

HEARTACHES

CHOREO: Denis & Ginny Crapo (360)4381236
 7331 Ridgemont Dr. SE, Olympia, WA 98513-4556
 dancepapa@comcast.net http://dancepapa.home.comcast.net

RECORD: ROPER JH-420

FOOTWORK: Opposite, Directions for the man except where noted

SEQUENCE: INTRO,A,B,C,D,A,B,C,D,TAG

RATING: PHASE III

RHYTHM: CHA CHA

INTRO

1-8 WAIT;; BASIC;; NEW YORKER; UNDERARM TURN; LARIAT;;

- [1-4] BFLY man fcg WALL wait 2 meas;; fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R
- [5] trn RF step thru L on straight leg to LOP RLOD, rec R trn LF to fc ptrn, sd L/cl R, sd L;
- [6] bk R (W beg RF trn ½ XLIF unf jnd lead hnds), rec L (W rec R complete RF trn to fc ptrn), sip R/L, R (W sd L/cl R, sd L to M's R sd);
- [7] sip L, R, L/R, L (W cir CW arnd M fwd R, L, R/L, R);
- [8] sip R, L, R/L, R (W cont cir CW to fc ptrn L, R, L/R, L);

PART A

1-8 HND-HND 2X;; BRK TO OP; WALK; SLDG DR;; CIR AWAY & TOG;;

- [1] XLIB trn LF to OP LOD, rec R trn RF to fc ptrn, sd L/cl R, sd L;
- [2] XRIB trn RF to LOP RLOD, rec L trn LF to fc ptrn, sd R/cl L, sd R;
- [3-4] XLIB trn LF to OP LOD, rec R, fwd L/cl R, fwd L; fwd R, fwd L, fwd R/cl L, fwd R
- [5-6] rk apt L, rec R releasing hnds, XLIF/sd R, XLIF; rk apt R, rec L, XRIF/sd L, XRIF
- [7] cir CCW (W CW) fwd L, fwd R, fwd L/cl R, fwd L;
- [8] cont cir fwd R, fwd L, fwd R/cl L, fwd R to fc ptrn;

PART B

1-8 CHASE W/DBL PEEK-A-BOO;:::;:::;

- [1] fwd L trn RF ½ (W bk R), rec R to tandem COH, fwd L/cl R, fwd L;
- [2] sd R look at ptrn over L shldr, rec L, sd R/cl L, sd R;
- [3] sd L look at ptrn over R shldr, rec R, sd L/cl R, sd L;
- [4] fwd R trn LF ½ (W trn RF) rec L to tandem WALL W if of M, fwd R/cl L, fwd R;
- [5] sd L (W sd R look at ptrn over L shldr), rec R, sd L/cl R, sd L;
- [6] sd R (W sd L look at ptrn over R shldr), rec L, sd R/cl L, sd R;
- [7-8] fwd L (W fwd R trn ½ LF to fc ptrn), rec R, bk L/cl R, bk L; bk R, rec L, fwd R/cl L, fwd R;

PART C

1-8 NY; CRAB WALKS;; SPOT TURN; CRAB WALKS;; SHOULDER-SHOULDER 2X;;

- [1] repeat Intro meas 5;
- [2-3] in BFLY WALL XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;
- [4] beg LF trn ½ XRIF, rec L complete LF trn to fc ptrn BFLY WALL, sd R/cl L, sd R;
- [5-6] XLIF, sd R, XLIF/sd R, XLIF; sd R, XLIF, sd R/cl L, sd R;
- [7-8] fwd L to BFLY SCAR, rec R, sd L/cl R, sd L; fwd R to BFLY BJO, rec L, sd R/cl L, sd R;

PART D**1-8 REV UNDRM TRN; FNC LINE 2X;; SPOT TURN; OP BRK; WHIP; OP BRK; WHIP;**

- [1] XLIF (W beg LF trn ½ XRIF und jnd lead hnds), rec R (W cont LF trn rec L to fc ptnr), sd L/cl R, sd L;
- [2] BFLY WALL cross lunge thru R with bent knee look to LOD, rec R to fc ptnr, sd R/cl L, sd R;
- [3] cross lunge thru L with bent knee look to RLOD, rec L to fc ptnr, sd L/cl R, sd L
- [4] repeat Part C meas 4;
- [5] rk apt strongly on L to LOFP ext R arm up w/palm out, rec R lower R arm, sd L/cl R, sd L;
- [6] bk R beg ¼ LF trn (W fwd L), cont ¼ LF trn rec fwd L (W fwd R trn LF ½), sd R/cl L, sd R;
- [7-8] repeat Part D meas 5-6 to BFLY WALL;;

TAG**1 OPEN BREAK 1;**

- [1] rk apt strongly on L to LOFP ext R arm up w/palm out,---;