

# YOU RAISE ME UP III



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1443 Britt Lauren Way, Soddy Daisy, TN 37379

**MUSIC:** You Raise Me Up

**ARTIST:** Susann Taylor

**FOOTWORK:** Opposite except where indicated

**RHYTHM:** Waltz

**DEGREE OF DIFFICULTY:** Average

**SEQUENCE:** INTRO AB AB B(1-12) ENDING

**DOWNLOAD:** [www.casa-musica.de](http://www.casa-musica.de)

**ALBUM:** Ballroom Perfection

**TIME:** 2:57 @ 45-46 RPM

**RAL PHASE:** III + 2 [Drag Hesitation, Telemark to SCP]

**RELEASED:** December 2013

## MEAS:

## INTRODUCTION

### 1-4 WAIT; ; TOGETHER & TOUCH; BOX FINISH;

1-2 LOP-FCG DRW abt 2 ft apt wt 2 meas ; ;

3-4 Tog L to CP DRW, tch R next to L, - ; bk R comm LF trn, sd L, cl R ending in CP WALL ;

## PART A

### 1-4 DIP BACK & HOLD; MANEUVER; 2 RIGHT TURNS TO WALL; ;

1-2 Dip COH L, -, - ; fwd R comm RF upper bdy trn, cont RF trn to fc ptr in CP RLOD sd L, cl R ;

3-4 Bk L comm RF trn, cont RF trn sd R twd LOD, cl L ; fwd R comm RF trn, cont RF trn sd L diag acrs LOD, cl R ending in CP WALL ;

### 5-8 TWIRL VINE 3; PICKUP; 2 LEFT TURNS TO WALL; ;

5-6 w/lid hnds jnd sd L, XRib, sd L (W sd & fwd R trng ½ RF undr jnd hnds, sd & bk L trng ½ RF, sd R) ;  
ld the W ifo him fwd R [short stp], sip L, R ending in CP LOD (W fwd L stepping ifo M trng LF to CP,  
sip R, L) ;

7-8 Fwd L comm LF trn, cont LF trn sd R diag acrs LOD, cl L ; bk R comm LF trn, cont LF trn sd L twd  
LOD, cl R ending in CP WALL ;

### 9-12 STEP SWING; CROSS WRAP [FACE RLOD]; BACK WALTZ; LADY ROLL ACROSS [LOP RLOD];

9-10 Jn trl hnds fwd L trng away from ptr to OP LOD, lift & move R ft fwd w/leg straight & toe ptd down  
abt 3 inches above the floor, - ; rec on R trng RF & ldg W to wrp LF, fwd L cont trn & moving acrs  
LOD, fwd R comp trn ending in WRAP RLOD (W rec L trng LF, cont LF trn sip R, L to WRAP) ;

11-12 Bk L, bk R, cl L (W bk R, bk L, cl R) ; ldg W to roll acrs sip R, L, R ending in LOP-RLOD (W comm LF trn  
acrs RLOD fwd L, cont LF trn acrs RLOD fwd R, comp LF trn bk L to LOP RLOD) ;

### 13-16 THRU TWINKLE; MANEUVER; SPIN TURN; BOX FINISH;

13-14 Thru L comm trn to fc ptr, sd R comp trn to fc ptr, cl L ; fwd R LOD comm RF upper bdy trn, cont  
RF trn to fc ptr in CP RLOD sd L, cl R ;

15-16 Comm RF upper bdy trn bk L toe pvtg ½ RF to fc LOD, fwd R between W's feet heel to toe cont RF trn  
keeping L leg xtnded bk & sd, comp RF trn sd & bk L to CP DLW (W comm RF upper bdy trn fwd R  
between M's feet heel to toe pvtg ½ RF, bk L toe cont trn brush R to L, comp trn sd & fwd R) ; bk R  
comm LF trn, sd L, cl R ending in CP DLC ;

## PART B

### 1-4 DRAG HESITATION; IMPETUS TO SCP; WING; TELEMAR TO SCP;

1-2 Fwd L beg LF trn, sd R cont LF trn, draw L twd R ending in BJO DRC ; comm RF upper bdy trn bk L,  
cl R [heel trn] cont RF trn, comp trn fwd L in tight SCP (W comm RF upper bdy trn fwd R outsd M's  
feet heel to toe pvtg ½ RF, sd & fwd L cont RF trn arnd M brush R to L, comp trn fwd R to SCP) ;

3-4 Fwd R, draw L twd R, tch L to R trng upper part of bdy LF w/L sd stretch ending in SCAR DLC (W fwd L  
beg to Xifo M comm trng slightly LF, fwd R arnd M cont to trn slightly LF, fwd L arnd M comp slightly  
LF trn to end in tight SCAR) ; fwd L comm to trn LF, sd R cont LF trn, sd & slightly fwd L to end in  
tight SCP DLW (W bk R comm to trn L bringing L beside R w/no wgt, trn LF on R heel [heel trn] & chg  
wgt to L, sd & slightly fwd R to end in tight SCP) ;

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## PART B (cont)

- 5-8** **HOVER FALLAWAY; SLIP PIVOT; FORWARD FORWARD/LOCK FORWARD; FORWARD FACE CLOSE;**  
5-6 Fwd R, fwd L rising to ball of ft & ckg, rec on R ; bk L, bk R comm LF trn [keeping L leg xtnded], fwd L (W bk R comm LF trn pvt on ball of ft [thighs locked L leg xtnded], fwd L comp L trn plcg L fo near M's R ft, bk R) ;  
7-8 Fwd R, fwd L/lk R ibo L, fwd L ; fwd R, fwd L trng to fc ptr, cl R ;
- 9-12** **HOVER; MAN ROLL ACROSS [LEFT HALF OP]; LADY ROLL ACROSS [HALF OP]; PICKUP TO SCAR;**  
9-10 Fwd L, fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to tight SCP ; fwd R DLW, fwd & sd L ifo W comm RF trn, fwd R comp RF trn to L HALF OP LOD (W sm fwd L, R, L) ;  
11-12 Sm fwd L, R, L to HALF OP LOD (W fwd R DLW, fwd & sd L ifo M comm RF trn, fwd R comp RF trn to HALF OP) ; Id the W ifo him fwd R [short stp], sip L, R ending in SCAR (W fwd L stepping ifo M trng LF to SCAR, sip R, L) ;
- 13-16** **CROSS HOVER 3x TO SCP; ; ; THRU FACE CLOSE;**  
13-14 Fwd L w/slight Xing action comm to rise & beg a ¼ LF trn, sd & slightly fwd R cont to rise & comp the ¼ LF trn, diag fwd L to BJO lowering at end of stp ; fwd R w/slight Xing action comm to rise & beg a ¼ RF trn, sd & slightly fwd L cont to rise & comp the ¼ RF trn, diag fwd R to SCAR lowering at end of stp ;  
15-16 Fwd L w/slight Xing action comm to rise & beg a ¼ LF trn, sd & slightly fwd R cont to rise w/slight RF bdy trn, diag fwd L to SCP lowering at end of stp (W bk R w/slight Xing action comm to rise in bdy & beg a ¼ LF trn, sd & slightly bk L cont to rise w/strong RF trn, diag fwd R to SCP lowering at end of stp) ; thru R, fwd L to fc ptr, cl R ending in CP WALL ;  
[2<sup>nd</sup> time meas 16 is **PICKUP SIDE CLOSE;**]

## ENDING

- 1-3** **CROSS HOVER TO SCP; THRU FACE CLOSE; DIP TWIST & EXTEND LEFT ARMS;**  
1-2 Repeat meas 15-16 Part B ; ;  
3 Dip COH L, - [slo trn upper bdy LF w/out chg wgt], - [xtnd L arms & look out ovr L arms] ;

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## HD CUES

**SEQUENCE:** INTRO AB AB B(1-12) ENDING

### **INTRO (4 Meas)**

LOP-FCG DRW Abt 2 Ft Apt Wt 2 Meas ; ; Tog & Tch to CP ; Box Fin [WALL] ;

### **PART A (16 Meas)**

Dip Bk & Hold ; Manuv ; 2 R Trns to WALL ; ;

Twrl Vin 3 ; Pu ; 2 L Trns to WALL ; ;

Stp Swing ; X Wrp [Fc RLOD] ; Bk Wz ; W Roll Acrs [LOP-RLOD] ;

Thru Twkl ; Manuv ; Spn Trn ; Box Fin ;

### **PART B (16 Meas)**

Drg Hes ; Imp to SCP ; Wing ; Tele to SCP ;

Hvr Falwy ; Slp Pvt ; Fwd Fwd/Lk Fwd ; Fwd Fc Cl ;

Hvr ; M Roll Acrs ; W Roll Acrs ; Pu to SCAR ;

X Hvr 3x to SCP ; ; ; Thru Fc Cl ;

### **PART A (16 Meas)**

Dip Bk & Hold ; Manuv ; 2 R Trns to WALL ; ;

Twrl Vin 3 ; Pu ; 2 L Trns to WALL ; ;

Stp Swing ; X Wrp [Fc RLOD] ; Bk Wz ; W Roll Acrs [LOP-RLOD] ;

Thru Twkl ; Manuv ; Spn Trn ; Box Fin ;

### **PART B (16 Meas)**

Drg Hes ; Imp to SCP ; Wing ; Tele to SCP ;

Hvr Falwy ; Slp Pvt ; Fwd Fwd/Lk Fwd ; Fwd Fc Cl ;

Hvr ; M Roll Acrs ; W Roll Acrs ; Pu to SCAR ;

X Hvr 3x to SCP ; ; ; Pu Sd Cl ;

### **PART B (1-12)**

Drg Hes ; Imp to SCP ; Wing ; Tele to SCP ;

Hvr Falwy ; Slp Pvt ; Fwd Fwd/Lk Fwd ; Fwd Fc Cl ;

Hvr ; M Roll Acrs ; W Roll Acrs ; Pu to SCAR ;

### **ENDING (3 Meas)**

X Hvr to SCP ; Thru Fc Cl ; Dip Twst & Xtnd L Arms ;