

MY HEART

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RECORD: "My Heart" - Windsor 4749
POSITION: INTRO-Diag Open-Facing; DANCE-CP M fcg LOD
FOOTWORK: Opposite; directions for M unless indicated

MEASURES

INTRODUCTION

- 1-4 WAIT; WAIT; APART,-,POINT,-; TOGETHER(CP),-,TOUCH,-;
1---2..Diag Open-fcg Pos M's R & W's L hands joined wait 2 meas;;
3....Step diag apt on L,-, pt R twd ptr,-;
4....Step tog on R to CP M fcg LOD,-, tch L to R,-;

DANCE

- 1-4 (CP LOD)FWD TWO-STEP; FWD TWO-STEP; IN,-,2,-; (SCiss)SIDE,CLOSE,CROSS(SCar),-;
1---4..CP start M's L do 2 fwd two-steps prog LOD;;
3....Blend to SCP both face COH step fwd L,-,R,-;
4....Blend to CP M fcg LOD step swd COH on L, close R to L, step L diag XIF
(W XIB) to SCAR M fcg diag wall & LOD,-;
- 5-8 (½ Box)SIDE,CLOSE,FWD,-; FWD,-,TURN(RF ¼),-; TURN TWO-STEP; TURN TWO-STEP;
5....Blend to CP M fcg LOD step swd twd wall on R, close L to R, step fwd
LOD on R,-;
6....Step fwd LOD on L,-, R turning ¼ RF to end in CP M fcg wall,-;
7---8..CP start M's L do 2 RF turning two-steps prog LOD to end CP M fcg LOD;;
- 9-15 REPEAT ACTION MEAS 1-8 -- EXCEPT TO END IN SCP FCG LOD.
- 17-20 (SCP)FWD TWO-STEP; FWD TWO-STEP(CP); SIDE,CLOSE,THRU(L-OP),-;
SIDE,CLOSE,MANUV(CP),-;
17-18..SCP start M's L do 2 fwd two-steps prog LOD to end CP M fcg wall;;
19....CP step swd LOD on L, close R to L, step thru twd RLOD on L (both thru)
to end in L-OP fcg RLOD,-;
20....Turn to face ptr step swd RLOD on R, close L to R, step fwd on R
maneuvering ¼ RF to end in CP M fcg RLOD(W step swd RLOD on L, close R
to L, step fwd on L turn ¼ RF to CP),-;
- 21-24 (CP)PIVOT,-,2,-; VINE,2,3,4(SCP); (Dbl Hitch)FWD,CLOSE,BK,-; BK,CLOSE.FWD,-;
21....CP start M's L stepping bwd LOD do a ¾ RF cpl pivot in 2 steps to end
CP M fcg wall;
22....CP step swd LOD on L, step RXIB (W XIB), step swd on L, step thru twd
LOD on R (W thru) to end in SCP fcg LOD;
23....SCP step fwd LOD on L, close R to L, step bwd RLOD on L,-;
24....Step bwd RLOD on R, close L to R, step fwd LOD on R,-;
- 25-32 REPEAT ACTION MEAS 17-24 -- EXCEPT ON MEAS 32 ON LAST STEP OF HITCH PICKUP W
TO CP M FCG LOD.

PERFORM ENTIRE ROUTINE FOR TOTAL OF TWO TIMES.

ENDING

SECOND TIME THRU DANCE ON MEAS 32 ON LAST STEP OF HITCH POINT R TWD LOD TO ACK.