YOU WALTZED YOURSELF RIGHT INTO MY LIFE

Music: Derek Ryan
Amazon.com Cd Made of Gold
Track # 12 Time 3:58
Available from choreographer

Rhythm: Waltz Phase: IV+1 (Natural Weave)
Footwork: Opposite except where (Noted)
Release Date: Feb 2015
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB INTER AB B(17-25) END

INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
[Wait] CP DLW ld ft free wt 4 meas ; ; ; ;

05-10 WHISK to ½ OP ; OP IN & OUT RUNS TWICE ; ; ; ; SLOW SIDE LOCK ;
[Whisk to ½ OP] Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise to ½ OP LOD ; [OP In & Out Runs] Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to 1/2 LOP LOD w/ free arms out to sd (W fwd R, L, R) ; Fwd L, R, L (W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R) to ½ OP LOD w/ free arms out to sd ; Repeat meas 6,7 Intro ; ; [Slow Sd Lk] Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lf) to CP DLC ;

PART A

01-04 OP REVERSE TURN ; BACK & CHASSE to BJO ; OP NATURAL ; BACK & CHASSE to SCAR ;
[Op Reverse Turn] Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R stg LF trn, cont trn sd L, fwd R outsd ptr) to BJO RLOD ; [Bk & Chasse to BJO] [1,2&3] Bk R, trng LF chasse sd L/cl R, sd & fwd L to BJO DLW ; [Op Natural] Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (W bk L trng RF, fwd R between man’s feet , fwd L) to BJO DRC ; [Bk & Chasse to SCAR] [1,2&3] Trn RF bk L, sd R/cl L trn RF, fwd R to SCAR DLW ;

05-08 CROSS HOVERS to BJO to SCAR & to SCP ; CHAIR & SLIP ;
[Cross Hover to BJO to SCAR & to SCP] XLif, sd R hvrng, rec L to BJO ; XRif, sd L hvrng, rec R to SCAR ; XLif, sd R hvrng, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ; [Chair & Slip] Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R svvlg 5/8 LF, fwd L) to CP DLC ;

09-14 VIENNESE TURNS ; ; CLOSED CHANGE ; 3 RIGHT TURNS ; ; ;
[Viennese Turns] Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; [Closed Chng] fwd M w/ slight LF trn, sd & fwd R, cl L ; (3 Right Turns) Startg RF trn fwd R, sd L, cl R to CP RLOD ; Bk L, sd R cont RF trn, cl L to CP LOD ; Cont RF trn fwd R, sd L, cl R to CP RLOD ;

15-17 SPIN TURN ; BACK & CHASSE to SCP ; SLOW SD LOCK ;
[Spin Turn] Stg RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W’s ft heel to toe cont trn leavg L leg xtnbk & sd, rec L (W stg RF upper bdy trn fwd R between M’s ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M’s ft) to CP DLW ; [Bk & Chasse to SCP] [1,2&3] Bk R trng LF, sd L/cl R , & sd & fwd L to SCP LOD ;
[Slow Sd Lk] Repeat meas 10 Intro ;

PART B

01-04 DRAG HESITATION ; BACK BACK/LOCK BACK ; IMPETUS to SCP ; THRU CHASSE to SCP ;
[Drag Hesitation] [1,2-] Fwd L trng ¾ LF, sd R cont trn, draw L to BJO DRC ; [Bk Bk/Ik BK] [1,2&3] Bk L, bk R/ik Lif, bk R to BJO ; [Impetus to SCP] Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP LOD ; [Thru Chasse to SCP] [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;
05-08  WEAVE 6 to SCP ; ; THRU CHASSE to BJO ; THRU FACE CLOSE ;
     [Weave 6 to SCP] Fwd R, fwd L begin LF trn, sd R DRC ; Bk L twd LOD in BJO, bk R trng LF in mom CP, sd & fwd L to SCP DLW ;
     [Thru Chasse to BJO] 1,2 & 3 Thru R, sd L/cl R, sd & fwd L (W thru L, trng LF sd R/cl L, sd & bk R) to BJO LOD ;
     [Thru Fc Cl] Thru R, sd L turn to fc, cl R to CP DLW ;

09-12  HOVER ; FORWARD HOVER to BJO ; BACK CHASSE to SCAR ; FORWARD CHECK/ W DEVELOPE ;
     [Hover] Fwd L, sd & fwd R rising, sd & fwd L (Bk R, sd & bk L rising, sd & fwd R) to SCP DLW ;
     [Fwd Hover to BJO] Fwd R, fwd L w/ rise (W trns LF), rec R to BJO LOD ;
     [Bk & Chasse to SCAR] 1,2 & 3 Trn RF bk L, sd R/cl R trn RF, fwd R (W fwd R, sd L/cl R trn RF, bk L) to SCAR DLW ;
     [Fwd Ck/W Develope] Fwd L outsd W checking, - - (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd) ;

13-16  HOVER CORTE ; BACK HOVER to SCP ; THRU CHASSE to SCP ; CHAIR & SLIP ;
     [Hover Corte] Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R &
     brush L to R, fwd L) to BJO DLW ;
     [Bk Hover to SCP] Bk L, bk R risg sltly, rec L (W fwd R, fwd & sd L trn RF risg &
     brush R to L, contg RF trn sd & fwd R) to SCP DLW ;
     [Thru Chasse to SCP] Repeat meas 4 Part B ;
     [Chair & Slip] Repeat meas 8 Part A ;

17-20 DIAMOND TURN ; ; ; ;
     [Diamond Turn] Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ;
     [Cross Hover to SCP] XLif, sd R hvrg, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP DLC ;
     [Thru Fc Cl] Thru R, sd L turn to fc, cl R to CP DLW ;

21-24  TELEMARK to SCP ; NATURAL WEAVE ; ; CROSS PIVOT to SCAR ;
     [Telemark to SCP] Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ;
     [Natural Weave] Fwd R trng RF, sd L, bk R (W fwd L, R between M's ft, fwd L) to BJO DRW ;
     [Bk & Chasse to SCAR] Bk L, bk R in CP trng LF, cont LF trn fwd L to BJO DLW ;
     [Cross Pivot to SCAR] Fwd R comm RF trn, sd L cont RF trn, fwd R (W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L) to SCAR DLW ;

25-26  CROSS HOVER to SCP ; THRU FACE CLOSE ; 2nd TIME: SLOW SIDE LOCK ;
     [Cross Hover to SCP] X Lif, sd R hrg, rec L (W X Rib, sd & bk L w/ strong RF trn, fwd R) to SCP DLW ;
     [Thru Fc Cl] Thru R, sd L turn to fc, cl R to CP DLW ;
     2nd Time : [Slow Sd Lk] Repeat meas 10 Intro ;

          INTER

01-04  LACE BOX ; ; ; ;
     [Lace Box] Fwd L trng LF ¼ to fc DLC, sd R, cl L ;
     [Raising jnd lnds bk R trng LF ¼ to fc DRC, sd L, cl R (W sm fwd L,R L twds RLOD under lead arms [not passing thru & no turn]) ] ;
     Fwd L trng LF ¼ to fc DRW, bringing arms down sd R, cl L (W passing thru under raised arms fwd R startg ½ RF circ, contg circ as arms come down fwd L, fwd R) ;
     Bk R trng LF ¼ to fc DLC, sd L, cl R ;

05-10  WHISK to ½ OP ; OP IN & OUT RUNS TWICE ; ; ; SLOW SIDE LOCK ;
     [Whisk to ½ OP] Repeat meas 5 Intro ;
     [Op In & Out Runs] Repeat meas 6,7,8 & 9 Intro ; ; ;
     [Slow Sd Lk] Repeat meas 10 Intro ;

01  CHAIR & HOLD ;
     [Chair] Strong fwd R in lunge action bending knee, - - ;

ENDING