

# COSTA AZUL CINCO

Choreographer:

Record: Roper 226 Costa Azul

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Rating: Rumba Roundalab Phase V+1+1 [Body Ripple + Full Turn Chase]

Sequence: Intro, AB AB End Speed: 41 Released Nov 3, 2001

MEAS

INTRO

1-4 [from Op Fcg APT PT & Hold M's R & W's L ft free] WAIT; W ROLL in 3 CP;

CORTE- LEG CRAWL-; REC -TCH- CP WL;

1- From OP FCG Apt L, Pt R & Hold one meas; 2-4 in pl R, L, R (rolling LF in twd M L, R, L a complete trn),- CP WL; SD & BK L keeping R leg extended,-; Hold (Raise L fl brushing instep along outer side of M's R leg ptg toe at floor),-; Rec R,-, Tch L,-;

PART A

1-8 ALEMANA;; LARIAT;; CUDDLES 3x;; SPOT TRN CP;

1-2 FWD L, REC R, CL L lead W to trn RF (SD R comm. RF Swivel), -; BK R, REC L, SD R leading W to M's R side (Cont RF trn under joined lead hnds FWD L, cont RF trn FWD R, SD L), W to M's R SD joined lead hnds raised & back of M's R hnd in small of W's back -; 3-4 SD L, REC R, CL L (Circle M with joined lead hnds raised FWD R, L, R), -; SD R, REC L, CL R (cont FWD L, R, L, end fcg M), - CP; 5-7 SD L with L SD stretch leading W to open out (trng ½ RF BK R with R SD stretch free arm out to the side), REC R (REC L with L SD stretch), CL L with R SD stretch place L hnd on W's R shldr blade leading her to CP (FWD R with L SD stretch place R hnd on M's L shldr trng ½ LF blending to CP), -; SD R with R SD stretch leading W to open out (trng ½ LF BK L with L SD stretch free arm out to the side), REC L (REC R with R SD stretch), CL R with L SD stretch place R hnd on W's L shldr blade leading her to CP (FWD L with R SD stretch place L hnd on M's R shldr trng ½ RF blending to CP),-; Repeat Part A meas 5 ending with M's L hnd & W's R hnd palm to palm; 8- XRIFL trng ½ LF (RF) on crossing ft, REC L cont trng to fc ptr, SD R to CP, -;

9-16 CL HIP TWIST; FAN; STOP & GO HOCKEY STK;; HOCKEY STK BFLY;;

FULL TRN CHASE;;

9-10 RK SD & FWD L leading W to open out (SWVL BK R trng up to ½ RF), REC R leading W to CP (REC L trng LF to CP), CL L with slight L SD lead to trn W (SD R small step swivel ¼ RF on R tchg L to R no weight) both with delayed weight change, in L shaped position -; BK R (FWD L), REC L (trng LF SD & BK R trng ½ LF), SD R (BK L leaving R ft extended fwd with no weight), -; 11-12 CHK FWD L (CL R), REC R raising L arm to lead W to LF undrm trn (FWD L), CL L (FWD R trng ½ LF undr joined hnds to end at M's R SD), catch W with R hnd on W's L shldr blade to check her movement; CHK FWD R with L SD stretch shaping to ptr (CHK BK L), REC L raising L arm to lead W to RF undrm trn (REC R), CL R (FWD L trng ½ RF under joined hnds to end fcg M in fat position), -; 13-14 FWD L, REC R, CL L (CL R, FWD L, FWD R), -; BK R, REC L, FWD R following the woman (FWD L, FWD R trng LF to face ptr, SD & BK L), - BFLY; 15-16 No hnds RK FWD L swivel ½ RF (RK BK R no trn), REC R pivoting ½ RF with knees tog & L fl held slightly bhnd completing trn to fc ptr (REC L), BK L (FWD R), -; RK BK R (RK FWD L swiveling ½ RF), REC L (REC R pivoting ½ RF with knees tog & L FT held slightly bhnd completing trn to fc ptr), FWD R (BK L), -;

PART B

1-8 [BFLY] CROSS BASIC;; TIME STEP 2x CP;; LATIN WHISK with SPIRAL; into AIDA;

SWITCH CROSS; a CUCARACHA;

1-2 XLIFR (XRIBL) begin trng LF, REC SD & BK R (REC SD & FWD L) completing ¼ LF trn, SD L (R), -; XRIBL (XLIFR) beginning LF trn, REC SD & FWD L (REC SD & BK R) completing ¼ LF trn, SD R (L), -; 3-4 no hnds & staying parallel to ptr XLIBR (XRIBL), REC R, SD L, -; XRIBL (XLIBR), REC L, SD R, - to CP; 5-6 Staying in CP COH [2<sup>nd</sup> time CP WL] XLIBR (XRIBL), REC R, SD L, releasing hnds trn ¼ RF (LF) on L (R) ft leaving R (L) ft in pl with slight pressure on toe so thighs are crossed with knees relaxed and body stretched upward with weight staying directly over L (R) ft; FWD R trng RF (LF), SD L cont RF (LF) trn, BK R to V shaped position bk to bk, -; 7-8 Trng LF (RF) to fc ptr SD L checking & bringing joined hnds thru, REC R, XLIFR (XRIFL) trng to fc ptr, -; SD R, REC L, CL R to BFLY, -;

9-14 FLIRT;; SWEETHEART 3x [last one in 4] to LOW BFLY;; BODY RIPPLE & HOLD;

9-10 FWD L, REC R, SD L (BK R, FWD L, FWD R trng ½ LF to Varsouvienne position), -; BK R, REC L, SD R (BK L, REC R, SD L moving to the left in front of man to end in L Varsouvienne position), -; 11-13 CHECK FWD L with R SD lead (BK R with L SD lead) looking at ptr in contra check like action extending arms in shadow position at shldr level, REC R (L)-straightening body, SD L (SD R sliding across in front of man), -; CHECK FWD R with L SD lead (BK L with R SD lead) looking at ptr in contra check like action extending arms in shadow position at shldr level, REC L (R) straightening body, SD R (SD L sliding across in front of man), -; CHECK FWD L with R SD lead (BK R with L SD lead) looking at ptr in contra check like action extending arms in shadow position at shldr level, REC R (REC L begin trng RF) straightening body, CL L (FWD R cont. trng RF to fc ptr) LOW BFLY, in pl R (CL L); 14 Keeping hnds in Low Bfly take weight on both ft bend knees compressing strongly into floor and tilt torso by moving the hips fwd, return to a vertical position by straightening the knees and then pulling the hips back to a normal position creating a body wave action beginning at the knees and ending at the upper body with the head moving very little during this action, hold.-;

ENDING

1 [LOW BFLY] OK SD/CL, SD/PT looking RL0D;

1 SD L / CL R, SD L / PT R both looking twd RL0D,-,-;