

YOU STEPPED OUT OF A DREAM

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Music: "You Stepped Out of a Dream", Nat King Cole, "The World of Nat King Cole" CD, Trk #5 iTunes

Link <https://itunes.apple.com/us/album/the-world-of-nat-king-cole/724184066>

Seq: Intro, A, A, B, C, A, End Time: 2:37 Slow for Comfort Release: May 2019

Rhythm & Phase: Foxtrot, Phase V+2 (Double Open Telemark, Outside Spin & Twist)

Difficulty Level: Above Average



INTRO

1-4 LOP DLW LEAD FT FREE WAIT 2;-; TOG TCH CP; SD TCH DLW;

1--2 LOP DLW lead hnd jnd ld ft free wait 2; tog L, -, tch R, - blind CP DLW; sd R, -, tch L, -;

PART A

1-4 3STEP; CURVED FEATHER; BK FEATHER; FEATHER FINISH;

1 [3 Step] Blind CP fwd L, -, fwd R btwn W's feet, fwd L;
2 [Curved Feather] fwd R btwn W's feet trng RF, -, fwd L twd DRW, fwd R outside W to BJO DRW;
3 [Bk Feather] Bk L, -, bk R with rt side lead, bk L;
4 [Feather Finish] Bk R trng LF, -, sd fwd L twd DLW, fwd R to BJO DLW;

5-8 HOVER TELEMAR; WHIPLASH; BK TRNG WHISK DLW; OPEN NATURAL;

5 [Hvr Telmrk] Fwd L blind CP, -, fwd R btwn W's feet trng RF, fwd L trng to SCP DLW;
6 S--- [Whiplash] Thru R, -/pt L twd DLW, rotate upper body slight LF to lead W to BJO, -;
7 [Bk Trng Whisk] Bk L, -, bk R trng RF lead W to CP DLW, XLIB to SCP DLW;
8 [Op Nat] Thru R twd DLW, -, sd L twd Wall blind CP RLOD, bk R strong rt side lead to BJO;

9-12 OUTSIDE SPIN & TWST DRW;-; BK CHASSE BJO; 1/2 NATURAL TURN;

9 [Outside Spin] Trn body RF toe in bk L small stp, -, fwd R cont trn outsd ptr, sd & bk L to CP DRC (*Trn body RF fwd R outsd ptr, -, cl L to R cont trn toe spin, fwd R CP*);
10 (SQ&Q) [Twist] XRIB partial wt, -, unwind RF changing wt to R, cont RF trn stp bk L DRW (*Fwd L, -, R around M/fwd L trng RF, cl R to L*);
11 SQ&Q [Bk Chasse BJO] Bk R trng LF, -, sd L/cl R, sd L to BJO DLW;
12 [1/2 Natural] Fwd R twd DLW, -, sd L twd Wall, bk R to CP RLOD;

13-16 BK TIPPLE CHASSE PIVOT; OP IMPETUS; QK OPN REVERSE; BK TO RISING LOCK;

13 SQ&Q [Bk Tipple Chasse Pvt] Bk L trng RF, -, sd R twd LOD/cl L CPDLC, fwd R btwn W's feet pvt to fce RLOD;
14 [Op Imp] Bk L trng RF, cont trng heel turn R fce LOD, fwd L to SCP LOD;
15 SQ&Q [Qk Op Reverse] Thru R trng LF, fwd L trng LF/sd R twd COH, bk L with rt side lead to BJO DRC;
16 [Rising Lock] Bk R trng LF twd Wall, -, sd L rise, LK RIB to CP DLW;

PART B

1-4 HOVER; VIENESE CRS; CHECK & WEAVE;-;

1 [Hover] Fwd L blind CP, -, sd fwd R btwn W's feet, rec fwd L DLC;
2 SQ&Q [VieneSE Crs] Thru R twd DLC, -, fwd L trng LF lead W to CP/sd R twd COH, XLIF (*W cls R*) to CP RLOD;
3 [Chk & Weave] Chk bk R well under body, -, rec sd L, sd R to BJO DRC;
4 QQQQ Bk L, bk R trng LF, sd fwd L twd DLW, fwd R to BJO DLW;

5-8 WHISK; SYNC WHISK DLC; CHASSE SCP DLC; SLOW LOCK;

5 [Whisk] BJO DLW fwd L blind CP, -, sd fwd R, XLIB blind SCP DLC;
6 SQ&Q [Sync Whisk] Thru R, -, sd fwd L blind CP Wall/sd R twd RLOD, XLIB to SCP DLC;
7 SQ&Q [SCP Chasse] Thru R, sd fwd L/cl R, sd fwd L to SCP;
8 [Slow Lk] Thru R, -, sd fwd L trng slight RF to lead W to CP, trng LF to DLC XRIB (*W XLIF*) to CP;

9-10 DOUBLE OPEN TELEMAR;-;

9 [Double Open Telemark] Fwd L trng LF, -, sd R twd COH trng LF (*W heel turn*), sd fwd L to SCP LOD;
10 &QQS Lead W to CP LOD Fwd R/fwd L trng LF, sd R twd COH trng LF (*W heel turn*), sd fwd L to SCP DLW;

PART C

1-4 RUNNING OPN NAT; CHK REC SD TO DBLE BK LILTS;-; OUTSIDE CHG SCP;

- 1 SQ&Q [Running Op Nat] Fwd R twd DLW, sd L twd Wall/bk R to BJO, bk L to BJO DRC (*W fwd L, fwd R/fwd L, fwd R*);
2 [Check] Chk bk R well under body, -, rec fwd L, sd R blnd BJO;
3 S&S& [Dbl Bk Lilts] Bk L, -/cls R, bk L, -/cls R;
4 [Outside Chg SCP] Bk L, -, bk R blnd CP trng LF, fwd L to SCP DLW;

5-8 ½ NAT; OPEN IMPETUS; SLOW LK; DBL REVERSE;

- 5 [1/2 Natural] Fwd R twd DLW, -, sd L twd Wall, bk R to CP RLOD;
6 [Op Imp] Bk L trng RF, cont trng heel turn R fce LOD, fwd L to SCP DLC;
7 [Slow Lk] Thru R, -, sd fwd L trng slight RF to lead W to CP, trng LF to DLC XRIB (*W XLIF*) to CP;
8 SQ-(SQ&Q) [Dble Rev] Blend to CP fwd L trng LF, -, sd and fwd R cont spin LF, - (*W bk R draw L to R,-, trn LF on R heel transfer weight to L/fwd R trn LF, cont trn XLIFR*) CP DLW;

END

1-4 CHANGE OF DIR; REVERSE TURN;-; FWD RIGHT LUNGE; EXTEND;

- 1 SS [Chg of Dir] Fwd L trng LF, -, sd fwd R trng to fce DLC tch L, -;
2-3 [Rev Turn] Fwd L trng LF, -, sd R twd COH, bk L to CP; bk R trng LF, -, sd fwd L twd DLW, fwd R to BJO;
4-5 SS;---- [Fwd Rt Lunge] Fwd L, - lower on L fwd R btwn W's feet with right side lead head to right soft knee relax CP, - (*W bk R in CP, -, head well to left sd bk L with left side lead, -*); Extend right lunge line with slight LF upper body rotation keeping M's head well right (*W's head well left*);

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PART A

1-4 3STEP; CURVED FEATHER; BK FEATHER; FEATHER FINISH;

5-8 HOVER TELEMARK; WHIPLASH; BK WHISK; OPEN NATURAL;

9-12 OUTSIDE SPIN & TWST DRW;-; BK CHASSE BJO; ½ NATURAL TURN;

13-16 BK TIPPLE CHASSE PIVOT; OP IMPETUS; QK OPN REVERSE; BK TO RISING LOCK;

PART B

1-4 HOVER; VIENNESE CRS; CHECK & WEAVE;-;

5-8 WHISK; SYNC WHISK DLC; CHASSE SCP DLC; SLOW LOCK;

9-10 DOUBLE OPEN TELEMARK;-;

PART C

1-4 RUNNING OP NAT; CHK REC SD TO DBLE BK LILTS;-; OUTSIDE CHG SCP;

5-8 ½ NAT; OPEN IMPETUS; SLOW LK; DBL REVERSE;

END

1-4 CHANGE OF DIR; REVERSE TURN;-; FWD RIGHT LUNGE; EXTEND;