

MY FRIENDS

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Record: HIHAT 895 "My Friends" Joe Leahy

Rhythm: Quickstep Phase: V+1 (V-6)

Footwork: Opposite (except as noted)

Sequence: **INTRO AB AB A ENDING**

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MEAS

INTRO

1 - 4 WAIT; CHARLESTON:::

- 1 In open pos both fcg LOD hands on hips wait one meas; SS
- 2 Leaving hands on hips Bk L,-, pt R bk,-; SS
- 3 Fwd R,-,pt L fwd swinging M's R (W's L) hand fwd & M's L (W's R) hand bk,-; SS
- 4 Bk L,-,pt R bk (swinging hands in opp dir,-; SS

PART A

1 - 8 SPOT TURNS WITH SNAPS:: WALK 2; REACH TCH; CHASSE 7:: FWD DOUBLE LOCK FWD::

- 1 Fwd R LOD trning 1/4 LF (W RF) snap fingers of R hand down LOD (W L),-,rec L trning 1/4 LF (W RF),-; note leave opp hand on hip SS
- 2 Fwd R RLOD trning 1/4 LF (W RF) snap fingers of R hand down RLOD (W R),-,rec L trning 1/4 LF (W RF),-; note leave opp hand on hip SS
- 3 Fwd R,-, fwd L,-; arms in normal pos no hands joined SS
- 4 Reach fwd R,-,tch L to R CP WALL,-; SS
- 5 Sd L, cl R, sd L, cl R; QQQQ
- 6 Sd L, cl R, sd & fwd L,-; QQS
- 7 CBJO DW fwd R,-,fwd L, lk RIBL; SQQ
- 8 Fwd L, lk RIBL, fwd L,-; QQS

9 - 16 HALF NATURAL TURN; OVER SPIN TURN TO V-6 FWD::: FWD LOCK FWD; HALF NATURAL TURN; HESITATION CHANGE;

- 9 Fwd R trn RF,-, sd L, cl R CP RLOD; SQQ
- 10 Bk L pivot RF 1/2,-, fwd R trn RF 3/8,-; SS
- 11 Bk & sd L CP backing DC comm RF trn end of step,-, bk R in CBJO, lock LIFR (W RIBL); SQQ
- 12 Bk R CBJO,-, bk L,-; SS
- 13 Bk R CP trn LF, sd L CBJO DW, fwd R,-; QQS
- 14 Sd & fwd L, lock RIBL (W LIFR), fwd L,-; QQS
- 15 Repeat meas 9 of A; SQQ
- 16 Bk L trn RF no rise,-, sd & fwd small step CP DC drawing L to R no rise,-; SS

PART B

1 - 7 ZIG ZAG TO BACK LOCKS - RUNNING FINISH - HOP RUNNING FORWARD LOCKS:::; HALF NATURAL TURN;

- 1 Fwd L DC comm LF trn,-, fwd & sd R cont LF trn (W heel trn),-; SS
- 2 Bk L (W fwd R outside ptr),-, bk R, lock LIFR (W RIBL);C BJO backing DW SQQ
- 3 Bk R,-, bk L in CBJO comm RF trn,-; SS
- 4 Sd & fwd R between ptr's feet, cont RF trn sd & fwd L twd LOD, fwd R rise quickly to ball of foot,-;BJO LOD (skipping action) QQS
- 5 Fwd L, lock RIB, fwd L, fwd R; QQQQ
- 6 Fwd L, lock RIB, fwd L,-; QQS
- 7 Repeat meas 9 of A; SQQ

~~8 - 16 OVER SPIN TURN - FEATHER FINISH::: QUICK DOUBLE TOP SPIN::~~ FWD LOCK FWD; FACE SIDE CL; ROLL 2; SIDE DRAW;

- 8 Repeat meas 10 of A; SS
- 9 Bk & sd L CP backing DC comm RF trn end of step,-, bk R trn LF,-; SS
- 10 Sd & fwd L,-, fwd R outside W crossing R leg in front of L at thighs to CBJO,-; SS
- 11 Bk L, bk R trn 1/4 LF, sd & slightly fwd L cont trn 1/4 LF, fwd R RLOD; QQQQ
- 12 Bk L, bk R trn 1/4 LF, sd & slightly fwd L cont trn 1/4 LF, fwd R LOD; QQQQ
note; Measures 11 & 12 stay on ball of feet using light jogging action
- 13 Repeat meas 14 of A; QQS
- 14 Fwd R trn RF (W LF),-, sd L CP WALL, cl R; SQQ
- 15 Fwd L trn LF (W RF),- cont trn fwd R down LOD,-; SS
- 16 Sd L reaching down LOD,-, draw R to L no weight,-; SS (no hands joined look at partner and turn sharply into the start of part A

ENDING

1 - 4 REVERSE TURN; PROG CHASSE TO SCP - PICKUP HOP - FWD HOP - JETE POINT:::

- 1 DC fwd L trn LF,-, sd R cont LF trn, cl L; SQQ
- 2 Backing DC bk R,-, sd L trn slightly LF, cl R; SQQ
- 3 Sd & fwd L SCP,-, fwd R hop (picking up W) & tch L,-; CP LOD SS
- 4 Fwd L hop & tch R,-, CP LOD with springing action extent R foot fwd & slightly sideways with inside edge in contact with floor looking in direction of extended foot (W extend L foot bk & slightly sideways also looking in direction of L foot),-; S&S
End man facing down LOD