INTRO

1-4  WAIT; -; ROLL 3; THRU SD BHD;
1-2  OP FTCG WALL ld hand palms tching joined ld ft free pointed twd LOD trailing arms extnd twd RLOD; wait 2;-
3  [Roll 3] Gently pushing off lead palms roll LF fwd L tmgf LF, sd fwd R cont tmgf LF, sd L to fce Wall;
4  [Thru Side Behind] Thru R twd LOD, sd L, XRB to fce Wall lead palms touching;

5-8  ROLL 3; THRU SIDE CLOSE CP WALL; HOVER; PU CP LOD;
5  [Roll 3] Gently pushing off lead palms roll LF fwd L tmgf LF, sd fwd R cont tmgf LF, sd L to fce ptrn Wall;
6  [Thru Side Close] Thru R, sd L twd LOD, cls R to CP WALL;
7  [Hover] CP WALL fwd L, sd fwd R rising brush L to R, rec L SCP DLC;
8  [Pickup] Thru R, sd L tmg LF to CP LOD, cls R;

PART A

1-4  4 SLOW VIENNESE TURNS;--;-
1-2  [Viennese Turns] CP fwd L tmgf LF, cont tn sd R twd COH fce RLOD, XLIF (W cls R); bk R cont tmgf LF, bk L twd LOD cont tmgf LF, cls R to fce CP LOD (W XLIF);
3-4  [Viennese Turns] CP fwd L tmgf LF, cont tn sd R twd COH fce RLOD, XLIF (W cls R); bk R cont tmgf LF, bk L twd LOD cont tmgf LF, cls R to fce CP LOD (W XLIF);

5-8  CHECKED REVERSE SLIP; PVT NATURAL PREP; SAME FOOT LUNGE; FWD HOVER BJO;
5  [Check Reverse] Fwd L begin LF turn riss, fwd and sd R checking (W heel turn), tmg RF slip L bk to CP DLW;
6  12-(123) [Nat Prep] Fwd R btwn W's feet pivot RF to fce RLOD, cls L cont tng, tch R to L to end M fcg DRC (W fwd L tmgf RF; cls R heel turn, cont tng RF sd and bk L);
7  1-- [Same Ft Lunge] Lower on L right side stretch extend R fwd side bhnd ptrn, stretch left side sway to right, stretch right side change sway to left (W bk R fctg DRW, head to rt, chg sway head to left);
8  1-3 (123) [Fwd Hover BJO] Fwd L tmgf LF, rising tch R to L tmgf W to BJO fctg DRC, rec bk R to BJO DRC (W fwd L tmgf LF, sd R tmgf to BJO, fwd L);

9-12  OPEN IMPETUS; QUICK OPEN REVERSE; BK TO THROWAWAY;-
9  1-3 (123) [Op Imp] Bk L tmg RF, cls R heel cont tmg fnd, fnd L to SCP DLW (W fnd R, sd L across M toe turn, fnd RF);
10  12&3 [Sk Op Rev] Thru R, fnd L tmg LF/sd R twd LOD to BJO DRC, bk L tnd DLW to BJO DRC;
11-12 [Bk to Throwaway] Bk R tmgf LF, sd and fnd L tnd LOD pnt R to RLOD, look at W with left sd stretch, (W sd and fnd R tmgf turn LF relax rt knee and slide L under body look LF;--); lower on L, continue slight LF upper body stretch, - (W lower on R pnt point L bk tnd LOD, keep head well to left, -);

13-16  LINK SCP DLW; SCP CHASSE; OPEN NATURAL; OUTSIDE SPIN &;
13  1-3 (123) Rise on L lead W to CP WALL draw R to L, cls R, sd & fnd L SCP/DLW (W Rise on R tng to fce M draw L to R, cls L, sd & fnd R SCP/DLW);
14  12&3 [SCP Chasse] Thru R, sd L/clds R, sd fnd L SCP DLW;
15  [Open Natural] Fwd R tmgf RF in fnt of W, sd L tnd Wall, bk R strong rt side lead to BJO;
16  [Outside Spin] Small bk L toeing in tng stng RF with rt sd lead, cont tng RF fnd R bhnd W rising cont RF spn, sd bk L to CP DRW (W fnd R outsd M tmgf RF, fnd L rising toe turn, fnd R);

17-18  TWIST TURN DRW; BOX FINISH LOD;
17  &1-3  [Twist Turn] XRB toe pressure/unwind transfer weight to R, cont tng, bk L to CP DRW (&123 W fnd L/fnd R and M, fnd L tmgf RF, fnd R btwn M's feet);
18  [Box Finish] Bk R, tng LF sd L tnd LOD, cls R to CP LOD; [Note: 3rd time End FCG WALL]

PART B

1-4  FWD WALTZ; MANEUVER PIVOT 2; RUMBA CROSS 2X;-
1  [Fwd Waltz] CP LOD fnd L, sd R, cls L;
2  [Maneuver Pivot 2] Fwd R btwn W's feet tmgf RF, sd bk L pvt RF, fnd R btwn W's ft fce LOD;
3-4 1&23;1&23 [Rumba Cross] Fwd L with lt shldr lead/XRB, pivot RF sd fnd L, fnd R to fce LOD; repeat;
5-8  TRAVELING CONTRA CHK; PU DBLE LOCK; DBLE REVERSE; TURNING CONTRA CHK;

5  [Traveling Contra Chk] Lower on R fwd L btwn W’s feet with contra chk like action, cls R to L bring feet together rise to CP, fwd L left shldr lead SCP DLC;

6  12&3&  [Pick Up Double Lock] Thru R, bind CP LOD fwd L left side lead/lk RIB, fwd L left side lead/lk RIB;

7  (12&3)  [Double Reverse] Blnd CP DLC fwd L trng LF, sd R trng 3/8, spin LF ½ on R tch L, (W bk R trng LF, heel tm on L trng ½ LF/sd and bk R cont trng, XLIF) CP DLW;

8  [Turning Contra Chk] Fwd L twd DLW, sd R trng LF to CP DLC, fwd L btwn W’s feet with right side lead look over W’s head (W bk R, sd L trng LF, bk R keep head well to left);

9-12  HOLD-SWITCH & MANEUVER; OVRTRN SPNTRN; RT TRNG LOCK; SLOW SD LK LOD;

9  -&23  [Sync Switch & Maneuver] Hold Contra Chk, rec R begin RF trn/cont RF trn to LOD rec bk L with R leg extended between W’s legs, fwd R btwn W’s feet trng RF to CP RLOD (W rec L commence RF trn, cont RF trn to face RLOD rec R with L extended back, bk L to CP);

10  [Overturn Spin Turn] Bk L trng RF, sd and fwd R btwn W’s feet rise trng RF to DRW, rec bk L CP;

11  1&23  [Rt Trng Lock] In CP DRW bk R/lk LIF, sd bk R trng RF to CP DLC, fwd L to SCP DLC;

12  [Slow Side Lock] Fwd R, sd L trng LF to CP DLC, cont upper body rotation lk RIB;

END

1-4  ROLL 3; THRU FC CLS; HOVER; THRU TO OVERSWAY;

1  [Roll 3] Gently push off lead hands roll LF fwd L trng LF, sd fwd R cont trng LF, sd L to fce Wall no hands;

2  [Thru Fc Cls] Thru R, sd L twd LOD, cls R to CP WALL;

3  [Hover] CP WALL fwd L, sd fwd R rising brush L to R, rec L SCP DLC;

4  12-  [Thru to Oversway] Thru R, sd L extend upper body twd LOD look over lead hands soften L knee weight on L slowly lower while rotating upper body LF keeping hips twd W, left side stretch extend R twd RLOD,- (W thru L, lower on R, extend L twd LOD with head well back in CP,-);

ANTICHI RICORDI WALTZ

Sequence: Intro, A, B, A, B, A, END

INTRO

1-4  WAIT;; ROLL 3; THRU SD BHD;

5-8  ROLL 3; THRU SIDE CLOSE CP WALL; HOVER; PU CP LOD;

PART A

1-4  4 SLOW VIENNESE TURNS;;;

5-8  CHKD REV SLIP; PVT NAT PREPARATION; SAME FOOT LUNGE; FWD HOVER BJO;

9-12  OPEN IMPETUS; QUICK OPEN REVERSE; BK TO THROWAWAY;;

13-16  LINK SCP DLW; SCP CHASSE; OPEN NATURAL; OUTSIDE SPIN &;

17-18  TWIST TURN DRW; BOX FINISH LOD; [3rd Time Fce Wall]

PART B

1-4  FWD WALTZ; MANEUVER PIVOT 2; RUMBA CROSS 2X;;;

5-8  TRAVELING CONTRA CHECK; PU DBLE LOCK; DBLE REVERSE; TRNING CONTRA CHK;

9-12  HOLD-SWITCH & MANEUVER; OVRTRN SPNTRN; RT TRNG LOCK; SLOW SD LK LOD;

END

1-4  ROLL 3; THRU FCE CLS; HOVER; THRU TO OVERSWAY;