With Pen In Hand

CHOREOGRAPHY: Ken & Dianne Pratt, 128 N.E. Hayes, Hillsboro, Oregon 97124
Ph: (503) 640-0892 E-mail: kpratt3@verizon.net
Web: razzmatazzrd.com

MUSIC: “With Pen In Hand” by Vikki Carr
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RHYTHM & PHASE: Phase IV Waltz

FOOTWORK: Opposite except as noted

SEQUENCE: INTRO, A, B, C, A, B, C, END *= Optional Figure Part “C”

INTRO

1-4 WAIT; Roll Ldy Out RF Op LOD; Roll Ldy Bk LF CP DLW; Dip & Rec:

1 [WAIT] Wait 1 Measure Wrapped Pos Fcg LOD Lead Ft Free;
2 [Roll Ldy Out RF OP LOD] Stp Sd L , - , - (Roll RF R , L , R ) ;
3 [Roll Ldy Bk LF CP DLW] Stp Sd R , - , - (Roll Ldy Bk LF L , R , L CP DLW ) ;
4 [Dip & Rec] Dip Bk L , - , - Rec CP DLW;

PART A

1-8 CP DLW Fwd Wz; Mnr; Cl Imp; Bk Hvr Corte; Bk Passing Chg;
Bk Chasse Semi DLW; In & Out Runs SEMI DLW;

1 [Fwd Wz] CP DLW Fwd L , Fwd & Sd R , Fwd L ;
2 [MNVR] Fwd R comm RF trn , cont RF trn to fc sd L , cl R to CP RLOD ;
3 [CL IMP] Comm RF Upper Body Trn Bk L , cl R To L {Heel Trn} cont trn , sd & bk L to semi CP DLW
(Comm RF Upper Body trn fwd R between man’s ft pvt ½ RF , sd & fwd L cont RF trn around man & brush R to L , fwd R between man’s ft to CP ) ;
4 [Bk Hvr Corte] Bk R Startg LF Trn , sd & fwd L with hovering action cont bdy trn , rec R CP Bjo RLOD ;
5 [Bk Passing Chg] Bk L , Bk R , Bk L ;
6[BK CHASSE SEMI DLW] Bk R comm LF trn , cont LF trn & fwd L toe pointed DLW/cl R to L , sd & fwd L SCP DLW ;

7-8 [In & Out Runs] Fwd R Strtng RF trn , Cont RF trn sd & bk L CP RLOD , Bk R Bjo DRC (Fwd L , Fwd R between Man’s ft , Fwd L Bjo DLW) ; bk L trng RF , sd & fwd R between ldy’s ft cont RF trn , fwd L (Fwd R Strtng RF trn , Fwd & sd L cont trn , Fwd R ) SEMI DLW ;

9-16 SEMI DLW Nat Hvr F/A; Slip Ptv Bjo; Fwd Fc Cl; Hvr Telemrk; Slo Sd Lk;
Op Telemrk; Thru Fc Cl; Chg Dir CP DLC;

9 [Nat Hvr F/A] SEMI DLW Fwd R with slight RF bdy trn , Fwd L on toe trng RF with slow rise , rec R ;
10 [Slip Ptv Bjo] Bk L , Bk R trng LF [Keeping L leg extended] , Fwd L (Bk R strtg LF pvt on ball of ft [thighs locked L leg extended] , Fwd L cont LF trn placing L ft near man’s R ft , Bk R ) ;
11 [Fwd Fc Cl] Fwd R , Fwd L trng RF DLW , Cl R to L CP DLW ;
12 [Hvr Telemrk] Fwd L , Diag sd & fwd R rising slightly [hovering] with bdy trng ¼ RF , Fwd L small stp on toes to semi DLW ;
13 [Slo Sd Lk] Thru R , sd & fwd L to CP , cross R in bk of L trng slightly LF (Thru L strtg LF trn , sd & bk R cont LF trn to CP , cross L in front of R ) ;
14 [Op Telemrk] Fwd L comm To trn LF , sd R cont LF trn , sd & slightly fwd L (Bk R comm To trn L bringing L beside R with no weigh , trn LF on R heel [heel trn] & chg weight to L , sd & slightly fwd R ) to end semi CP DLW ;
PART B

1-8 CP DLC Full Diam Trns;;;;; Trn L & R Chasse Bjo RLOD; Bk Bk/ Lk Bk; Op Imp; Chair & Slip CP DLC;

1-4 [Full Diam Trns] CP DLC Fwd L, fwd sd R trng LF ¼ trn to fc DRC, bk L outside partner; bk R, bk sd L trng LF ¼ trn to fc DRW, fwd R outside partner; fwd L, fwd & sd R trng LF ¼ to fc DLW, bk L outside partner; bk R, bk sd L trng LF ¼ trn to fc DLC, fwd R CP DLC;

5 [Trn L & R Chasse Bjo RLOD] Fwd L, trng LF sd R cl L, sd R to Bjo DRC;

6 [Bk Bk/ Lk Bk] Bk L, bk R lock Lif of R, cl R;

7 [Op Imp] Comm RF upper bdy trn bk L, cl R [heel trn] cont RF trn, fwd L (comm. RF upper bdy trn fwd R, between man's ft heel to toe ptvq ½ RF, sd & fwd L cont RF trn around man brush R to L, fwd R) tight semi CP;

8 [Chair & Slip CP DLC] Thru R lowering into R knee & Chkg, rec L onto ball of ft & rotate upper bdy to the L leading ldy in front, small stp bk R blending to CP DLC (Thru L lowering into L knee & chkg, rec R onto ball of ft & rotate LF in front of man, small stp fwd L slipping into cp ) CP DLC;

9-16 CP DLC Hvr Telmrk LOD; Vien Cross; Bk Hvr Corte; Bk Whisk; Weav 6 BJO;; Mnvr; Hes Chg CP DLC;

9 [Hvr Telmark LOD] Fwd L, Diag sd & fwd R rising slightly [hovering] with bdy trng ¼ RF, Fwd L small stp on toes to semi LOD;

10 18 [Vien Cross] Thru R with LF upper bdy rotation, fwd L comm a LF trn, sd R cont LF trn/cross L in front of R;

11 [Bk Hvr Corte] Bk R Startg LF Trn, sd & fwd L with hovering action cont bdy trn, rec R CP Bjo LOD;

12 [Bk Whisk] Bk L, bk & sd on R, cross L in bk of R finish semi CP DLW;

13 - 14 [Weav 6 BJO] Fwd R, fwd L trng LF to CP, sd & slightly bk R to Bjo (Fwd L, sd & Bk R to CP, cont trn on R until fcg LOD fwd L); Bk L Outside Partner, bk R trng bdy LF CP, sd & slightly fwd L to Bjo (Fwd R outside partner to Bjo, fwd L to CP, sd & bk R Bjo);

15 [Mnvr] Fwd R comm RF trn, cont RF trn to fc sd L, cl R to CP RLOD;

16 [Hes Chg CP DLC] Commence RF upper bdy trn bk L, sd R cont RF trn, draw L to R CP DLC;

PART C

1-8 CP DLC Op Rev Trn; O/ S Chk DRW; O/ S Chg Semi DLW; Thru PU Lk DLC; Full Diam Trns CP DLC;;;

1 [Op Rev Trn] CP DLC Fwd L trng LF 1/8 to 1/4, cont LF trn sd R, bk L CP BJO RLOD;

2 [O/ S Chk DRW] Bk R trng LF, sd & fwd L, chk fwd outside partner CP BJO DRW;

3 [O/ S Chg Semi DLW] Bk L, bk R trng LF, sd & fwd L to SEMI DLW;

4 [Thru PU Lk DLC] Thru R leading ldy in frnt CP, fwd & small sd L, lock R behind L (Ldy thru L trng LF in frnt of man, fwd & sd R, lock L in frnt of R) CP DLC;

5 - 8 [Full Diam Trns] Repeat Part B Measures 1 thru 4 CP DLC;;;

9-16 CP DLC Drag Hes Bjo DRC; Bk Bk/ Lk Bk; Op Imp; Thru PU Lk; *Op Rev Trn; *Op Fin; Fwd Slow R Lunge - Rec & Slip CP LOD;;

9 [Drag Hes] CP DLC Fwd L, sd & bk R leading ldy outside partner, hld on R drawing L to R & ending in BJO DRC;

10 [Bk Bk/ Lk Bk] Bk L outside Partner, bk R lock L in frnt of R, bk R;

11 [Op Imp] Repeat part B measure 7;

12 [Thru PU Lk DLC] Repeat part C measure 4;

13 [Op Rev Trn] Repeat part C measure 1;

14 [Op Fin] Bk R trng LF, sd & Fwd L, Fwd R outside partner BJO DLW;
**Fwd Slow R Lunge – Recover & Slip**  Fwd L, lower into L knee with R sd stretch sd R to lunge line, ;, recover L, small step bk R to end CP LOD;

**Repeat “A”**

**Repeat “B”**

**Repeat “C”**

**END**

1-8  
CP LOD Diam Trns ½;; Qk Diam 4 Fc LOD; Dip & Rec; Diam Trns ½;;

1 - 2  
[Diam Trns ½ ] CP LOD Fwd L, fwd sd R trng LF ¼ trn to fc DRC, bk L outside partner; bk R, bk sd L trng LF ¼ trn to fc DRW, fwd R outside partner;

3  
[Qk Diam 4 Fc LOD] Fwd L comm LF trn, cont LF trn sd R/bk L, bk R CP DLC;

4  
[Dip & Rec] Dip bk on L, hld, recover R;

5 - 6  
[Diam Trns ½ ] Repeat End measure 1 & 2;;

7  
[Qk Diam 4 Fc LOD] Repeat End measure 3;

8  
[Dip & Rec CP DLW] Repeat End measure 4 CP DLW;

9  
Fwd R Lunge & Chg Sway;

9  
[Fwd R Lunge] CP DLW Fwd L, lower into L knee with R sd stretch sd R to lunge line, -;

* Optional Figure

Replace -- Part C Measures 13 & 14 Op Rev Trn; Op Fin; with a Weave 6 starting with Lead feet.

13 - 14  
[Weav 6 BJO] CP DLC Fwd L Strtg LF Trn, Sd & Bk R Cont LF trn, bk L to Bjo DRC(Bk R Strtg LF trn, sd & Fwd L cont LF trn, Fwd R to Bjo DLW); Bk R CP, bk & Sd L trng bdy LF, slightly Fwd R to Bjo DLW(Fwd L CP, fwd & SD R trng LF, slightly bk L) BJO DRC,