

# YESTERDAY ONCE MORE



**Choreo** : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN  
**Music** : Universal International UICY-2050 CD Track 1 by : The Carpenters  
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp  
**Rhythm** : Bolero Phase IV + 1 [Half Moon] + 1 [Checked Right Pass]  
**Sequence** : A - B - Bridge - A - B - Bmod (1-8) - Ending **Speed** : 23 MPM [10% Tempo Up]  
**Timing** : SQQ unless noted by side of measure **Difficulty** : Average  
**Footwork** : Opposite except where noted **Released** : May, 2009 Ver. 1.0

## INTRO

Shadow Pos fc Wall both right ft free wait 4 beats

## PART A

### **1 - 4** SHAD FENCE LINE; SHAD SYNC CRAB WK; UNDERARM ROLL TO M'S SHAD; SHAD FENCE LINE;

SQ&Q  
1 {Shadow Fence Line} Sd R with body rise,-, XLIF with bent knee, bk R;  
2 {Shadow Syncopated Crab Walk} Sd L rise,-, XRIF/sd L, XRIF;  
3 {Underarm Roll To M's Shadow} Sd L with LF upper body trn rise,-, fwd R comm trn RF,  
sd & bk L cont trn with jnd L hnds over W's head to end both fc COH with M IF of W;  
4 {Shadow Fence Line} Repeat meas 1 to opposite direction;

### **5 - 8** W ROLL ACROSS TO SHAD; SHAD FENCE LINE; M'S X BODY TO FC WALL; W OUT TO FC M TRANS;

SS  
(SQQ)  
5 {W Roll Across To Shadow} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn to fc  
RLOD, fwd L (W sd L with LF upper body trn rise,-, fwd R comm roll RF, bk L cont roll to fc  
RLOD) end Shadow RLOD both R ft free;  
6 {Shadow Fence Line} Repeat meas 1 twd COH;  
7 {M's Cross Body To Face Wall} [same footwork] Sd & bk L with LF upper body trn rise,-,  
slip bk R flex knee complete trn to fc Wall, fwd L;  
8 {W Out To Face M Transition} Fwd R,-, fwd L jn lead hnds,- (W fwd R,-, fwd L trn LF to fc ptr,  
bk R) end LOP Fcg Wall;

### **9 - 12** FWD BRK; CHKD R PASS; M TRN TO LUNGE BRK; L PASS;

9 {Forward Break} Sd & fwd R rise,-, fwd L with contra chk like action, rec bk R;  
10 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd  
on W's R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W's left sd  
(W Fwd R rise raise lead hnd as if comm underarm trn then lower,-, XLIF, sd & bk R)  
end Modified Wrapped Pos fc COH;  
11 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & Wall,-, lower on R with slight  
body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-,  
bk R with contra check like action, rec fwd R) end LOP Fcg Wall;  
12 {Left Pass} Fwd L rise to Scar DRW lead W trn RF to shape body LOD,-, slip bk R flex knee,  
fwd L trn LF to fc COH jn R-R hnds (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L  
flex knee strong trn LF, bk R cont trn to fc ptr) end Hndshk COH;

**13 - 16 HALF MOON;; START HALF MOON; R HND UNDERARM TRN;**

- 13-14 {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr, rec bk R trn to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc ptr (W sd L comm trn LF with left side stretch,-, cont trn slip fwd R, rec bk L trn bk to fc ptr; trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-, slip fwd L IF of M trn 1/2 LF, bk R cont trn to fc ptr) end Hndshk Wall;
- 15 {Start Half Moon} Repeat meas 13 to opposite direction;
- 16 {R-Hand Underarm Turn} Sd L rise and raise jnd R-R hnds,-, XRIB flex knee, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd hnds, fwd R cont trn to fc ptr);

**PART B**

**1 - 4 BRK BK TO 1/2 OP; M ACROSS; W ACROSS; SYNC BOLERO WK;**

- 1 {Break Back To Half Open} Sd R rise,-, trn LF to Half OP LOD slip bk L flex knee, fwd R;
- 2 {M Across} Fwd L rise,-, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD (W fwd R rise,-, L, R) end Left Half OP LOD;
- 3 {W Across} Fwd R rise,-, L, R (W fwd L rise,-, fwd R twd DLW across M comm trn RF, bk R cont trn to fc LOD) end Half OP LOD;
- SQ&Q 4 {Syncopated Bolero Walk} Fwd L rise,-, fwd R/L, R;

**5 - 8 SWITCH & BK BRK; SYNC BOLERO WK; SWITCH & BK BRK TO FC;**

**AIDA PREP;**

- SQ&Q 5 {Switch & Back Break} Fwd L sharply trn 1/2 RF to Left Half OP RLOD,-, bk R, rec L;
- 6 {Syncopated Bolero Walk} Repeat meas 4 Part B on opposite ft to opposite direction;
- 7 {Switch & Back Break To Face} Fwd R sharply trn 1/2 LF to Half OP LOD,-, bk L, rec R trn RF to fc ptr end LOP Fcg Wall;
- 8 {Aida Preparation} Sd L rise to slight OP “V” shape,-, thru R flex knee comm trn RF, sd L cont trn to LOP “V” Bk-To-Bk;

**9 - 12 AIDA LINE & HIP RKS; FC & SPOT TRN; AIDA PREP;**

**AIDA LINE & SWITCH RK;**

- 9 {Aida Line & Hip Rocks} Bk R to Aida Line Pos,-, rk sd L with hip roll CCW, rec R with hip roll CW;
- 10 {Face & Spot Turn} Sd L trn sharply LF to fc ptr and pt R sd,-, XRIF cont trn 3/4 LF, fwd L cont trn to fc ptr & Wall;
- 11 {Aida Preparation} Repeat meas 8 Part B on opposite ft to opposite direction;
- 12 {Aida Line & Switch Rock} Bk L to Aida Line Pos,-, trn RF to fc ptr sd R chkg bring jnd hnds thru blend to Bfly, rec L;

**13 - 16 REV UNDERARM TRN TO WRAP; SWEETHEART RUN 2X;; SPOT TRN;**

- 13 {Reverse Underarm Turn To Wrap} Sd R rise,-, XLIF flex knee comm trn LF, cl R cont trn to fc LOD jn trail hnds IF of W (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L) end Wrapped Pos fc LOD;
- 14-15 {Sweetheart Run Twice} In Wrapped Pos looking at ptr fwd L rise,-, fwd R flex knee, fwd L; fwd R rise,-, fwd L flex knee, fwd R;
- 16 {Spot Turn} Fwd L rise,-, release hnds fwd R flex knee trn 1/2 LF, fwd L cont trn to fc Wall (W fwd R rise,-, fwd L soft knee trn 1/2 RF, fwd R cont trn to fc ptr);

“Yesterday Once More”

(Continued)

**BRIDGE**

**1 - 2 OPENING OUT; HIP RKS W TRN TCH TO SHAD;**

- 1 {Opening Out} Blend to Bfly sm sd & fwd R with body rise comm body rotation to RLOD,-, lower on R complete trn extend L ft to sd, rise and rotate bk to Low Bfly (W sd & bk L rise comm body rotation to match ptr,-, XRIB lower, fwd L rotate bk);
- 2 {Hip Rocks W Turn Touch To Shadow} Rk sd L with hip roll CCW,-, rec R with hip roll CW, rec L with hip roll CCW (W rk sd R with hip roll CW,-, rec L trn 1/2 LF, tch R to L) end Shadow Wall both R ft free;

**REPEAT PART A**

**REPEAT PART B**

**PART B mod (1-8)**

**1 - 8 BRK BK TO 1/2 OP; M ACROSS; W ACROSS; SYNC BOLERO WK; SWITCH & BK BRK; SYNC BOLERO WK; SWITCH & BK BRK TO FC; TIME STEP;**

- 1-7 Repeat meas 1 thru 7 Part B;;;;;;
- 8 {Time Step} Sd L rise arms extended sd palms up,-, XRIB (W XLIB) flex knee, fwd L;

**END**

**1 - 5 BRK BK TO 1/2 OP; M ACROSS; W ACROSS; SPOT TRN TO CP; R LUNGE;**

- 1-3 Repeat meas 1 thru 3 Part B;;;
  - 4 {Spot Turn To CP} Repeat meas 16 Part B except end CP Wall;
  - 5 {Right Lunge} Relax L knee move R ft sd & fwd, transfer wgt to R, relax R knee, slight body trn LF look at ptr (W look well left);
- QQQQ