#### KANSAS CITY

Ron & Ree Rumble, 43 Charles Ave, Lakehurst, NJ 08733 By: Special Pressing Record: (908)657-0212

Footwork: Opposite throughout

Sequence: INTRO A A(Mod) B C B ENDING Rhythm: Jive

ROUNDALAB Phase V plus 1 unrated figure (Sugar Wheel)

Recommended speed: 47 or 48 RPM's

#### INTRO

# 1 - 4 WAIT; LINK TO WHIP TRN; (SCP)RK, REC, SWYL WALK 2;

- 1. Fcg Wall in LOP fcg pos wait 1 meas:
- Rk apt L, rec R, sm chasse twd ptr L/R,L trng 1/4 RF to CP
- XRIB of L cont RF trn (W fwd L trng RF), sd L arnd W cont RF trn to CP Wall (W fwd R cont RF trn), sd RLOD R/cl L, sd
- 4. Trng to SCP LOD rk bk L, rec R, swvl fwd LOD L,R;

### PART A

# 1 - 4 JIVE WALKS: SWVL WALKS: PT STEPS:

- 1. Chasse fwd LOD L/R,L (W trn in twd M sd R/L, fwd R to SCP), chasse fwd LOD R/L,R (W chasse fwd L/R,L trng slightly away from M):
- Swvl fwd LOD L,R,L,R;
- 3-4. Pnt outsd edge of L ft fwd while looking LOD, step fwd LOD L, pnt outsd edge of R ft fwd while looking RLOD, step fwd LOD R; Repeat;
- 5 8 CHG PLACES R TO L; CHG HND BHD BK; CHG PLACES L TO R;
  - Sd LOD L/cl R, sd L trn 1/4 LF (W sd R/cl L, fwd R trn 3/4 RF under M's L & W's R hnds), sd & fwd R/cl L, sd R (W sd & bk L/cl R, sd & bk L) to fc ptr & LOD;
  - (Commence Chg Hnd Bhd Bk) Rk apt L, rec R, sigtly fwd L/cl 6. R, L trn 1/4 LF chg W's R hnd to M's R hnd on this triple behind his bk (W rk apt R, rec L, fwd R/L, R trn 1/4 RF to fc M's bk):
  - 7. (Finish Chg Hnd Bhd Bk) Slgtly sd & bk R/cl L, sd R cont trn LF 1/4 fc RLOD chg to her R hnd in his L (W sd L/cl R. sd & bk L trn 1/4 RF) to fc ptr & RLOD, (Commence Chg Places L to R) Rk apt L, rec R;
  - (Finish Chg Places L to R) Fwd & sd L/cl R, sd L trn 1/4 RF (W fwd R/cl L, fwd R trn 3/4 LF under M's L & W's R hnds) to fc ptr & COH, small sd chasse LOD R/L,R;
- 9 -12 CHG HND BHD BK: , BASIC RK: (SCP)RK, REC, SWVL WALK 2:
  - (Commence Chg Hnd Bhd Bk) Rk apt L, rec R, sigtly fwd L/cl R, L trn 1/4 LF chg W's R hnd to M's R hnd on this triple behind his bk (W rk apt R, rec L, fwd R/L, R trn 1/4 RF to fc M's bk);
  - 10. (Finish Chg Hnd Bhd Bk) Slgtly sd & bk R/cl L, sd R cont trn LF 1/4 fc Wall chg to her R hnd in his L (W sd L/cl R, sd & bk L trn 1/4 RF) to fc ptr & Wall, (Commence Basic Rk) Rk apt L, rec R;

- 11. (Finish Basic Rk) Small sd chasse L/R,L, small sd chasse
  R/L,R;
- 12. Repeat meas 4 of INTRO;

## PART A (MODIFIED)

# 1 -11 REPEAT MEAS 1-11 OF PART A:::::::::

12 RK APT.REC.WRAP 2:

12. Blend to Bfly Wall rk apt L, rec R, step in place L,R (W rk apt R, rec L, wrap twd M's R sd trng 1/2 LF R,L under M's L & W's R hnds leaving other hnds joined low [Note: W ends in Wrap pos fcg Wall but in front of M's R hip, not directly to sd of M];

### PART B

# 1 - 4 <u>DISCO LUNGB. -. -/BALL.CG</u>; <u>DISCO LUNGE. -. -/(FACB)BALL.CG</u>; CHICKEN WALKS(2 SLOW.4 QK);;

- 1. Releasing all hnds lunge slightly sd LOD L (W lunge sd RLOD R) with M's R arm behind W and M's R hnd on sd of W's R hip while looking at ptr,-,-/release M's R hnd from W's hip XRIB of L placing weight only on ball of R ft (W XLIB of R with weight only on ball of L ft), rec L:
- 2. Lunge sd RLOD R (W lunge sd LOD L sliding in front of M) placing M's L arm behind W and M's L hnd on sd of W's L hip while looking at ptr ending with W slightly to L of M,-,-/release M's L hnd from W's hip XLIB of R placing weight only on ball of L ft (W XRIB of L with weight only on ball of R ft), rec R trng slightly LF (W RF) to face joining M's L & W's R hnds ending in LOP fcg pos fcg LOD;
- 3-4.Bk RLOD L with tension in arm leaning slightly bk,-,bk R with same action (W swvl RF on L while stepping fwd R with toe out twd DRC,-,swvl LF on R stepping fwd L with toe out twd DRW),-; Repeat meas 3 using 4 qks L.R.L.R;

5 - 8 THROWAWAY: TRIPLE WHEEL:: . COMMENCE SPANISH ARMS(2X):

- 5. Trng 1/4 LF small sd chasse RLOD L/R,L cont trng 1/4 LF to fc RLOD (W fwd twd RLOD R/L,R trng 1/2 LF to fc ptr & LOD), chasse fwd & sd R/L,R (W chasse bk L/R,L) to fc RLOD joining M's & W's R hnds;
- 6-7. (Commence Triple Wheel) Rk apt L, rec R, wheel RF trn in twd ptr & tch her bk with L hd sd L/cl R, sd L (W wheel RF trn away from ptr sd R/cl L, sd R); Cont RF wheel trn away from ptr sd R/cl L, sd R (W cont RF wheel trn in twd ptr & tch his bk with L hnd sd L/cl R, sd L), cont RF wheel trn in twd ptr & tch her bk sd L/cl R, sd L lead W to spin RF (W cont RF wheel trn away from ptr sd R/cl L, sd R spinning RF on R to fc ptr);
- 8. (Finish Triple Wheel) Sd R/cl, sd R to end fcg Wall joining M's L & W's R hnds, (Commence Spanish Arms) Rk apt L, rec R to Bfly commencing to trn RF (W LF);
- 9 -12 FINISH SPANISH ARMS:: . BASIC ROCK::
  - 9-10. (Continue Spanish Arms) Sd L/cl R, sd L cont RF trn leading

W to trn LF under joined raised M's L & W's R hnds into momentary wrapped pos leaving lead hnds raised then immediately leading her to trn RF to Bfly fcg COH (W sd R cont LF trn/cl L, sd R trng 1/4 RF), sd R/cl L, sd R; Repeat Spanish Arms commencing Bfly fcg COH and ending Bfly fcg Wall;

11. (Finish Spanish Arms),, (Commence Basic Rock) Rk apt L, rec R;

12. (Finish Basic Rock) Small sd chasse L/R,L, small sd chasse
R/L,R to Bfly Wall;

### PART C

1 - 4 SUGAR WHEEL(2X);; CHG PLACES L TO R (to fc COH);

- 1-3. In Bfly Wall rk apt L, rec R, small chasse fwd twd Wall (W twd COH) L/R,L to Bfly Bjo pushing against M's L & W's R hnds on last step of chasse causing both ptrs to spin 1/2 RF on ball of lead ft to end Bfly SCAR fcg COH; Step in place R/L, small step apt R, rk apt L, rec R to fc; Small chasse fwd twd COH (W twd Wall) L/R,L to Bfly Bjo pushing against M's L & W's R hnds on last step of chasse causing both ptrs to spin 1/2 RF on ball of lead ft to end Bfly SCAR fcg Wall, step in place R/L, small step apt R;
- 4. (Commence Chg Places L to R) Rk apt L, rec R, chasse fwd & sd twd Wall L/R, L trng 1/2 RF to fc COH (W chasse fwd & sd twd COH R/L, R trng 1/2 LF under M's L & W's R hnds to fc Wall) ending in LOP fcg pos fcg COH;

5 - 8 -,-,STOP AND GO;;, MIAMI SPECIAL;;

5. (Finish Chg Places L to R) Small sd chasse LOD R/L,R, (Commence Stop and Go) Rk apt L, rec R;

6. (Continue Stop and Go) Chasse fwd L/R,L catching W with R hnd on her L shoulder blade to stop her movement (W chasse fwd R/L,R trng 1/2 LF under M's L & W's R hnds to end at M's R sd both fcg COH), rk fwd R, rec L (W rk bk L extending L arm upward, rec R lowering L arm);

7. (Finish Stop and Go) Chasse bk R/L,R (W chasse fwd L/R,L trng 1/2 RF under M's L & W's R hnds) to end fcg ptr & COH and joining R hnds, (Commence Miami Special) Rk apt L, rec R;

- 8. (Finish Miami Special) Chasse fwd L/R,L passing by ptr and trng 3/4 RF leading W to trn LF under joined R hnds then put joined hnds over M's head so hnds rest behind his neck (W chasse fwd R/L,R trng 3/4 LF under joined R hnds) to end both fcg RLOD with R hnds joined behind M's neck and M's L arm around W's lower back, chasse sd & apt R/L,R releasing R hnds and sliding W's R hnd down M's L arm to end LOP fcg RLOD;
- 9 -12 SHLDR SHOVE; AMERICAN SPIN(BOTH SPIN); RK APT.REC.WRAP 2;
  9. (Commence Shidr Shove) Rk apt by crossing LIB of R (W XRIB of L), rec R, sd chasse twd ptr L/R,L gently tching M's L and W's R shoulder then trng slightly LF (W RF) to fc ptr;
  - 10. (Finish Shldr Shove) Chasse apt stepping bk twd COH (W twd Wall) R/L,R to end fcg ptr & Wall, (Commence American Spin) Rk apt L. rec R;

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- 11. (Finish American Spin) Chasse twd ptr L/R,L bracing M's L & W's R arms then pushing off joined hnds and spinning 1 full LF trn (W RF trn) to end in LOP fcg pos Wall [Option: M can eliminate spin], small sd chasse RLOD R/L,R;
- 12. Join both hnds in Bfly to repeat meas 12 of Part A Mod;

### **ENDING**

- 1 6 (SCP)RK BK.REC, CHASSE ROLL; RK BK.REC, CHASSE TO SCP; CHG PLACES R TO L; RK APT.REC; PNT SD, ---;
  - 1-2.Blend to SCP LOD and rk bk L, rec R, chasse LOD L/R,L letting go of ptr and trng 1/2 RF (W LF) to end fcg COH (W fcg Wall); Chasse LOD R/L,R continuing RF trn 1/2 (W LF trn) to fcg ptr and Wall, chasse LOD L/R,L continuing RF trn 1/4 (W LF trn) to fc RLOD in Left 1/2 OP pos;
  - Rk bk LOD R, rec L, chasse sd RLOD R/L,R trng 1/2 LF (W RF) to SCP LOD;
  - 4. (Commence Chg of Places R to L) Rk bk L, rec R, repeat meas 5 of Part A,;
  - 5. (Finish Chg of Places R to L),, in LOP fcg pos LOD rk apt L, rec R:
  - 6. Pnt L sd COH leaving joined M's L & W's R hnds low and extending free hnds up and out to sd,-,-,-;