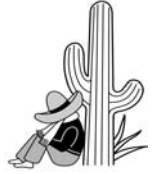


## "MY LUCIA 6"

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Record: SP (Mia Lucia) (Flip Plumeria)  
Thanks to Fred & Keiko Migliorini for the Music  
Phase: Waltz Phase 6 Speed 45  
Sequence: Intro, A, A Mod, B, A Mod, End Release: Sep 9, 2001



### INTRO

SHADOW POS FC DW LADY SLIGHTLY to RIGHT SD of MAN RIGHT FOOT FREE BOTH

- 1-4 WAIT; ARM CARESS; LADY ROLL to LUNGE LINE; LADY SYNC ROLL BJO MAN in 2;  
1 (Wait);  
2 (Arm Caress) (Slowly sweep right arm out to sd then up & over to caress Man's face);  
3 (Lady Roll To Lunge Line) Sd R lead Lady to roll RF, lunge sd L small step extend lead arms to sd (Roll to RDW R, L, lunge sd R in OP fc DW);  
4 (Lady Sync Roll BJO Man In 2 [12&3]) Rec R lead Lady to roll, hold, sd & fwd L DW BJO (Roll LF L, R/L, R BJO trng 1 1/2);

### PART "A"

- 1-8 FWD SEMI CHASSEE; BIG TOP; CONTRA CK REC BK; BK CHASSEE BJO; HAIRPIN; PREP TRN to SAME FOOT LUNGE;; TELESPIN ENDING;  
1 (Fwd Semi Chassee 12&3) Fwd R, sd & fwd L/cl R, fwd L LOD SCP;  
2 (Big Top) Thru R commence LF spin, cont spin XLIB, cont spin slip R bk small step fc RDW (Thru L commence LF spin, fwd R around man's left sd cont spin brush L to R, fwd L);  
3 (Contra Ck Rec Bk) Relax R knee fwd L, rec R, bk L fc RLOD CP;  
4 (Bk Chassee BJO 12&3) Bk R, trn LF sd L LOD/cl R, sd & fwd L DW BJO;  
5 (Hairpin) Fwd R, sd & fwd L strong RF trn CP prepare to step to BJO, cont trn fwd R DRW BJO right shoulder lead;  
6 (Prep Trn) Bk L trn 1/4 RF, draw R to L no wgt right sd stretch look RLOD fc COH (Fwd R, swivel on R fc RDW, cl L);  
7 (Same Foot Lunge) Lower on L extend R sd & fwd DC (X thighs extend R DC), both transfer wgt to R stretching left sd both looking LOD in right lunge action (well into Man's right arm), trn upper body RF stretch right sd to open Lady's head to right;  
8 (Telespin Ending &123) On ct & trn upper body LF no wgt chg to lead Lady fwd/trans wgt to L, cont trn sd R, cont trn sd & fwd L LOD SCP (Fwd L heel lead commence LF trn/sd R around Man, cl L toe trn, cont trn sd & fwd R SCP);
- 9-16 THRU SEMI CHASSEE; WING; TELESPIN BJO;; NAT TELEMAR; 2 OF 3 FALLAWAYS CHECKING to;; FALLAWAY TWIST TRN;  
9 (Thru Semi Chassee 12&3) Thru R, sd & fwd L/cl R, fwd L LOD SCP;  
10 (Wing) Thru R slightly XIF DC, draw L toward R no wgt, trn upper body LF SCAR fc DC (Thru L commence XIF of Man, fwd R around Man, fwd L SCAR);

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- 11-12 (**Telespin BJO 123 &123**) Fwd L comm LF trn, sd R cont trn, sd & slightly bk L LOD partial wgt fc WALL; trn upper body LF to lead Lady fwd/transfer wgt to L, cont trn sd R, sd & fwd L DW BJO (Bk R comm LF trn, cl L heel trn, fwd R LOD keeping head to left; fwd L heel lead comm LF trn fc RLOD/sd R around Man, cl L toe trn, cont trn sd & bk R BJO);
- 13 (**Nat Telemark**) Fwd R comm RF trn, sd L around Lady cont trn (heel trn), fwd R DC SCAR;
- 14-15 (**2 Of 3 Fallaways Checking**) Fwd L trn LF, sd & bk R, XLIB (XIB) to tight SCP DRW; bk R (Trn LF & step fwd L into CP), bk & sd L trng slightly LF (Fwd & sd R trng LF) RSCP RLOD, XRIB (XIB);
- 16 (**Fallaway Twist Trn 1&23**) Unwind RF on right toe & left heel fc COH, cont trn, transfer wgt to R fc DC BJO (Fwd R/sd L around Man, XRIB [Fallaway], sd L BJO);

**PART "A" MOD**

- 1-16 **BACK HOVER SCP; BIG TOP; CONTRA CK REC BK; BK CHASSEE BJO; HAIRPIN; PREP TRN to SAME FOOT LUNGE;; TELESPIN ENDING; THRU SEMI CHASSEE; WING; TELESPIN BJO;;; NAT TELEMARK; 2 OF 3 FALLAWAYS CHECKING to;; FALLAWAY TWIST TRN;**
- 1 (**Back Hover SCP**) Bk L small RF trn, sd & bk R, sd & fwd L DC SCP;
- 2-16 **;;;;;;;;;;;;;** of part "A"

**PART "B"**

- 1-9 **BK CHASSEE SCAR RDW; FWD TRN POINT LADY SWIVEL DEVELOPE; CLOSED WING; CLOSED TELEMARK; PENDULUMN; FWD LK FWD SD CL; MANUVER; SPIN & TWIST to WHISK;;**
- 1 (**Bk Chassee SCAR RDW 12&3**) Bk L trn RF, sd R RLOD/cl L, sd R SCAR fc RDW (Fwd R trn RF, sd L RDW/cl R, sd L);
- 2 (**Fwd Trn Point Lady Swivel To Develope**) Fwd L swivel LF, point R RDW, hold fc DC (Bk R swivel LF fc RDW, lift left foot twd right knee, extend L up & fwd toe pointing down);
- 3 (**Closed Wing**) Fwd R slightly XIF, cl L lead Lady to SCAR by trng upper body LF, XRIB fc DC (Bk L commence XIF of Man, sd & bk R in front of Man, fwd L to SCAR);
- 4 (**Closed Telemark**) Fwd L trn LF, cont trn sd & fwd R (Heel trn), sd & fwd L DW BJO;
- 5 (**Pendulumn**) Fwd R, swing L fwd stretch body & sway slightly LF, swing L bk XIF no wgt (Bk L, swing R bk stretch body & sway slightly RF look over R shoulder, swing R fwd XIB no wgt);
- 6 (**Fwd Lk Fwd Sd Cl 1&2&3**) Fwd L/lk RIB, fwd L/sd R, cl L BJO DW (Bk R/lk LIF, bk R/sd L, cl R);
- 7 (**Manuver**) Fwd R trn RF, sd & bk L blend to CP, cl R fc RLOD;
- 8-9 (**Spin & Twist To Whisk 123 &123**) Trn RF bk L, sd & fwd R cont trn heel lead, strong trn RF sd L BJO; quick XRIB trn RF/twist RF on ball of R heel of L, cont twist trn, rise trn RF bk L XIB to whisk pos fc DC (Trn RF fwd R, fwd & sd L spin RF, cl R BJO; run fwd around Man L/R, fwd L toe pivot RF swivel on L strong RF trn bk R XIB to whisk pos);

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**10-16**    RIPPLE CHASSEE; P/U LADY RONDE KICK; OPPOSITION POINT REC MAN CL;  
RIGHT LUNGE BODY ROLL & SLIP; DOUBLE REV; OPEN TELEMARK;  
THRU to HINGE;

- 10 (Ripple Chassee 12&3) Fwd R (Fwd L), sd & slightly fwd L with LF stretch/cl R, cont right sway to look toward Lady (Head to left), sd & slightly fwd L loosing sway still in SCP DC;
- 11 (P/U Lady Ronde Kick) Thru R, hold 2 cts (Thru L, ariel ronde kick fwd with R trn LF 1/2 on L fc Man, cl);
- 12 (Opposition Point Rec Man Cl) Relax R knee & point L RDC with right sd stretch, hold, rise on R cl L fc DC (Relax R knee & point L DW with right sd stretch, hold, rise on R tch L);
- 13 (Right Lunge Body Roll & Slip) Lower on L fwd R DW right sd lead head to right, rec L trn body RF, trng LF on L small step bk R CP fc DC;
- 14 (Dble Rev Spin [12&3]) Fwd L commence LF trn, sd R DC cont spin fc LOD, tch L to R (Bk R, cl L heel trn, cont trn sd & bk R/XLIF CP);
- 15 (Open Telemark) Fwd L commence LF trn, cont trn sd & fwd R (Heel Trn), sd & fwd L DW SCP;
- 16 (Thru To Hinge) Thru R, trn LF sd & slightly fwd L with left sd stretch, swivel LF 1/8 (Thru L, trn LF sd & fwd R, XLIB relax L knee);

REPEAT "A" MOD

**1-16**    BACK HOVER SCP; BIG TOP; CONTRA CK REC BK; BK CHASSEE BJO;  
HAIRPIN; PREP TRN to SAME FOOT LUNGE;; TELESPIN ENDING;  
THRU SEMI CHASSEE; WING; TELESPIN BJO;; NAT TELEMARK;  
2 OF 3 FALLAWAYS CHECKING to;; FALLAWAY TWIST TRN TO BOLERO;

- 1 (Back Hover SCP) Bk L small RF trn, sd & bk R, sd & fwd L DC SCP;
- 2-15 ;;;;;;;;;;;;;; of part "A"
- 16 (Fallaway Twist Trn to Bolero 1&23) Unwind RF on right toe & left heel fc COH, cont trn, transfer wgt to R fc DC Bolero BJO both right hands on partner's waist left hnds up and slightly sd (Fwd R/sd L around Man, XRIB [Fallaway], sd L Bolero BJO);

ENDING

**1-5**    SYNC WHEEL; MANUVER; PIVOT 3 to RIGHT TRN LOCK;;  
THRU to THROWAWAY;

- 1 (Sync Wheel 1&2&3) Both right hnds on partner's waist left hnds up & slightly sd in tight CW circle L/R, L/R, L fc DW BJO;
- 2 (Manuver) Fwd R trn RF, sd & bk L blend to CP, cl R fc RLOD;
- 3 (Pivot 3) Bk L DW commence RF trn, fwd R LOD cont trn, bk L LOD;
- 4 (Right Trn Lock 1&23) Bk R with right sd lead commence RF trn/XLIF, cont trn sd & fwd R between Lady's feet, sd & fwd L DC SCP (Fwd L with left sd lead/XRIB, cont trn fwd & sd L stay well into Man's right arm, cont trn sd & fwd R DC SCP);
- 5 (Thru To Throwaway) Thru R, sd L both look DC trn Lady LF on her R to fc RLOD as Man trns LF on L to fc LOD, relax M's left Lady's right knees Lady extends L bk on tip of toe Man extends R bk upper body well up Lady's head to left looking up;

