

"HEARTACHE"

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POSITION: INTRO & DANCE: CP M FAC LOD
 FOOTWORK: Opposite throughout, Directions for M

MEAS INTRO

1-3 WAIT; WAIT; FWD,TCH,-; BK,TCH,-;

1-2 In CP M fac LOD wait 2 meas;;

3-4 CP M fac LOD step fwd L, tch R to L,-; step bk twd RLOD R,tch L to R,-;

DANCE

1-4 (TELEMARK)FWD,SIDE,TRN FWD(TO SCP); (HITCH)FWD,CL,BK(TO CP); DIP BK,-;

MANUV,2,3;

1 In CP M fac LOD step fwd L trng ¼ LF, side R twd LOD (W close L to R), trn on R to SCP ptrs fac wall step fwd L;

2 In SCP fac wall hitch fwd R, cl L to R (W pick up trng ½ LF), in CP M fac wall step bk twd COH on R;

3-4 In CP M fac wall dip bk twd COH L,-; manuv R to fac RLOD, side L twd wall, cl R to L to end CP M fac RLOD;

5-8 PIVOT,2,3(TO SCP); THRU,SIDE,CL(TO CP); (WHISK)FWD,SIDE,CROSS; THRU,SIDE/CL,SIDE;

5 In CP M fac RLOD do ½ RF cpl pivot L,R,L to end SCP ptrs fac LOD;

6 In SCP step thru R twd LOD (W XIF also), side L twd LOD, cl R to L to CP;

7 CP M fac wall whisk fwd L twd wall, side R diag RLOD & WALL, XLIB of R (W XIB also) to SCP ptrs fac LOD;

8 In SCP step thru twd LOD R, adjust to CP fac wall step side L twd LOD/,cl R to L, side L;

9-12 (TWINKLE TO LOP)CROSS,SIDE,CLOSE; WALTZ FWD,2,3; STEP,TCH,-; (TWINKLE TO SCP)CROSS,SIDE,CLOSE;

9 CP M fac wall cross thru twd LOD on R (W XIF also), step side LOD L, cl R to L blending to LOP ptrs fac RLOD;

10-11 LOP fac RLOD waltz fwd twd RLOD L,R,L; step fwd twd RLOD R, tch L to R,-;

12 LOP fac RLOD step thru twd RLOD L, side R twd RLOD, cl L to R turning to fac LOD in SCP;

13-16 FWD,TCH,-; STEP,SWING,-; SPIN MANUV,2,3; PIVOT,2,HOLD;

13-14 in SCP fac LOD step fwd R, tch L to R,-; Fwd L blending to OP, swing R fwd slightly off floor,-;

15 In OP fac LOD manuv R to fac RLOD, side L twd wall, cl R to L (W do one LF free spin L,R,L) to end CP M fac RLOD;

16 CP M fac RLOD do a ½ RF cpl pivot in 2 steps L,R, HOLD ONE CT to loose CP M fac LOD;

17-20 (TWINKLE TO BJO).CROSS,SIDE,CLOSE; (TWINKLE TO CP)CROSS,SIDE,CLOSE/CHECK; BK,CL,FWD (TO SCP); THRU,SIDE,BEHIND;

17 CP M fac LOD twinkle diag twd wall & LOD cross LIF of R (W XIB), side R twd wall, cl L to R blend to BJO M fac diag LOD & COH;

18 Twinkle diag twd COH & LOD cross RIF of L (W XIB), side L twd COH, cl R to L blend to CP M fac LOD;

19 CP M fac LOD hitch fwd L, cl R to L, fwd L (W bk R, cl L to R trning ¼ RF to fac LOD, fwd R) to end SCP ptrs fac LOD;

20 SCP fac LOD step thru R twd LOD (W XIF also), side L to fac ptr in momentary BFLY, XRIB of L (W XIB also);

21-24 SOLO ROLL LOD,2,3; MANUV,2,3; (SPIN TURN)PIVOT,2,REC; BACK,SIDE,CLOSE;

21 BFLY M fac wall both solo roll LOD (M LF & W RF) L,R,L to end CP M fac wall;

22 Manuv R to fac RLOD, side L twd wall, cl R to L to end CP M fac RLOD;

23-24 Spin turn CP M fac RLOD step bk L twd LOD pivoting ½ RF, cont pivot on L to end CP M fac LOD, rec bk L twd RLOD & COH; step back R twd RLOD, side L twd COH, cl R to L to end CP M fac LOD;

25-28 (L) TURN WALTZ; (L)TURN WALTZ; (BK TWINKLE)CROSS BEHIND,SIDE,CL; (BK TWINKLE)CROSS BEHIND,SIDE,CL;

25-26 In CP M fac LOD do 2 LF turning waltzes L,R,L; R,L,R to loose CP M fac wall;

27-28 Loose CP M fac wall cross L behind R twd RLOD (W XIB also), side R twd RLOD, cl L to R; cross R behind L twd LOD (W XIB also), side L twd LOD, cl R to L;

29-32 VINE TWIRL,2,3; MANUV,2,3; (R) TURN WALTZ; FWD WALTZ;

29 Release CP vine LOD side L, XRIB of L, side L (W do one RF twirl under jnd lead hands);

30 Manuv R to fac RLOD, side L twd wall, cl R to L to end CP M fac RLOD;

31-32 CP M fac RLOD do one RF turning waltz L,R,L to end CP M fac LOD; do one fwd waltz prog LOD R,L,R;

ENDING

1 STEP APT,PT,ACK:

1 Release CP step apt from ptr L maintain M's R & W's L handholds, pt R twd ptr, ack;

SEQUENCE: INTRO DANCE DANCE ENDING