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Rhythm: Blues Foxtrot (unphased rhythm) (See performance and teaching notes at end of cuesheet)

Phase: Unphased, equivalent to Phase II or III 2-step (Phase II figures when step-cued, jazz rhythm and syncopated vocal may be difficult for phase II dancers.

Music: “I’ve Got The World On A String” by Peggy Lee, download Amazon (2:19 at 100%)

Footwork: Opposite unless noted (W’s footwork in parentheses)

Timing: Only weight changes indicated on L side of measure

Sequence: INTRO, A, A(to CP), B, A, C, A, END

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INTRO

1-4  **Wait 2 Meas;; Skate Tog 4 Slows to BFLY/Wall;;**

1-2 {Wait} OP fcg Ptr Wall 6’ apt - lead ft free - wait opening drum beats & 2 meas;;

SSSS 3-4 {Skate 4 to BFLY} Curving ft in and outward semi-circle on each stp of the skating action Fwd L, -, fwd R, -; Fwd L, -, fwd R to BFLY/Wall, -;

PART A

1-8  **Blues Basic w/Twisty Vines L & R;;; Blues Basic L & R;;;**

Q-Q- 1 {2 Sd Tchs} BFLY/Wall Sd L, tch R, sd R, tch L; The sd stps should be taken w/full wgt on the ball of the ft w/o tchg the heel to floor. The tchs should be a definite action ptg the toe twd the floor on the beat. Timing note: Meas 1 starts w/word “world”, which is 4th word in the vocal.

QQQ- 2 {Twisty Vine 3, Tch} Sd L, XRib, sd L, tch R;

Q-Q- 3 {2 Sd Tchs} Sd R, tch L, sd L, tch R;

QQQ- 4 {Twisty Vine 3, Tch} Sd R, XLib, sd R, tch L;

Q-Q- 5 {2 Sd Tchs trng to BFLY/BJO/LOD} BFLY/Wall Sd L, tch R, sd R, tch L trng slightly to BJO/LOD; The sd stps should be taken w/full wgt on the ball of the ft w/o tchg the heel to floor. The tchs should be a definite action ptg the toe twd the floor on the beat. Turn slightly to BJO on the last beat of the meas.

QQQ- 6 {Wlk 3 in BJO, Tch to Fc} BFLY/BJO w/bdy fcg Wall & head looking LOD Fwd L, fwd R, fwd L in BJO down LOD, tch R & fc Wall in BFLY; The fwd wlks should be heel leads, rolling onto the ball of the ft. (W BFLY/BJO w/bdy fcg COH & head looking RLOD. The bk wlks should land on the ball of the ft, rolling bk to a flat ft.)

Q-Q- 7 {2 Sd Tchs trng to BFLY/SCAR/RLOD} Sd R, tch L, sd L, tch R; Trn slightly to SCAR/RLOD on the last beat of the meas.

QQQ- 8 {Walk 3 in SCAR, Tch to Fc} BFLY/SCAR w/bdy fcg Wall & head looking RLOD Fwd, R, fwd L, fwd R in SCAR down RLOD, tch L & fc Wall in BFLY; The wlks should be executed in the same manner as in meas 6. 2nd time thru A end CP/Wall

REPEAT PART A (end CP/Wall)

1 – World on A String Blues Foxtrot
PART B

1-8  Closed Blues Basic L & R to BFLY;;; Blues Basic L w/Twirl to CP;;; Closed Blues Basic R in SCAR to BFLY;;;

Q-Q- 1 {2 Sd Tchs trng to BJO/LOD} CP/Wall Sd L, tch R, sd R, tch L trng slightly to BJO; The sd stps should be taken w/full wgt on the ball of the ft w/o touching the heel to floor. The tchs should be a definite action pgt the toe twd the floor on the beat. Trn slightly to BJO on the last beat of the meas.

QQQ- 2 {Walk 3 in BJO, Tch to Fc} BJO w/bdy fcg Wall & head looking LOD Fwd L, fwd R, fwd L in BJO towards LOD, tch R to fc Wall in CP; The fwd wlks should be heel leads, rolling onto the ball of the ft. (W BJO w/bdy fcg COH &head looking RLOD. The bk wlks should land on the ball of the ft, rolling back to a flat ft.)

Q-Q- 3 {2 Sd Tchs trng to SCAR/RLOD} Sd R, tch L, sd L, tch R; Trn slightly to SCAR/RLOD on the last beat of the meas.

QQQ- 4 {Walk 3 in SCAR, Tch to Fc in BFLY} SCAR w/bdy fcg Wall & head looking RLOD Fwd, R, fwd L, fwd R in SCAR towards RLOD, tch L to fc Wall in BFLY; The wlks should be executed in the same manner as in meas 2.

Q-Q- 5 {2 Sd Tchs trng to BJO/LOD} BFLY/Wall Sd L, tch R, sd R, tch L trng slightly to BJO/LOD on the last beat of the meas while raising jd lead hnd to prepare for the twirl;

QQQ- 6 {Twirl/Wlk 3 in BJO, Tch to Fc} BFLY BJO w/L hnd raised Fwd L, fwd R, fwd L twd LOD, tch R lower arm to CP/Wall (W UA twirl RF fwr R, sd L, sd R trng to fc COH, tch L in CP);

Q-Q- 7 {2 sd tchs} CP/Wall Sd R, tch L, sd L, tch R trng RF to SCAR/RLOD;

QQQ- 8 {Wlk 3 in SCAR, Tch to Fc} SCAR w/bdy fcg Wall & head looking RLOD Fwd, R, fwd L, fwd R in SCAR towards RLOD, tch L to fc W in BFLY;

REPEAT PART A

1-8  Blues Basic w/Twisty Vines L & R;;;; Blues Basic L & R;;;;

PART C

1-8  Blues Basic w/Rolls Both Ways;;;; 2 sd tchs , Vine 8 ,, 2 sd tchs ,

Q-Q- 1 {2 Sd Tchs} BFLY/Wall Sd L, tch R, sd R, tch L;

QQQ- 2 {Roll 3 & Tch} Dropping hnds, roll LOD endg in BFLY/Wall Sd L trng to fc COH, sd R trng to fc Wall, sd L, tch R in BFLY;

Q-Q- 3 {2 Sd Tchs} BFLY Sd R, tch L, sd L, tch R;

QQQ- 4 {Roll 3 and tch} M Roll RLOD ending in BFLY facing Wall Sd R and turn to face COH, sd L and turn to face wall, sd R, tch L in BFLY (W sd L and turn to face wall, sd R and turn to fc COH, sd L, tch R in BFLY.)

Q-Q- 5 {2 Sd Tchs} BFLY/Wall Sd L, tch R, sd R, tch L;

QQQ- 6-7 {Vine 8} Sd L, XRib, sd L, XRif, sd L XRib, sd L, XRif;

QQQ- 8 {2 Sd Tchs} BFLY/Wall Sd L, tch R, sd R, tch L;

REPEAT PART A

1-8  Blues Basic w/Twisty Vines L & R;;;; Blues Basic L & R;;;;
1-2 **2 Step Cross-Kicks: Step, Wrap, & Hold w/ optional kiss:**

1 \{2 Stp X-Kicks\} BFLY/Wall Sd L, kck R across bdy twd LOD, sd R, kck L across bdy twd RLOD;

QQQ 3-4 \{Step Wrap Point & Hold\} Stp L in place while raising jd lead hnd & keeping R hnd at waist level, stp R in place while wrapping W, hold, pt L twd LOD; (W stp R in place while raising jd lead hnd, stp L trng LF under raised R hnd to fc Wall in wrap pos, stp R in place, pt L twd LOD, hold w/optional kiss;)

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3 – World on A String Blues Foxtrot
NOTE ABOUT BLUES FOXTROT AND THIS CHOREOGRAPHY

Blues Foxtrot is a popular social dance rhythm from Europe that is both easy to learn and gratifying to dance. It fits very well with syncopated music that is not a good fit for traditional Foxtrot. It also works well with West Coast Swing and Nightclub Two-Step music as well as music that has four even beats in a measure. It can be danced in place on a crowded social dance floor.

We feel it should have a place in round dancing as a new rhythm. It opens up the possibility of a wider choice of music for easy and intermediate dancers. In addition to its inherent value as a dance rhythm, it could provide an early introduction to passing steps in Banjo and Sidecar that are required for phase IV and up Foxtrots. We also believe that it has lots of possibilities for creative choreography that moves around the floor in higher level round dances.

The basic figure in Blues Foxtrot (the “Blues Basic”) is danced side-to-side and takes four measures. It can be danced in butterfly or closed position. Starting with the Man facing the Wall, the first half of the Blues Basic starts with two side touches to the Man’s Left and Right followed by three walking steps in Banjo, finishing with a touch while turning to face. This takes 2 measures, and can be danced in Butterfly or in Closed Position. The second half of the Blues Basic starts with two side touches to the Man’s Right and Left followed by three walking steps in Sidecar, finishing with a touch while turning to face.

The basic rhythm is eight even counts over two measures. The touch steps should be executed as a positive action, and all steps danced “into the floor” on the ball of the foot. The walking steps should be heel leads for the person going forward, and ball-flat leads for the person going backwards. A QQS rhythm in the passing steps will not feel as good as three quicks and a touch. The side touches should not be danced as two slows, but could be danced as “slow & slow &” in a slow syncopated West Coast Swing or Blues tempo.

Standard variations of the Blues Basic would have the Man walking backwards to his Right in Banjo for the second half or backwards to his Left in Sidecar for the first half. The three walking steps can also be used for open figures such as Underarm Turns, Rolls, and Wraps – anything that would work in cha-cha works here.

The choreography of World On A String Blues Foxtrot is intended as an introduction to this rhythm with lots of repetition of the basic in Butterfly and Closed Position. It starts with a twisty vine to emphasize the difference between a vine and walking in Banjo or Sidecar. The dance can be cued as a Blues Foxtrot or step-cued as a Two-Step. The Blues Basic head cues are suggestions for this new style of dance which may have to be changed with experience.

4 – World on A String Blues Foxtrot