B/D/DG (W bk L), keeping left side leading fwd L, XRIB of L (W XRIF of L); Repeat Meas 7 of A CP/DW;

PART B

- 1-10 **REVERSE WAVE: BK FEATHER: BK THREE STEP: OPEN IMPETUS: OUTSIDE SWIVELS: PROMENADE WEAVE: FWD TO RIGHT LUNGE: WEAVE ENDING:**
1-4 (Reverse Wave SQQ; SQQ; BK Feather SQQ; BK Three Step SQQ) Fwd L starting LF trn; sd R cont LF trn (W heel trn), bk L; bk R; bk L, bk R curving LF to end CP facing RLOD; bk L; bk R with R shoulder leading, bk L to contra B/D facing RLOD; bk R; bk L blending to CP, bk R;
- 5-8 (Op Impetus SQQ; Outside Swivels SS; Prom Weave SQQ; QQQQ) bk R start RF trn; cl R trng RF heel trn (W sd L across M) cont trn raising; sd & fwd L (W fwd R) SCP/DG; Thur R relax knee leave L leg extended; (W thru L relax knee swivel left to on L to B/D); bk L relax knee leave R extended; (W fwd R relax knee swivel right to on R to SCP/DG); fwd R; fwd L trng LF to CP; sd & bk R (W fwd L); sd & bk R trng LF to CP; cont trn sd & fwd L); bk L, bk R trng LF to CP; sd & fwd L, fwd R (W fwd R, fwd L trng LF, sd & bk R, bk L) B/D/DW;
- 9-10 (Fwd Right Lunge SS; Weave Ending QQQQ) Blending to CP fwd L; flex L knee & step sd & fwd R to DW keep L sd in to pir & flex R knee as wgt is taken (W bk L); flex R knee & sd & bk L to DW keep R sd in to pir & flex L knee as wgt is taken); Rec bk on L, bk R trng LF, sd & fwd L, fwd R outside pir (W rec fwd on R, fwd L trng LF, sd & bk R, bk L) B/D/DG;

ENDING

- 1-4 **OPEN TELEMARK: NATURAL PREPARATION: SLOWY SAME FOOT LUNGE:**
(Op Telemark SQQ; Nat Preparation SQQ; S--S--S) Fwd L start LF trn; sd R; sd & fwd L (bk R contra LF heel trn; cont heel trn ckg wgt to L, sd & fwd R) SCP/DW; Thur R start RF trn; sd & bk L pivot RF to COLL, teh R no wt (W thru L); fwd R between M's feet pivot RF to DRW, cl L); Relax L knee & reach sd & slightly fwd R with L sway transfer wt to R slowly cont transferring wt to R sway R & look R (W relax L knee & reach bk with R toe well under body transfer wt to R strong body trn to L, look L well into M's R arm); These 2 measures danced very slowly

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