

THE CLIFFS OF DOONEEN

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Music: "The Cliffs of Dooneen", Phil Coulter, *Coulter Classics* CD, Trk #4 Release: Dec 07

Sequence: Intro, A, A, Inter, B, End Rhythm & Phase: Waltz Ph 5 + 1 (Traveling Hvr Cross)

Time: Music shortened to 2:48



INTRO

1-3 WAIT INTRO MUSIC IN LOP DLW LEAD FEET FREE; TOG TCH; BOX FNSH DLC;

1-2 In LOP DLW lead ft free wait lead music about one meas.; tog L tch R, - CP DLW; bk R, sd L trng ¼ LF, cls R;

PART A

1-5 2 LEFT TRNS;-; WHISK; WING; DRAG HESITATION;

1-2 CP DLC fwd L trng LF, cont trn sd R twd COH fce RLOD, cls L; bk R trng LF, sd L twd LOD to fce Wall, cls R;
3 Fwd L, sd and fwd R rising, XLIB trng to SCP DLC;
4 Fwd R rotate upper body LF to lead W to SCAR DLC, draw L, tch L (*W fwd L, R, L around M keep head in CP*);
5 Fwd L comm LF turn, sd R finish trn to end BJO DRC, draw L to R;

6-10 BK, BK/LK/BK; OPEN IMPETUS; WEAVE 6;-; CURVED FEATHER;

6 12&3 Bk L, bk R/lk LIF, bk R staying in BJO DRC;
7 Bk L comm RF trn, cls R heel cont trng, fwd L to SCP DLC (*W fwd R, sd L across M toe turn, fwd R*);
8-9 Fwd R, fwd L trng LF to CP, sd bk R; bk L, bk R trng LF, sd fwd L to BJO DLW;
10 Fwd R trng RF, left side stretch cont trng RF, fwd R checking to BJO DRW;

11-15 BK PASSING CHG; RISING LOCK; HVR TELEMAR SCP; TRAVELING HOVER CROSS;-;

11 Bk L, bk R right side lead, bk L;
12 Bk R trng LF, sd fwd L trng LF, XRIB to CP DLW;
13 Fwd L, sd and fwd R trng RF rising, rec L to SCP DLW;
14 Thru R, sd L twd Wall trng RF, cont trng RF sd R SCAR DLW;
15 12&3 Fwd L, fwd sd R CP/fwd L BJO, fwd R to BJO DLC;

16-20 CLOSED TELEMAR; FWD, FWD/LK, FWD; MAN; SPIN TURN; BOX FINISH;

16 Fwd L comm LF trn, sd R around W trng LF (*W heel turn*), fwd L to BJO DLW;
17 12&3 Fwd R, fwd L/lk RIB, fwd L BJO DLW;
18 Fwd R in frnt of W, sd L twd Wall, cls R;
19 Bk L comm RF trn, fwd R btwn W's feet rising cont trng to CP DLW, rec bk L;
20 Bk R trng LF, sd L trng ¼ LF to CP DLC, cls R;

INTER

1-2 DOUBLE REVERSE DLC; DOUBLE REVERSE LOD;

1 12-(12&3) DLC fwd L trng LF, sd R trng 3/8, spin LF ½ on R tch L, (*W bk R trng LF, heel trn on L trng ½ LF/sd and bk R cont trng, XLIF*) CP DLC;
2 12-(12&3) DLC fwd L trng LF, sd R trng 3/8, spin LF ½ on R tch L, (*W bk R trng LF, heel trn on L trng ½ LF/sd and bk R cont trng, XLIF*) CP LOD;

[NOTE: A Change of Direction may be substituted for the 2nd Double Reverse]

PART B

1-5 DIAMOND TURN;-;-; OPEN TELEMAR;

1-2 CP LOD fwd L trng on diag, sd R cont trng LF, bk L to CBJO; stay in CBJO bk R trng LF, sd L, fwd R;
3-4 CBJO DRW fwd L trng on diag, sd R cont trng LF, bk L to CBJO; bk R trng LF, sd L, fwd R CBJO DLC;
5 Fwd L comm LF trn, sd R around W trng LF (*W heel turn*), fwd L to SCP DLW;

6-10 RUNNING OPEN NATURAL; BACK CHASSE BJO; MAN; OPEN IMPETUS; VIENNESE CROSS;

6 12&3 Thru R, sd L acrs W twd Wall/bk R with right shldr lead, bk L BJO DLC;
7 12&3 Bk R trng LF, sd bk L/cls R, sd fwd L to BJO DLW;
8 Fwd R in frnt of W trng RF, sd L twd Wall, cls R;
9 Bk L comm RF trn, cls R heel cont trng, fwd L to SCP DLC (*W fwd R, sd L across M toe turn, fwd R*);
10 123& Thru R twd DLC, pick up W fwd L trng LF, cont trng sd and fwd R twd COH/XLIF (*W cls R to L*) to CP RLOD;

11-15 HOVER CORTE; OUTSIDE SPIN; HOVER CORTE; OPEN IMPETUS; PICKUP CP LOD;

11 Bk R trng LF, sd L twd LOD rising blend to CP DLW, bk R to BJO DLW;
12 Bk L trng strong RF with rt sd lead, fwd R rising cont spin, sd and bk L to CP DLW;
13 Bk R trng LF, sd L twd LOD rising blend to CP DRC, bk R to BJO DRC;
14 Bk L comm RF trn, cls R heel cont trng, fwd L to SCP DLC (*W fwd R, sd L across M toe turn, fwd R*);
15 Thru R lead W to CP DLC, sd L, cls R;

16-20 OPEN TELEMARK; IN/OUT RUN;-; SCP CHASSE; MANEUVER:
 16 Fwd L comm LF trn, sd R around W trng LF (*W heel turn*), fwd L to SCP DLW;
 17-18 Fwd R, sd L twd Wall, bk R with right side lead to BJO (*W fwd L, fwd R btwn M's feet, fwd L outside M to BJO*);
 bk L trng RF, sd and fwd R btwn W's feet rising, fwd L to SCP DLC (*W fwd R trng RF, sd and fwd L trng, fwd R*);
 19-20 Thru R, sd L/cls R, sd L SCP; thru R in frnt of W, sd L twd Wall blind CP RLOD, cls R (*W thru L, sd R, cls L*);

END

1-5 OVERSPIN TURN; BOX FINISH DLW; HOVER BFLY; SYNC VINE; THRU SLOW RONDE BFLY;

1 Bk L comm RF trn, fwd R btwn W's feet rising spin to fce DRW, rec bk L CP DRW;
 2-3 Bk R trng LF, sd L trng ¼ LF to CP DLW, cls R; Fwd L CP, sd and fwd R rising, rec L to BFLY;
 4-5 12&3;1-- Thru R, sd L/cls R, sd L; thru R, keep toe on floor rondé L CW, tch L BFLY WALL;

6-10 VINE 3; SYNC VINE; THRU VINE 4 SCP SD TO PROM SWAY;-; OVERSWAY;

Note: each of the following steps matches a single piano note in the music.

6-7 ;12&3 Sd L, XRIB, sd L; thru R, sd L/XRIB, sd L;
 8-9 Thru R, sd L, XRIB; sd L, XRIF blind SCP LOD, sd L extend upper body twd LOD look over ld hds soften L knee;
 10 With weight on L slowly lower while rotating upper body LF keeping hips twd W, left side stretch extend R twd RLOD, (*W lower on R, extend L twd LOD with head well back in CP,-*);

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1-3 WAIT INTRO MUSIC IN LOP DLW LEAD FEET FREE; TOG TCH; BOX FNSH DLC;

PART A

1-5 2 LEFT TRNS;-; WHISK; WING; DRAG HEST;

6-10 BK, BK/LK/BK; OP IMP; WEAVE 6;-; CURVED FEATH;

11-15 BK PASSING CHG; RISING LOCK; HVR TELEMARK SCP; TRAVELING HOVER CROSS;-;

16-20 CLSD TELEM RK; FWD, FWD/LK, FWD; MAN; SPIN TRN; BX FNSH;

INTER

1-2 DOUBLE REVERSE DLC; DOUBLE REVERSE LOD;

PART B

1-5 DIAM TRN;-;-; OP TELEM RK;

6-10 RUNNING OP NAT; BK CHASSE BJO; MAN; OP IMP; VIENNESE CRS;

11-15 HVR CORTE; OUTSD SPIN; HVR CORTE; OP IMP; PU;

16-20 OPN TELEM RK; IN/OUT RUN;-; SCP CHASSE; MANEUVER;

END

1-5 OVERSPIN TURN; BOX FINISH DLW; HVR BFLY; SYNC VINE; THRU RONDE BFLY;

6-10 VINE 3; SYNC VINE; THRU VINE 4 SCP SD TO PROM SWAY;-; OVERSWAY;