



"ROUND DANCER"

Magazine

DANCE

(VOCAL)

NOV - 1975

BOOK - 205

Composers--Paul & Laura Merola, 55 Bryant St., W. Bridgewater MA 02379

Record--CAPITOL #3768 -- "The Old Fashioned Way" -- Helen Reddy (Flip) "Leave Me Alone"

Position--INTRO & LOD: CP M facing LOD

Footwork - Opposite, directions for M unless otherwise indicated

MEASURES ----- INTRODUCTION -----

INTRO: (1 Meas).

CP facing LOD: Your first beat will be a BELL TONE, however the following beats are silent so we suggest you count immediately after BELL, TWO, THREE, FOUR; Then "STEP-OUT" on word "DANCE"

PART - A

1-3 FWD, -, FWD, -; SIDE, CLOSE, FWD, -; SIDE, CLOSE, FWD, -;

1-2.... In CP M facing LOD slow L, -, slow R, -; Side twd COH quick L, quick R to L, fwd LOD slow L, -;

3.... Side twd wall quick R, close quick L to R, fwd LOD slow R, -;

4-9 TURN, -, SIDE, CLOSE; TURN, -, SIDE, CLOSE; FWD, -, SIDE, CLOSE; THRU (SCP), -, TURN, SIDE;

BJO, -(Bjo), BK, SIDE; FWD, -(SCP), CHECK, -;

4..... Stay CP M turn LF twd COH slow L, -, side COH quick R, close quick L to R end CP M facing RLOD;

5..... Continue LF turn M bk COH slow R, -, side LOD quick L, close quick R to L end CP M facing LOD;

6..... M facing LOD slow L, -, side twd wall quick R, close quick L to R;

7..... Step thru twd COH M slow R, -(W also step thru slow L) end SCP facing LOD/COH, M turns LF toeing in twd RLOD/COH quick L (W 1/4 LF turn steps twd COH as she pivots on the ball of her R ft), turning into a Bjo Pos M side twd COH quick R (W quick L twd COH/LOD);

8..... In SNUG BJO pos M steps bk LOD slow L, -(W fwd LOD slow R) end M facing RLOD, M step bk COH/LOD XIF of W quick R (W fwd LOD L), M swd & fwd LOD to SCP quick L (W fwd LOD R);

9..... M fwd slow R twd LOD (W slow L) end SCP M facing LOD, -, turning to CP M facing ptr & wall steps swd LOD slow L (STRONG CHECK)(W check R swd twd LOD), -;

10-13 REC, XIF, SIDE, -: DRAW, -, ROCK, 2; 3,4, BK, -: BK, -, SIDE, CLOSE;

10..... M recover swd RLOD quick R, quick XLIF of R (W twirls LF under her R & M's L twd RLOD quick L, R) end M CP facing wall, still moving RLOD M swd slow R, -(W slow L);

11..... Draw slow L to R (W slow R to L), taking no wgt end CP M facing wall, turning LF in place M rock fwd quick L, bk quick R;

12..... Fwd quick L, bk quick R (W R, L, R, L) end CP M facing COH, (NOTE:) "Goucho Rock Style" may be used moving diag Wall/RLOD M steps bk slow L, -;

13..... Slow R, -(W R, L), M swd RLOD quick L, close quick R to L (W R, L) end CP M facing COH;

14-16 SIDE, -, THRU (SCP), -: SPOT PIVOT, -, 2, -: PIVOT, -, 2, -:

14..... Continue moving RLOD M swd slow L, -(W slow R), M step thru in RLOD slow R, -(W slow L) end SCP face RLOD;

15-16.. Take CP do a RF spot pivot (Do Not Progress LOD) slow L, -, slow R, -; Slow L, -, slow R, - end CP M facing LOD;

PART - B

17-24 FWD, -, CHECK, -; XIB, SIDE, FWD, LOCK; FWD, FWD, LOCK, FWD; (Face) SIDE, CLOSE, SIDE, CLOSE;

SIDE, -, THRU, -(SCP); PIVOT, -, 2, -: PIVOT, -, 2, -: (Quick Hitch) FWD, CLOSE, BK, CLOSE;

17..... Moving from CP to Bjo M fwd slow L, -(W bk R), check fwd LOD slow R, -(W bk L);

18..... M cross quick L in bk of R (W XIF), side twd wall/LOD quick R (W L), fwd LOD quick L (W bk quick R), M lock quick R behind L (W lock in front);

19..... M fwd LOD quick L, quick R (W R, L), M lock quick L behind R (W lock in front), M fwd quick R (W L) end Bjo M facing LOD;

20..... Turning 1/4 RF to CP M side LOD quick L, close quick R to L, side LOD quick L, close quick R to L (W R, L, R, L);

21..... M swd LOD slow L (W R), -, slow R thru LOD (W L) to end SCP, -;

22-23.. Progressing LOD do a slow RF couple pivot L, -, R, -: L, -, R, - end CP M facing LOD;

24..... Do a quick 4 count hitch L, R, L, R;

PART - C

25-27 STEP, KICK, STEP, KICK; FACE, KICK, STEP, KICK; STEP, KICK, STEP, -;

25..... Turning from CP to SCP M step LOD on L (W R), kick R fwd in LOD (W kick L), step fwd R (W L), kick L fwd (W kick R);

26..... While turning to face ptr & wall M step L next to R (W R to L), M kick R twd wall between W's feet (keep toes very close to floor)(W kick L outside M R & twd COH), M step R beside L (W L beside R), kick L twd wall outside W's R leg (W kick R between M's feet)';

27..... Quickly turning to SCP M short step L LOD (W R), kick R fwd LOD & Wall (W kick L), M step R beside L facing ptr & wall (W L beside R), hold 1 ct to end CP M facing wall;

28-32 PUSH, PULL, AROUND/STEP, STEP; BK/STEP, STEP, ROCK, REC; IN PLACE/STEP, STEP, TURN/STEP, STEP;

PUSH, PULL, TURN/STEP, STEP; IN PLACE/STEP, STEP, SIDE, CLOSE;

28..... Use a strong Push Pull Action (DO NOT RELEASE ANY HAND HOLDS) M bk COH quick L (W bk wall quick R), recover fwd quick R (W L), from this "PUSH-PULL" momentum M quickly steps L/R, L turning RF almost in place (W R/L, R) to end SCP M facing RLOD;

29..... Moving bwd in LOD M steps R/L, R (W L/R, L), moving slightly apart from each other in a relaxed SCP M steps L, R (feet hardly leaving the floor)(W R, L);

30..... M raise his L (W's R) hands high (NOTE: M's R hand firm on W's bk) steps almost in place L/R, L as he motions W twd RLOD/Wall (W ready to move UNDER JOINED L/R hands steps R/L, R), M turns 1/4 LF steps in place R/L, R (W under joined L/R hands turns RF L/R, L) end facing ptr & wall with ONLY M's L & W's R hands joined;

31..... Using a "PUSH-PULL" action M rocks bk COH on L, recover R (W bk R, recover L) raising joined L-R hands high M turns 1/4 LF ALMOST IN PLACE L/R, L (W turns RF 1/4 under joined L-R hands steps R/L, R at this point W is looking down LOD);

32..... M steps in place R/L, R (W continues her RF turn steps L/R, L end in CP), M facing LOD moving twd COH (short steps) M swd quick L, close quick R to L (W R, L) to end CP M facing LOD;

SEQUENCE:

AB - ABC - ABCC - ENDING

ENDING:

Repeat Meas 25-27 then M STEP BK COH SLOW L, -, POINT SLOW R TWD PTR (W BK R POINT L) while Music Fades