

MANUELA WALTZ

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Record: ROPER 145-B

Position: Intro - OP Fcg DWL. Dance CP DCL

Footwork: Opposite, directions for M (except where noted).

Sequence: INTRO, A, B, A, B, ENDING.

INTRO: WAIT; SPIN MANUEVER, 2,3; SPIN TURN, 2,3; BK(TRN), SD, CL;

1-4 Wait 1 Meas OP Fcg Diag Wall and LOD weight on M L & W R with M R & W L hand joined; Manuv fwd R start RF trn, sd L, cl R (W LF spin L,R,L) CP RLOD; (Spin Trn) BK L piv RF $\frac{1}{2}$, fwd R rise leave L leg extended, rec bk L (W fwd R piv $\frac{1}{2}$, bk L brush R to L, fwd R) CP DWL; ($\frac{1}{2}$ box) BK (trng LF), sd L , cl R CP diag COH and LOD;

PART A

(CP DCL) OPEN TELEMARK; RIGHT FALLAWAY; SLIP PIVOT; FWD, FWD/LK, FWD;

- 1- (Open Telemark) fwd L trn LF, cont trn sd R, sd & fwd L (W bk R trn LF, cont trn on R heel cl L, sd & fwd R) SCP diag wall & LOD;
- 2- (Right Fallaway) Fwd R start RF trn, sd & bk L, bk R (W fwd L, fwd R trng RF, bk L) SCP RLOD;
- 3- (Slip Pivot) Bk L, starting trn LF bk R (Slip W to CP), sd & fwd L to contra bjo (W bk R, trn LF on R to fc M leave L extended fwd on L piv LF, sd & bk R) contra bjo diag wall & LOD;
- 4- Fwd R, Fwd L/lk R beh L, fwd L (W bk L, bk R/XLIF, bk R);

MANUV, SD CL; HESITATION CHANGE; LF WALTZ TURN; LF WALTZ TURN;

- 5- Manuv fwd R start RF trn, sd L, cl R (W fwd L, sd R, cl L) CP RLOD;
- 6- (Hesitation Change) Bk L trn RF, small sd R LOD, tch L to R (W fwd R piv RF, sd L LOD, draw R to L tch) CP diag COH & LOD;
- 7-8 Do 2 LF waltz trns L,R,L; R,L,R, to CP fcg wall;

HOVER; W ROLL ACROSS (LOP); PICK UP, 2,3; LUNGE, REC, CLOSE;

- 9- (Hover) Fwd L, sd R rise, rec on L (W bk R, sd L rise, rec R) CP wall;
- 10- Trng SCP fwd R, fwd L, fwd R (W roll LF in front of M L,R,L) LOP LOD;
- 11- Fwd L, sd R, cl L to R, (W fwd R trn RF, sd L, cl R to L) Cp LOD;
- 12- Lunge R, rec L, Draw R to L close (W lunge sd L, rec R, draw L to R close)CP LOD;

LF DIAMOND TURN; LF DIAMOND TURN; FWD (CHECK), REC, BK; BK,SD,CL;

- 13- Fwd L trng LF, sd R, bk L (W bk R trng LF, sd L, bk R) bjo COH;
- 14- Bk R cont LF trn, sd L, fwd R (W fwd L cont LF trn, sd R, bk L) bjo RLOD;
- 15- Fwd L (check), rec R, bk L (W bk R (check) rec L, fwd R) still in bjo RLOD;
- 16- Bk R, sd L (CP) cl R to L (W fwd L, sd R, cl L to R) CP RLOD;

PART B

OPEN IMPETUS; IN & OUT RUNS;; FWD, FAN, CLOSE;

- 1- (Open Impetus) Bk L start RF trn, cl R to L, cont RF trn fwd L (W fwd R btwn M's ft trng RF around M, cont RF trn sd L, fwd R) SCP DWL;
- 2-3 (In & Out Runs) Fwd R trng RF, sd L, bk R in contra bjo (W fwd L,R, L); Bk L trng RF, small sd R trn RF, sd & fwd B SCP LOD (W fwd R trn LF, sd L, sd & fwd R);
- 4- Fwd R, fan L, cl L to R (W fwd L, fan R, cl R to L) SCP LOD;

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PART B

Continued

CHAIR, REC, SLIP PIV (CP); DRAG HESITATION; WEAWE, 2, 3 (SCP); FWD, POINT, HOLD;

- 5- (Chair) Fwd R lunge leave L leg extended, rec L, bk pivoting W to CP (W fwd L lunge, rec R, pivot LF on R step L btwn M's ft pivoting Lf) CP LOD;
6- (Drag Hesitation) Fwd L trn $\frac{1}{2}$ LF, sd R, draw L to R (W bk R trn $\frac{1}{2}$ LF, sd L, draw R to L contra bjo RLOD);
7- (Weave 3) Bk L, bk R trng LF, sd&fwd L (W fwd R, fwd L, fwd R) SCP LOD;
8- Fwd R, point L fwd, hold (W fwd L, point R fwd, hold);

FLARE BEHIND, SIDE, THRU (RSCP); LUNGE SD, REC, DRAW CLOSE; DIP, HOLD, HOLD; MANUVER;

- 9- Flare L behind R, sd R, thru L (W flare R behind L, sd L, thru R) RSCP RLOD;
10- Lunge sd on R, rec L, draw R to L cl (W lunge sd on L, rec R, draw L to R cl) CP wall;
11- Bk L, hold 2,, (W fwd R, hold 2,,) CP wall;
12- Rec R trng RF, sd L, cl R to L (W rec L trng RF, sd R, cl L to R) CP RLOD;

BACK WHISK; HINGE; REC TO SCP; PICK UP;

- 13- (Back Whisk) Bk L, sd R trng RF, XLIB of R (W fwd R, sd L trng RF, XRIB of L) SCP RLOD;
14- (Hinge) Thru R, sd & bk L, relaxing L knee fcg COH (W thru L, sd R relaxing R knee trng LF, XLIB of R fcg LOD);
15- Hold, rec R, trng RF fwd L (W fwd R trng RF in front of M, cont RF trn sd L, fwd R) SCP LOD;
16- Fwd R, sd L, cl R to L (W fwd L trng LF, sd R, cl L to R) CP diag COH & LOD;

ENDING

LF WALTZ TURN ; LF WALTZ TURN ; WHISK; WING;

- 1-2 Do 2 LF waltz turns L,R,L; R,L,R CP wall;
3- (Whisk) Fwd L, sd R, XLIBR (W bk R, sd L, XRIBL) SCP LOD;
4- (Wing) Fwd R, draw L tch, - (W fwd L, trng LF fwd R, fwd L) SCAR diag COH & LOD;
CLOSED TELEMARK; MANUVER, SD, CL; OPEN IMPETUS; CHAIR, -,-;
5- (Closed Telemark) Fwd L trn LF, sd R cont trng LF, sd & fwd L (W bk R trng LF, cont trn on R heel cl L to R, cont trn sd & bk R) contra bjo diag wall & LOD;
6- Manuv R, sd L, cl R to L (W bk L trng RF, sd R, cl L) CP RLOD;
7- (Open Impetus) Bk L start RF trn, cl R to L, cont RF trn fwd L (W fwd R btwn M's ft trng RF around M, cont RF trn sd L, fwd R) SCP LOD;
8- (Chair) Fwd R lunge Leave L leg extended, hold, hold (W fwd L lunge leave R leg extended, hold, hold);