YOU ALWAYS HURT THE ONE YOU LOVE

Choreo: Larry & Susan Sperry, 40 Roundup Drive, Billings, MT 59102 released 4/1/2011 version 1.1
E-mail sperryscue@earthlink.net Website: www.larrysperry.com
Music: You Always Hurt The One You Love by Ace Cannon, Trk #6 of Album “Classics” 2:34
(Amazon mp3)
Footwork: Opposite unless noted (Woman’s special footwork in Parentheses)
Rhythm: Foxtrot Phase: 4 Degree of Difficulty: Average
Sequence: Intro A B A B1-15 end

INTRODUCTION

1-4  
CP WALL WAIT 2 MEAS.; WHISK; CHAIR & SLIP;
1-4 CP wall wait;; Fwd L,-, f wd & sd R rise, XLIB; Lunge thru R,-, rec L, slip R bk bhnd L trning 1/8 LF;

PART A

1-4  
REVERSE WAVE.; BACK FEATHER; FEATHER FINISH;
1 Fwd L comm LF body trn,-, sd R (W cl L [heel turn] ), bk L cp feg drc;
2 Bk R,-, bk L comm LF curve, bk R curve LF to fc rld;
3-4 Bk L,-, bk R w/ Rt shld ld, bk L to CBJO; Bk R trng LF,-, sd & f wd L, fwd R outs d ptr to bjo dlw;

5-8  
THREE STEP; HALF NATURAL TURN; CLOSED IMPETUS; FEATHER FINISH;
5 Fwd L heel lead blend CP,-, fwd R heel to toe, fwd L ending cp lod;
6 Comm RF trn fwd R,-, sd L across lod, bk R (W comm RF trn bk L,-, cl R [heel trn], fwd L) end cp rld;
7 Comm RF upper body trn bk L,-, cl R to L [heel trn] cont turn, sd & bk L to cp dlw;
8 Bk R trng LF,-, sd & f wd L, fwd R outs d ptr to bjo dlw;

9-12  
OPEN REVERSE TURN; OUTSIDE CHECK; QUICK WEAVE ENDING; HOVER TELEMARK;
9 Fwd L trng LF ¼,-, cont trn sd R, bk L in contra bjo ( W bk R trng LF, - , cont trn sd L, fwd R);
10 Bk R trng LF, -, sd & f wd L, chk fwd R outside partner to contra bjo;
11 Bk L dlc, bk R trng LF & trng W to CP, sd & fwd L, fwd R to bjo dlw;
12 Fwd L,-,diag sd & fwd R hovering w/body trn 1/8 RF, f wd L small stp on toes to semi dlw;

13-16  
OPEN NATURAL TURN; IMPETUS SEMI; PROMENADE WEAVE;
13 Comm RF trn fwd R,-, sd L across lod, bk R to bjo feg rld;
14 Comm RF trn bk L,-, cl R to L [heel trn] cont trn, fwd L to tight semi;
15-16 Fwd R,-, fwd L comm LF trn to cp, sd & bk R to Bjo to fc drw; Bk L dlc, bk R trng LF & trng W to cp, sd & f wd L, fwd R to bjo dlw

PART B

1-4  
HOVER; SLOW SIDE LOCK; DIAMOND TURN HALF;
1-2 Fwd L, sd & fwd R rise, rec L semi dlc; fwd R, -, sd & f wd L (W sd & bk R trng LF) to cp, xrib (W xlih);
3-4 Fwd L trng LF on diag,-, cont LF trn sd R, bk L to bjo; In bjo bk R trng LF,-, sd L, fwd R bjo drw;
5-8 QUICK DIAMOND 4; DIP & RECOVER; REVERSE TURNS:
5-6 Fwd L on the diagonal comm LF turn, continue LF trn sd R, bk L, bk R to cp lod; Bk L, -, rec R, -;
7 Fwd L trning LF, -, sd R cont trn (W cl L [heel trn]), bk L fc rlod;
8 Bk R cont LF trn, sd & fwd L, fwd R to contra bjo dlw;

9-12 THREE STEP; FEATHER; TELEMARK BANJO; CLOSED WING;
9-10 Repeat meas 5 Part A; slight LF rotation fwd L, -, R, L contra bjo dlc;
11 Fwd L outsd ptr, -, fwd & sd R arnd woman trng LF, fwd & sd L to end tight bjo dlw (W bk R comm LF heel trn on rt heel bring L beside R no wgt, -, cont LF trn on R heel & chg wgt to L, bk & sd R);
12 Fwd R, -, with LF upper body trn leading W to scar drw L to R, tch L; (W bk L, -, sd R, fwd L to scar);

13-16 TURN LEFT & RIGHT CHASSE; BACK FEATHER; FEATHER FINISH; CHANGE DIRECTION;
13-14 Fwd L comm LF upper body turn, -, sd R cont turn LF/cl L, sd R end bjo rlod; Repeat meas 3 Part A;
as 4 Part A; Fwd L to cp dlw, -, fwd R trng LF w/Rt shld ld, draw L to R end cp dlc;

END

1 FORWARD, RIGHT LUNGE:
1 Fwd L to cp dlw, -, Soften L knee sd & fwd R, -;