

"NO ES AMOR"

Composers: Carlos & Nancy Esqueda
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Record : Special Pressing (Flip Muy Bonito Cha)
Available from choreographers \$6.50 incl mailing
Sequence: A A B INTERLUDE C B A (1-7) Speed: 36
Phase: VI
Rhythm: Foxtrot Date: October 1994

INTRO

OP fc WALL Arms folded in front hip high normal footwork

1 - 4 **WAIT;; ROLL 3 LOD; THRU FACE CLOSE;**
1-2 **(Wait);;**
SQQ 3 **(Roll 3 LOD)** Sd & fwd L commence LF trn 1/4,-, fwd R cont LF trn 1/2 fc RLOD, bk L LOD fc WALL;
SQQ 4 **(Thru Fc Close)** XRIF,-, sd L, cl R to L fc WALL CP;

PART "A"

1 - 8 **WHISK; NATURAL WEAVE;; REVERSE WAVE;; BK FEATHER; BK CURVING 3;**
FWD RIGHT CHASSEE;
SQQ 1 **(Whisk)** Fwd L,-, sd R, XLIB (XRIB);
SQQ 2-3 **(Natural Weave)** Thru R commence RF trn,-, cont RF trn sd L (Fwd R between Man's feet), bk R DC; bk L BJO, bk R to CP commence LF trn, sd & fwd L, fwd R DW BJO;
SQQ 4-5 **(Reverse Wave)** Fwd L trn LF,-, sd R cont trn (Heel trn), bk L twd WALL; bk R cont trn,-, bk L LOD, bk R;
SQQ 6 **(Bk Feather)** Bk L LOD,-, bk R, bk L right sd stretch BJO;
SQQ 7 **(Bk Curving 3)** Trn LF bk R DC,-, cont bk L, bk R with checking action fc DW;
SQ&Q 8 **(Fwd Right Chassee)** Fwd L DW,-, sd R/cl L to R DRW, sd R;

PART "B"

1 - 8 **HOVER; PROMENADE WEAVE TO LEFT WHISK;; UNWIND; BK HOVER SCP;**
CONTINUOUS HOVER CROSS;;
SQQ 1 **(Hover)** Fwd L,-, sd & fwd R rising with hovering action stretch right side, fwd L DC SCP;
SQQ 2-4 **(Promenade Weave to Left Whisk)** Thru R trn Lady LF to CP,-, fwd L trn LF, sd R LOD cont trn; bk L DW BJO, bk R CP, sd L with left sd lead DW SCP, [**Whisk**] XRIB (XLIB) reverse SCP S look RLOD; hold,-,
SQQ 5 **(Unwind)** Trn RF on left heel & right toe to fc LOD then transfer wgt on R take the whole measure (SQ&Q) (Fwd R,-, fwd L/R commence RF trn, fwd L fc RLOD),
SQQ 6 **(Bk Hover SCP)** Bk L BJO,-; bk R trn RF right shoulder lead with hovering action fc WALL, cont RF trn fwd L DW SCP,
SQQ 7-8 **(Continuous Hover Cross)** Thru R commence RF trn,-; sd L DW cont trn, sd R twd DW, cont trn QQQQ fwd L right shoulder lead, cl R to L CP; trn to BJO bk L DRC, bk R CP, sd & fwd L, fwd R
QQ DW BJO;

INTERLUDE

1 - 8 **WHISK; NATURAL WEAVE;; REVERSE WAVE;; BK FEATHER; BK CURVING 3;**
CHANGE DIRECTION;
1-7 **REPEAT MEASURES 1 THRU 7 PART "A"**
SS 8 **(Change Direction)** Fwd L DW,-, trn LF sd R fc LOD,-;

PART "C"

1 - 8 **THREE STEP; NATURAL TURN; SPIN TURN; FEATHER FINISH; OPEN TELEMARK; NATURAL TELEMARK TO NATURAL WEAVE & SIDE;;;:**

- SQQ 1 **(Three Step)** Fwd L DW,-, fwd R, fwd L;
 SQQ 2 **(Natural Turn)** Fwd R commence RF trn,-, sd L DW (Heel trn), bk R LOD CP;
 SQQ 3 **(Spin Turn)** Bk L pivoting RF fc LOD,-, fwd R cont RF trn heel/ball, bk L DRC fc DW;
 SQQ 4 **(Bk Feather Finish)** Bk R DRC,-, sd & fwd L DC, fwd R DC BJO;
 SQQ 5 **(Open Telemark)** Fwd L DC commence LF trn,-, cont LF trn sd & fwd R (Heel trn), sd & fwd L DW SCP;
 SQQ 6 **(Natural Telemark)** Thru R,-, sd L around Lady (Fwd R), trn RF fwd R DW SCAR;
 QQQQ 7-8 **(Natural Weave & Side)** Fwd L, fwd R, sd L trn RF fc DRW
 QQS (Heel trn), kb R blend to BJO Fc DRW; bk L, bk R, trn LF sd L fc WALL both look LOD,-;

9 - 16 **THROWAWAY; LINK SCP; CURVE FEATHER; BK TIPPLE CHASSE; HOVER SCP; FEATHER; REVERSE TURNS;:**

- SS 9 **(Throwaway)** Trn LF on L to fc LOD trn Lady LF on her R to fc RLOD,-, relax M's L Lady's R knees Lady extends L bk DW on tip of toe Man extends R bk RLOD upper body well up Lady's head to lft looking up,-; Note: The 2 slow counts for the THROWAWAY should be one continuous action.
 SQQ 10 **(Link SCP)** Rise on L,-, cl R to L, fwd L LOD (Rise on R,-, cl L to R, fwd R SCP);
 SQQ 11 **(Curved Feather)** Thru R LOD,-, sd & fwd L strong RF trn CP prepare to step to BJO, cont trn fwd R DRW right shoulder lead;
 SQ&Q 12 **(Bk Tipple Chasse)** Bk L trn RF fc COH,-, cont trn sd R/cl L to R, fwd R DW;
 SQQ 13 **(Hover SCP)** Fwd L,-, sd & fwd R rising with hovering action, fwd L DC SCP;
 SQQ 14 **(Feather)** Thru R,-, fwd & sd L, fwd R to BJO (Thru L,-, trn LF sd & bk R, bk L to BJO);
 SQQ 15-16 **(Reverse Turns)** Fwd L,-, trn LF sd R (Heel trn), cont trn bk SQQL; bk R cont trn,-, sd & fwd L DW, fwd R BJO;

ENDING

1 - 3 **CURVING 3; BK CURVING 3; FWD RIGHT LUNGE;**

- SQQ 1 **(Curving 3)** Fwd L,-, trn RF sd & fwd R right shoulder lead, cont trn fwd L with checking action fc RDC;
 SQQ 2 **(Bk curving 3)** Trn LF bk R DC,-, cont trn bk L, bk R with checking action fc DW;
 SS 3 **(Fwd Right Lunge)** Fwd L DW CP,-, flex L knee fwd & sd R DW keeping left sd in twd partner and as wgt is taken on R flex right knee and make slight body trn to left and look at partner,-;