You’re The One Cha

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Music: STAR 243 A “You’re The One That I Want” (flip of “Amame Una Ves Mas)
Rhythm: Cha Cha Phase: IV+2 [Cuddle & Closed Hip Twist]
Footwork: Directions for man, woman opposite except as noted
Sequence: Intro A B Bridge C A B D B End Released: June 2008

INTRODUCTION

1-6 WAIT 2; CUCARACHA 2X; FORWARD 2 & CHA;
FORWARD LUNGE, TURN TO FACE & CHA [HNDSHK];
1-2 Wait 2 meas bk to bk M fcg COH (W fcg WALL) lead feet free;;
3-4 (Cuca 2X) Sd L, rec R, cl L/sip R, sip L; sd R, rec L, cl R/sip L, sip R;
5-6 (Fwd 2 & Cha) Fwd L, fwd R, fwd L/lf Rib, fwd L; (Fwd Lun, Trn to Fc & Cha) Fwd R
twd COH bending knee w/ ckg motion, rec trng LF on L to fc Wall, fwd R/lf Lib of R, fwd R
ending in HNDSHK;
7-10 START a FLIRT CKG to a LEFT FACE LARIAT;; SPOT TURN;
7-9 (Flirt ~ LF Lariat) Fwd L, rec R, sd L/cr R, sd L (W rk bk R, rec L trng LF, cont trn to Var
sd R/cl L, sd R ckg motion); Sd R, rec L, cl R/sip L, sip R (W circle M ccw w/ jnd hnds fwd L,
fwd R, fwd L/cl R, fwd L); Sd L, rec R, cl L/sip R, sip L (W fwd R, fwd L, fwd R/cl L trng
to fc ptr, sd R);
10 (Spot Trn) XRif of L twd LOD trn _ LF, rec L to fc ptr & WALL, sd R/cr L, sd R (W XLif of
R twd LOD trn _ RF, rec R to fc ptr, sd L/cr R, sd L) to handshake;

PART A

1-5 HALF BASIC to a FAN;; HOCKEY STICK to FORWARD TRIPLE CHA;;;
1-2 (Half Bas Fan) Fwd L, rec R, sd L/cr R, sd L; Bk R, rec L, sd R/cl L, sd R (W fwd L, trng
LF stp sd & bk R making _ trn, bk L/lf Rif of L, bk L leave R extended fwd);
3-5 (HkyStk to Fwd Trpl Cha) Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R); bk R, rec
L to a R hnd star, fwd R/lf Lib, fwd R (W fwd L, fwd R trng LF to fc ptr, bk L/lf Rif, bk L)
to a L hnd star; Fwd L/lf Rib of L, fwd L (W bk R/lf Lib of L, bk R) to a R hnd star, fwd R/lf
Lib of R, fwd R (W bk L/lf Rif of L, bk L) maintaining R hnd star;
6-9 ALEMANA; NEW YORKER 2X;
6-7 (Alemana) Fwd L, rec R, sd L/cr R, sd L bending to Wall ldg W to trn RF (W bk R, rec L,
sd R/cl L, sd R bending to fc ptr); Bk R, rec L, sd R/cl L, sd R (W fwd L twd DLC trng RF
undr jnd R hnds, fwd R cont RF trn to fc ptr, sd L/cl R, sd L) ending in low BFLY;
8-9 (New Yorker 2X) Stp thru L to RLOD w/ straight leg turning to a sd by sd pos, rec R to fc
ptr, sd L/cr R, sd L; stp thru R to LOD w/ straight leg trng to a sd by sd pos, rec L to fc ptr,
sd R/cl L, sd R;

PART B

1-4 ALEMANA to CP; CUDDELE 2X;;
1-2 (Alemana) Fwd L, rec R, sd L/cr R, sd L (W bk R, rec L, sd R/cl L, sd R);
Bk R, rec L, sd R/cl L, sd R (W fwd L twd DLC trng RF undr jnd Id hnds, fwd R cont RF
trn to fc ptr, sd L/cl R, sd L) ending CP WALL;
3-4 (Cuddle 2X) Sd L leading W to trn RF & releasing Id hnds to sweep L arm out to sd, rec R,
cr L/sip R, sip L (W swvl RF on L/sd R & sweep R arm out to sd, rec L, fwd R trng LF/cl L,
sd R); Sd R leading W to trn LF & releasing trlg hnds to sweep R arm out to sd, rec L,
cr R/sip L, sip R (W swvl LF on R/sd L & sweep L arm out to sd, rec R, fwd L trng RF/cl R,
sd L);
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PART B [cont]

5-8 CLOSED HIP TWIST to FAN;; HOCKEY STICK [BFLY WALL];;

5-6 (Cl Hip Twst to Fan) Giving W a slight L sd ld w/ R sd stretch to opn her out ck fwd L, rec R w/ slight R sd ld to ld W to cl, sm sd L/cl R, sd L w/ slight L sd ld to tm W endg w/ slight R sd stretch (W w/ slight L sd stretch tm RF up to _ bk R, rec L trg LF up to _ , sm sd R/cl L, sm sd R swiveling _ RF on R touching L to R no wt w/ slight L sd stretch); Bk R, rec L, sd R/cl L, sd R (W fwd L, trg LF stp sd & bk R making _ tm to L, bk L/lk Rif, bk L leaving R extended fwd no wt);

7-8 (Hockey Stick) Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R); bk R, rec L, sd R/cl L, sd R (W fwd L, fwd R trg LF to fc ptr, sd L/cl R, sd L) ending BFLY WALL;

1-2 TWISTY VINE 8;;
1-2 Comm slgt RF upper body trn sd & bk L, XRib of L, comm slgt LF upper body trn sd & fwd L, Xrif of L; Rpt meas. 1;

BRIDGE

PART C

1-4 TRAVELING DOOR; VINE 4; TRAVELING DOOR; VINE 4;

1-2 Rock sd L, rec R, XLif/sd R, XLif; sd R, XLif; sd R, XLif;
3-4 Rock sd R, rec L, Xrif/sd L, Xrif; sd L, XRib, sd L, XRif;

5-8 CROSS BODY w/ REVERSE TWIRL;; CROSSBODY w/ REVERSE TWIRL;;

5-6 In low BFLY fwd L, rec R trg LF, sd & bk L/cl R to L, sd & bk L toe pointing LOD (W bk R, rec L, fwd R/cl L, fwd R); Bk R, rec L trg LF to fc COH, sd R/cl L to R, sd R (W fwd L, fwd R trg LF, cont LF tm undr ld hnds sd & fwd L/cl R to L, sd L completing 1 full LF twirl) to end fcg ptr & COH;

Note: W’s LF twirl can be omitted & replaced with sd cha.

7-8 Repeat meas. 5-6 ending WALL;;

REPEAT PART A

REPEAT PART B

PART D

1-4 CHASE w/ FORWARD TRIPLE CHA;; CHASE w/ FORWARD TRIPLE CHA;;

1-2 Fwd L comm RF tm _ to COH, rec fwd R (W bk R, rec fwd L), fwd L/lk Rib of L, fwd L; fwd R/lk Lib of R, fwd R, fwd L/lk Rib of L, fwd L;

3-4 Fwd R comm LF tm _ to WALL, rec fwd L (W fwd L comm RF tm _ to WALL, rec fwd R), fwd R/lk Lib of R, fwd R; fwd L/lk Rib of L, fwd L, fwd R/lk Lib of R, fwd R;

5-8 CUCCARACHA 2X w/ LADY’S PEEK-A-BOO;; FINISH CHASE;;

5-6 Sd L, rec R, cl L/sip R, sip L (W sd R looking over L shldr, rec L, cl R/sip L, sip R); sd R, rec L, cl R/sip L, sip R (W sd L looking over R shldr, rec R, cl L/sip R, sip L);

7-8 Fwd L, rec bk R, bk L/lk Rif of L, bk L (W fwd R comm LF tm _, rec fwd L, fwd R/lk Lib of R, fwd R); Rk bk R, rec fwd L, fwd R/lk Lib of R, fwd R (W rk fwd L, rec bk R, bk L/lk Rif of L, bk L);

REPEAT PART B

ENDING

1-2 SHOULDER TO SHOULDER; CRAB WALK 3 & LUNGE [LOD]; (option: say “yeah”)

1 Fwd L outsd of W, rec R to fc, sd L/cl R, sd L;
2 XRif of L, sd L, XRif of L, sd L flexing supporting knee leaving R leg extended w/ toe pointing to floor & looking at ptr;