

"WITHOUT YOU"

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Record: Hoctor 612 (Flip Frenesi)

Phase: Rumba V+1 (3 Alemanas)

Speed 43

Sequence: A, B, A, B (1-15)

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INTRO

SHADOW FC WALL LEAD FOOT FREE AS MUSIC STARTS

1-4 LUNGE LADY TRN TO FC; BK BASIC; 1/2 BASIC; FAN;

- 1 (Lunge Lady Trn to Fc SQQ) Sd & bk L flexing left knee look at Lady holding left arms extend right arm sd,-, rec R fc WALL, sd L CP (Sd & bk R flexing left knee look at Man,-, rec L fc COH, sd R CP);
- 2 (Bk Basic) Bk R, rec L, fwd R,-;
- 3 (1/2 Basic) Fwd L, rec R, sd L,-;
- 4 (Fan) Bk R, sd & fwd L, fwd R DW,- (Fwd L trn 1/4 LF, bk R, bk L,-);

PART "A"

1-8 HOCKEY STICK;; EXPLODE APART REC; 1/2 LARIAT MAN FC COH; CURVE WALK 6;; CROSS BODY;;

- 1-2 (Hockey Stick) Fwd L, rec R, cl L raise jnd hnds to prepare Lady to trn LF,-; bk R, rec L, sd & fwd R fc RDW,- (Cl R, fwd L, fwd R,-; fwd L, fwd R trn LF under jnd lead hnds to fc, sd & bk L,-);
- 3 (Explode Apart SQQ) Bk L bring arms in twd chest & up,-, rec R cont arms to sd, cl L join lead hnds;
- 4 (1/2 Lariat Man Fc COH) Trn LF fwd R, rec L, fwd R COH CP,- (Trn RF fwd L, fwd R, fwd L CP,-);
- 5-6 (Curve Walk 6) Trn LF fwd L, R, L,-; R, L, R fc COH,-;
- 7-8 (Cross Body) Fwd L, rec R, trn LF sd L,-; cont trn bk R, small fwd L, sd & fwd R fc WALL,- (Bk R, rec L, fwd R,-; fwd L commence LF trn, cont trn sd & bk R, sd & bk L,-);

9-16 3 ALEMANAS to CP;;; CONTRA CK REC SCAR; UNDERARM TRN BFLY SCAR; FWD LADY DEVELOPE; BK SD CL;

- 9-12 (3 Alemanas to CP) Fwd L, rec R, sd L,-; bk R DC, rec L, cl R,-; sd L, rec R, cl L,-; bk R DC, rec L, sd R fc WALL CP,- (Bk R, rec L, fwd R commence RF trn,-; cont trn fwd L, fwd R, cl L fc DW,-; sharp LF trn fwd R, L, R fc DC,-; commence RF trn fwd L, R, sd L CP,-);
- 13 (Contra Ck Rec SCAR) Relax R knee fwd L, rec R, sd L SCAR RDW,-;
- 14 (Underarm Trn Bfly SCAR) Bk R DC, rec L, sd R Bfly SCAR RDW,- (Under jnd lead hnds XLIF trng 1/2 RF, rec R cont trn to fc, sd L Bfly SCAR,-);
- 15 (Fwd Lady Develop SS) Fwd L,-, Hold,- (Bk R,-, lift L foot to right knee point toes down extend L fwd,-);
- 16 (Bk Sd Cl) Bk R, sd L fc WALL, cl R,-;

PART "B"

1-8 MOD CHASE WITH UNDERARM TRN;;; SIT LINE; FENCE LINE LADY TAMARA; WALK BK 6 LADY TO FC;;

- 1-2 (Mod Chase with Underarm Turn) Lead hnds jnd fwd L trn 1/2 RF (Bk R no trn), rec R COH Lady beh on Man's left sd lead hnds down, fwd L,-; bk R (fwd L), rec L bring Lady to start LF underarm trn (fwd R trn LF 1/2), fwd R,-;
- 3-4 (Repeat meas 1 & 2 to fc WALL);;

