

YOU NEED A WOMAN TONIGHT

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MUSIC: MP3 Download Amazon.com "You Need A Woman Tonight" Artist: Captain and Tennile
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – bk/lck/bk] where applicable
RHYTHM: CHA, CHA
DANCE LEVEL: Phase IV+2 (Opn Hip Twst & Dbl Cubans)
SPEED: 45 RPM
RELEASED: MAY 2011

SEQUENCE: INTRO – A – B – A (MOD) – C – B – A - END

INTRO

1 – 4 **IN BTFY FCNG WALL WAIT;; OPN BRK; UNDRARM TRN;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)**

PART A

1 – 10 **½ BASIC; FAN; HCKYSTIK;; RVS CRABWLK – TWICE;; FNCLINE; SPT TRN; OPN BRK; AIDA;**
(½ Basic) Fwd L, rcvr R, bk L/clo R, bk L; **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, rlsng trail hnds trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru L, sd R, thru L/sd R, thru L; sd R, thru L, sd R/clo L, sd R; **(Fncline – Twice)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position to fc RLOD, bk R/clo L, bk R;

11 – 16 **BK ½ BASIC; CUCARACHA – BTFY – WALL; ALEMANA;; HND TO HND – TWICE;;**
(Bk ½ Basic) Bk L, rcvr R, fwd L/clo R, fwd L to LOPN/RLOD; **(Cucaracha – Btfy -Wall)** Sd R, trng ¼ lft fc rcvr L, in plc R/L,R to BTFY/WALL; **(Alemana)** Fwd L, rcvr R, sd L/clo R, sd L; rlsng trail hndscross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; **(Woman bk R, rcvr L, sd R/clo L, sd R; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L;)** **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R;

PART B

1 – 9 **BASIC;; DBL CUBANS;; OPN BRK; UNDRARM TRN; HND TO HND – TWICE;; SD-DRW-CLO;**
(Basic) Fwd L, rcvr R, diag bk L/clo R, sd L; bk R, rcvr L, diag fwd R/clo L, fwd R; **(Dbl Cubans)** Staying in BTFY cross L in frnt/rcvr R, sd L/rcvr R, cross L in frnt/rcvr R, sd L; cross R in frnt/rcvr L, sd R/rcvr L, cross R in frnt/rcvr L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R; **(Sd-Drw-Clo)** Sd L-, drw-clo R-;

10 – 16 **CUCARACHA; BK ½ BASIC; N-YRKR; TO RVS SD-DRW-TCH; OPN BRK; SPT TRN; FNCLINE IN -4;**
(Cucaracha) Staying in BTFY/WALL sd L, rcvr R, in plc L/R,L; **(Bk ½ Basic)** Bk R, rcvr L, fwd R/clo L, fwd R; **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(To Rvs Sd-Drw-Tch)** Sd R-, drw-tch L-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Fncline In -4)** Staying in BTFY thru-lunge L, rcvr R, sd L, clo R;

PART A (MOD)

1 – 8 **½ BASIC; FAN; HCKYSTIK;; RVS CRABWLK – TWICE;; FNCLINE; SPT TRN – HND SHK;**
(½ Basic) Fwd L, rcvr R, bk L/clo R, bk L; **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru L, sd R, thru L/sd R, thru L; sd R, thru L, sd R/clo L, sd R; **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd R; **(Spt Trn – Hnd Shk)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R to HND SHK/WALL;

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PART C

1 - 8

OPN HIP TWST; FAN; ALEMANA FRM FAN;; OPN BRK; WHIP & TWL – CTR; N-YRKR; WHIP – WALL;
(Open Hip Twst) Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ½ rt fc bk R, trng ¼ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Open Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Whip & Twl – Ctr)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Whip – Wall)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, sd L/clo R, sd L;)**

REPEAT PARTS "B" & "A"

END

1 - 6

CHASE PEEK-A-BOO;;;; FNCLINE; RUMBA AIDA & HOLD;

(Chase Peek-A-Boo) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L/clo R, fwd L; sd R look ovr lft shldr at Woman, rcvr L, in plc R/L,R; sd L look ovr rt shldr at Woman, rcvr R, in plc L/R,L; trng ½ lft fc sd R, rcvr L to BTFY/WALL, fwd R/clo L, fwd R; **(Woman rlsng hnds bk R, rcvr L, fwd R/clo L, fwd R; sd L, rcvr R, in plc L/R,L; sd R, rcvr L, in plc R/L,R; fwd L, rcvr R, bk L/clo R, bk L;)** **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Rumba Aida & Hold)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD & hold-;