

MORE THAN EVER RUMBA 3

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RHYTHM-PHASE Rumba - Phase 3
FOOTWORK Opposite except where noted
SEQUENCE A - B - A B END

INTRO

1 - 4 **WAIT :: [Bfly] SHLD/SHLD X 2 ::**
[Bfly] Wait :: Fwd L to bfly s/car, rec R to fo, sd L; Fwd R to bjo rec L, sd R.

PART A

1 - 6 **BASIC :: N/YORKER ; CRABWALKS :: N/YORKER ; [Bfly]**
[Basic] Fwd L, rec R, sd L; Bk R, rec L, sd R. [N/yorker] Thru L, w/straight leg to sd by sd
pos, rec R to fo, sd L. [bfly] [Crabwalks] X R in front of L, sd L, X R in front of L; sd L.
X R in front of L, sd L; [N/yorker] Thru R, sd by sd pos rec L, sd R. [bfly]

7 - 10 **BREAK BK to OP ; PROG/WK 3 ; SLIDING DOOR ; SL RK SD REC ;**
[Break Bk to op] blind L, to op lod rec fwd R, fwd L. [Prog/wk 3] Fwd R, fwd L, fwd R;
[Sliding Door] rk sd L, releasing hands rec R, X LIF chng sds [Staying at op lod]
[Slow Rk Sd Rec] Slowly rk sd R, rec L.

11 - 14 **SLIDING DOOR BK ; SL RK SD REC ; CIRCLE AWAY & TOG ::**
[Sliding Door] Rk sd R, rec L. X RIF. [Slow Rk Sd Rec] Slow rk sd L, rec R. [Circle away &
leg] Circle away from your ptrs fwd L turn, c) R, (wd L, trng ; Circle fwd ptrs fwd R, trng,
cl L, fwd R, trng to fo ;

15 - 16 **CUCARACHAS TWICE W/ARMS ; [arms optional]**
[Cucarachas] Rk sd L, rec R, cl L ; rk sd R, rec L, cl R ; [optional arms] same arm as cucaracha
Raise arm out & up to over the head & lower in front of body]

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PART B

1 - 8

CHASE ;;;[bfly] F/LINE ; THRU to SERPIENTE ;; F/LINE ;

[Chase] Fwd L trng R fe ½, rec fwd R, fwd L, fwd R trng L fe ½, rec fwd L fwd R ; fwd L, rec R, bk L, bk R rec L, fwd R ; [W Bk R] with no turn, rec L, fwd R ; fwd L trng R fe ½, rec fwd R, fwd L ; fwd R trng L fe ½, rec fwd L, fwd R, fwd L no turn rec R, bk L, [bfly]

[Fence Line] X lunge thro L with bent knee looking in same direction, rec R, trng to fe sd L ;

[Serpiente] Thru R - Sd L, bhd R, fan L counter clockwise bhd L, sd R, thru L, fan R counter clockwise, [bfly] [Fence Line] X lunge R, roo L, sd R ;

9 - 16

OP BREAK ; WHIP ; OP BREAK WHIP ; ¼ BASIC ; U/ARM TURN LARIAT ;;

[Open Break] Rk apt on L, to ltp fig, post extend free arm up with palm out, rec on R lowering free arm, sd L ; [Whip] Bk R trng ¼ L Fe, rec fwd L continuing turn ¼, sd R ; [W Fwd L outside man on L, sd, fwd R trng ½ L, fe, sd L.] Repeat mean 9 -10 man fig coh] [¼ Basic] Fwd L,

rec R, sd L ; [Under arm turn] Bk R rec L, sd R ; [W X L in front under joined lead hands trng ½ R fe, rec R continue Rt fe turn to fe pstr, sd L.] [To Man's R side] [Lariat] Step in place, L,R,L, R,L,R ; [W Circle M clockwise with joined lead hands fwd R, fwd L, fwd R ; fwd L, fwd R, sd L ; [bfly]

REPEAT A - B

ENDING

1 - 2

LUNGE SIDE ; TILT REVERSE ;

[Lunge sd] in bfly, lunge to the sd L ; [Tilt] Tilt arms, Lf hand up Rt hand lowered looking R)sd & leaving Rt ft pointing to rev